

“Cardiac Solution” Program Tip Sheet For Prior-Authorization of Cardiac Services

Provider requests for the following cardiac studies are reviewed by Magellan Healthcare’s¹ ABIM certified cardiologists:


- Myocardial Perfusion Imaging (MPI)
- Coronary Computed Tomographic Angiography (CCTA)
- Prior-authorization is **NOT** required for **EKG treadmill stress testing without imaging**, which may be more appropriate for certain patient subgroups, as described in the Guideline documents

Important Data when Medical Records are Required for Prior-Authorization:

- **Symptoms** and rationale for visit with cardiologist
- **Functional limitations** and **comorbidities** (COPD, renal, stroke, chemotherapy, etc.)
- **Cardiac risk factors**, lipid levels when available
- **Cardiac history and prior cardiac surgery/intervention**
- **Relevant non-cardiac history**, especially respiratory history and smoking history
- **Medication**, particularly antianginal medication, respiratory medication, and anti GERD medication, with appropriate emphasis on adequate therapy for BP, angina, respiratory illness, congestive heart failure
- **Vital signs**, including BMI, BP, HR, respiratory rate, and pulse oximetry, and pertinent physical exam findings
- **Any recent cardiac imaging tests** (stress testing, echocardiogram, etc.) **Actual EKG** (rest and any exercise) and pertinent EKG rhythm tracing; troponin and BNP when relevant
- **Relevant non-cardiac evaluation** results: e.g. in dyspnea cases - chest X-ray, d-dimer, CT scan of chest, PFTs (pulmonary function tests)
- **Provider’s diagnostic impressions**, working diagnoses, clinical concerns

Radiation Exposure

MPI: 7 - 24 mSv
 SE: 0 mSv
 Chest X-Ray: 0.06 mSv
 Annual Background: 3 mSv
(For comparison)
Radiation exposure should be limited when possible.



¹National Imaging Associates, Inc. is a subsidiary of Magellan Healthcare, Inc.