

*Harvard Pilgrim  
National Imaging Associates, Inc.  
(NIA) Cardiac Management  
Education Training*

PROVIDER TRAINING/PRESENTED BY:

NAME: APRIL SABINO

DATE:

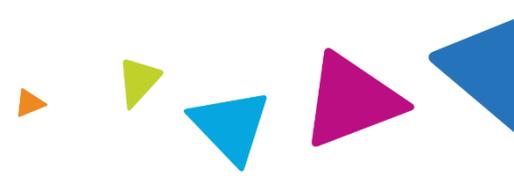


# Training Program Agenda



- Welcome and Opening Remarks
- Cardiac Management Program
- Authorization Process
- Clinical Guidelines
- NIA Contact Information
- Questions and Answers

# About the Program



- Harvard Pilgrim has partnered with NIA to expand the current Radiology Management Program to include a new cardiac program that includes the prior authorizations of cardiac catheterization, cardiac implantable devices, echocardiography, and stress echocardiography services to ensure clinical appropriateness of these procedures.
- Data has shown significant numbers of catheterizations are not preceded by a diagnostic stress test within 90 days prior to the procedure.
- Many catheterizations are not resulting in a procedure/intervention after the diagnostic catheterization was performed.
- The radiation exposure of a Stress echocardiogram is zero, while an MPI incurs a radiation dose of 7-24 mSV (the equivalent of about 117-400 PA and lateral Chest X-rays), with an increase in lifetime radiation exposure and its associated cancer risk.
- Echocardiography is considered the gold standard for establishing the cause of a murmur.

# Cardiac Management Program Overview



## What:

- Harvard Pilgrim will expand its current Utilization Management Prior Authorization Program to include management of cardiac catheterization, cardiac implantable devices, echocardiography, and stress echocardiography services
- Prior Authorization will be required for certain specified procedure codes (see slide 6 for code list)
- Clinical reviews will be conducted by NIA Cardiologists

## When:

- Program Start: July 1, 2019
- NIA will begin accepting requests on June 24, 2019 for services that will begin on July 1, 2019.

## Who:

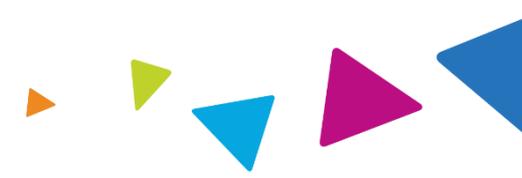
- Harvard Pilgrim Commercial members will be subject to prior authorizations.
- All Harvard Pilgrim providers will be required to obtain prior authorization for the in-scope cardiac codes
- Harvard Pilgrim Medicare Stride members are subject to prior authorization effective 1/1/19.

# Critical Data Collected/Documented During the Prior Authorization Process



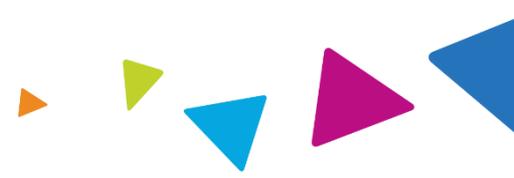
- Documentation of a positive stress test (could include the actual report and test).
- Medical chart notes indicating a change in the patient's clinical state (symptoms- increased angina).
- Documentation of new onset congestive heart failure.
- Notes documenting patient's current medication regimen and tolerance.
- Notes documenting any unusual reason to do a catheterization.

# Procedure Codes to be Managed for Prior Authorization Expansion



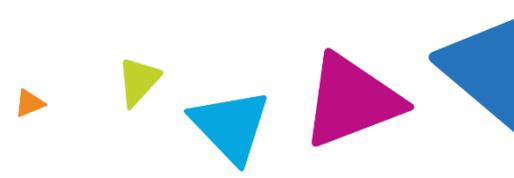
| Authorized CPT Code | Description                                  | Allowable Billed Groupings   |
|---------------------|--|--|
| <b>33225</b>        | Cardiac Resynchronization Therapy (CRT)      | 33221, 33224, 33225, 33231   |
| <b>33249</b>        | Implantable Cardioverter Defibrillator (ICD) | 33230, 33240, 33249  |
| <b>33208</b>        | Pacemaker Insertion                          | 33206, 33207, 33208, 33212, 33213  |
| <b>93307</b>        | Transthoracic Echocardiography (TTE)         | 93303, 93304, 93306, 93307, 93308, +93320, +93321, +93325  |
| <b>93312</b>        | Transesophageal Echocardiography (TEE)       | 93312, 93313, 93314, 93315, 93316, 93317, 93318, +93320, +93321, +93325  |
| <b>93350</b>        | Stress Echocardiography                      | 93350, 93351, +93320, +93321, +93325, +93352   |
| <b>93452</b>        | Heart Catheterization                        | 93452, 93453, 93454, 93455, 93456, 93457, 93458, 93459, 93460, 93461, +93462, +93463, +93464, +93565, +93566, +93567, +93568 |

# NIA's Authorization Process



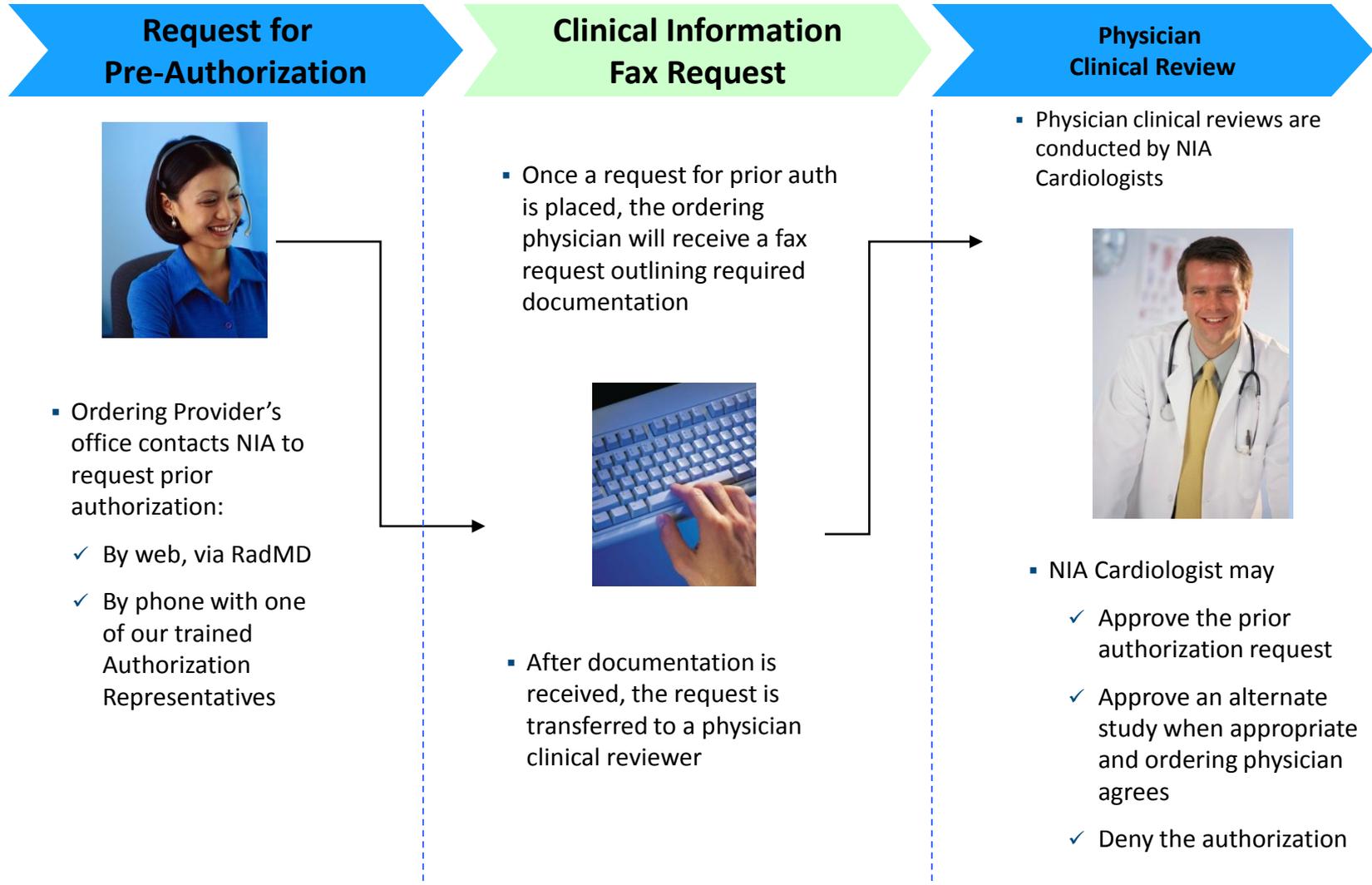
- Services rendered in an Emergency Room, Observation Room, Surgery Center or Hospital Inpatient setting are not managed by NIA
- Harvard Pilgrim will continue to manage prior authorization of coverage for inpatient procedures as it does today.

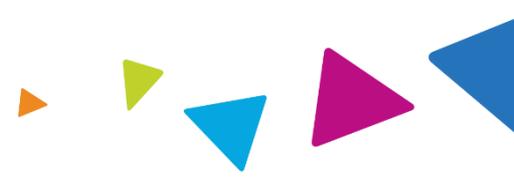
# NIA's Authorization Process



- The ordering physician is responsible for obtaining prior authorization.
- Providers may obtain prior authorization two ways:
  - By logging on to [www.RadMD.com](http://www.RadMD.com)
  - Or calling the toll free number: 1-800-642-7543. Call center hours are 8 a.m. to 8 p.m. (EST) Monday through Friday. RadMD is available 24 hours each day, 7 days a week.
- The rendering facility must ensure that prior authorization has been obtained and it is recommended that procedure is not scheduled without ensuring that prior authorization has been completed.
- Authorization Validity Period for Radiology will be 30 days from scheduled date of service (DOS). If no DOS is given at time of call, authorization is valid for 30 days from final determination date.
- In order to complete an authorization request, the patient's date of service is mandatory. If the date of service changes, you can update with NIA within the same authorization request.
- Procedures performed without proper prior authorization will not be reimbursed and the member must be held harmless.

# Cardiac Authorization Process





- The Cardiac Clinical Guidelines for Harvard Pilgrim are available on RadMD.
- To preview the guidelines go to <http://www.RadMD.com>
- Click on the “Health Plans” selection on the Home page menu bar.
- Scroll down the page to locate your specific health plan name on the left side of the screen Harvard Pilgrim; click once to open.
- Click on the link below “Preview of Clinical Guidelines” to open the pdf document.

# When to Contact National Imaging Associates, Inc. (NIA)

## **Providers:**

### **Ordering Providers:**

- To initiate a request for an authorization please contact NIA via website, [www.RadMD.com](http://www.RadMD.com) or via toll-free number 1-800-642-7543.
- To check the status of an authorization please contact NIA via website, [www.RadMD.com](http://www.RadMD.com) or Interactive Voice Response (IVR) System 1-800-642-7543.

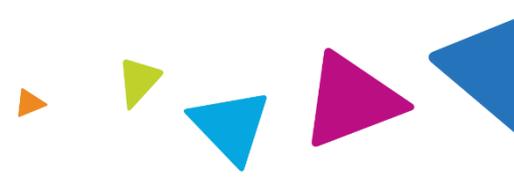
### **Rendering Providers:**

- To check the status of an authorization please contact NIA via website, [www.RadMD.com](http://www.RadMD.com) or Interactive Voice Response (IVR) System 1-800-642-7543.

### **Ordering Providers and Rendering Providers:**

- For assistance or technical support for RadMD, please contact RadMD Help Desk via e-mail [RadMDSupport@magellanhealth.com](mailto:RadMDSupport@magellanhealth.com) or 877-80-RadMD (877-807-2363).
- For any provider education requests or questions specific to NIA and the Medical Specialty Solutions Program, Providers may contact April Sabino, Provider Relations Manager [ajsabino@magellanhealth.com](mailto:ajsabino@magellanhealth.com) or 1-410-953-1078.

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