Ambetter from Peach State Health Plan Physical Medicine Program Provider Training

Presented by: Debbie Patterson Provider Relations Manager

Updated April 2023





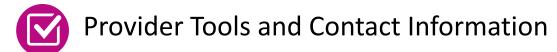
National Imaging Associates, Inc. (NIA) Physical Medicine Program Agenda

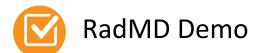
Our Program



Prior Authorization Process and Overview

- Clinical Information Required
- Subsequent Requests
- Peer-to-Peer Review
- Notification of Determination
- Claims





Questions and Answers



NIA Specialty Solutions

National Footprint / Medicaid Experience

National Footprint

- Since 1995 delivering Medical Specialty Solutions; one of the *goto* care partners in industry.
- 91 health plans/markets partnering with NIA for management of Medical Specialty Solutions.
- 33.01M national lives –
 participating in an NIA Medical
 Specialty Solutions Program
 nationally.
- Diverse populations Medicaid, Exchanges, Medicare, Commercial, FEP, Provider Entities.





Medicaid/Medicare Expertise/Insights

- **55 Medicaid plans/markets** with NIA Medical Specialty Solutions in place.
- 20M Medicaid lives in addition to 2.89M Medicare Advantage lives participating in an NIA Medical Specialty Solutions program nationally.

Physical Medicine Experience

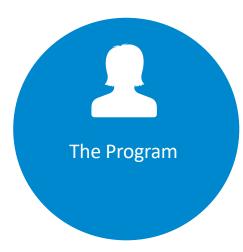
10.9M Physical Medicine lives

Intensive Clinical Specialization & Breadth

- Specialized Physician Teams
 - 160+ actively practicing, licensed, board-certified physicians
 - 28 specialties and sub-specialties



NIA's Physical Medicine Prior Authorization Program



- Ambetter from Peach State Health Plan began a prior authorization program through NIA for the management of Physical Medicine services.
- The program includes both rehabilitative and habilitative care.



Program began January 1, 2021



Disciplines:

- Physical Therapy
- Occupational Therapy
- Speech Therapy

Settings:

- Office
- Outpatient Hospital
- Home Health



Exchange Program



NIA's Physical Medicine Solution

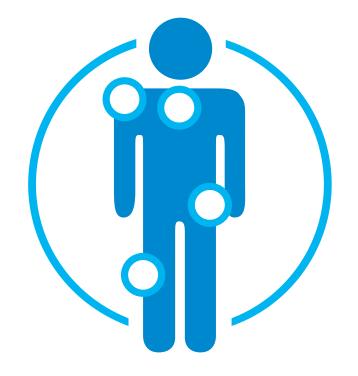


Effective January 1, 2021: Any services rendered requires authorization.



Targeted Physical Medicine
Procedures Performed in an
Outpatient/Office/Home
Health Setting:

- Physical Therapy
- Speech Therapy
- Occupational Therapy





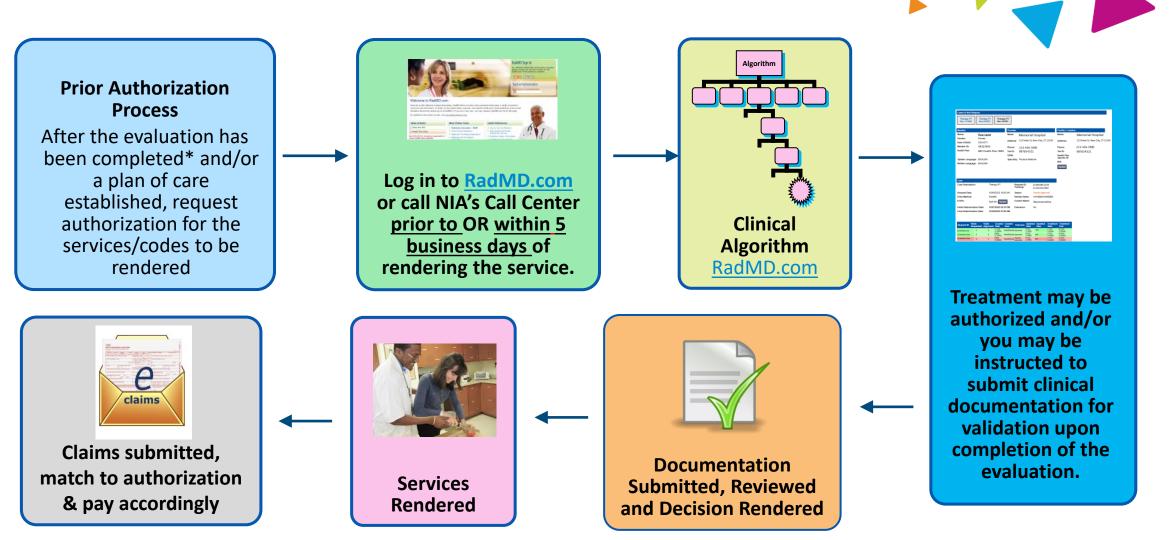
Excluded from the Program Physical Medicine Procedures Performed in the following Settings:

- Hospital Emergency Department
- Hospital status inpatient or observation
- Acute Rehab Hospital (Inpatient)
- Home Health
- Skilled Nursing (POS 31 & 32)
- Schools

NIA's Physical Medicine services for Ambetter from Peach State Health Plan membership will be managed through Ambetter from Peach State Health Plan's contractual relationships.



Initial Authorization Process Overview

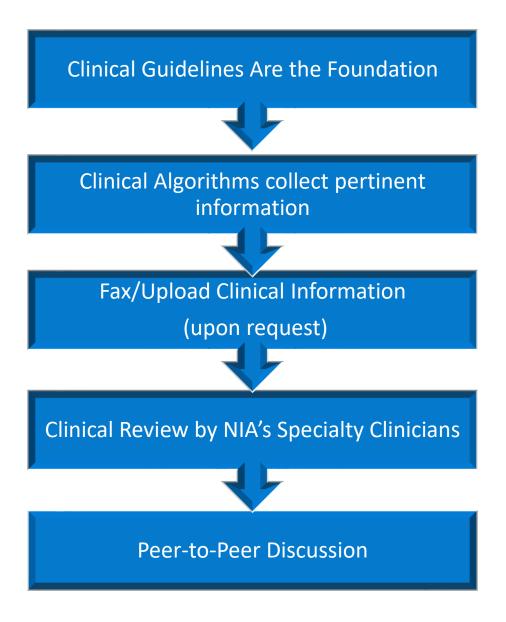


^{*}The CPT codes for Physical, Occupational and Speech Therapy services initial evaluations do not require an authorization for participating providers. Home Health that are utilizing codes outside of the standard billing CPT codes for evaluations will be required to obtain a prior authorization before rendering services. NIA is able to backdate the start of the authorization to cover the initial evaluation date of service to include any other services rendered at that time.



NIA's Clinical Foundation & Review



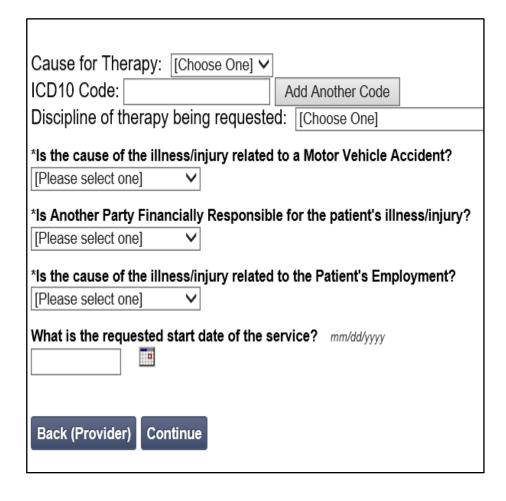


- NIA clinical guidelines are reviewed and mutually approved by Ambetter from Peach State Health Plan and NIA's Chief Medical Officers and senior clinical leadership
- Milliman Care Guidelines (MCG) Licensed Guidelines and NIA's Clinical Guidelines are available on www.RadMD.com
- Algorithms are a branching structure that changes depending upon the answer to each question.
- The member's clinical information/medical record may be required for validation of medical necessity before an approval can be made.
- NIA has a specialized clinical team of therapists and chiropractors, focused on Physical Medicine.
- Peer-to-peer discussions are offered but not required and can be scheduled for any requests.
- Our goal ensure that members are receiving appropriate care.



Understanding the Goal of the Physical Medicine Intake Questions (Algorithm)







Benefit of the algorithm

- No delay in treatment for member
- No delay in submitting claims



Once you submit your initial request for authorization:

- You will receive visits to get you started. This may not be enough visits to cover your episode of care. Additional visits may be requested through the subsequent request process.
- Requests may be approved at the time of submission, a portion of them may pend for documentation submission at the time of entry.
- You will have the option to accept or decline approved visits.



Member and Clinical Information Required for Authorization





General Information: Member, clinician, and facility information.



Clinical Information at Intake: Requested start date of service, initial evaluation date, and date of injury.



Clinical Record Content: Therapy initial evaluation, diagnosis, functional status (prior & current), functional deficits, objective tests and measures, standardized outcome tools* (at your clinician's discretion), plan of care (including frequency, duration, interventions planned & goals**), assessment (prognosis & limitations). Add requested number of visits and validity dates.



^{*} Formal testing must be age-appropriate, norm-referenced, standardized, and specific to the therapy provided. Test scores should establish presence of a motor or functional delay.

^{**} Goals should be specific, measurable, and time-oriented, as well as targeting identified functional deficits.

Clinical Records Checklist

The Following Documentation is Required for Authorization Requests



Submitting Recommended Documentation Initial Authorization Request:

If a case pends for clinical information:

Initial evaluation with the plan of care for clinical review



Subsequent Authorization Request:

If requesting additional visits on an existing authorization:

- Most recent evaluation/re-evaluation (if not previously submitted)
- Most recent progress note with updated plan of care
- Two to three of the most recent daily notes



Habilitative Request beyond a year of care (annual re-evaluation is required):

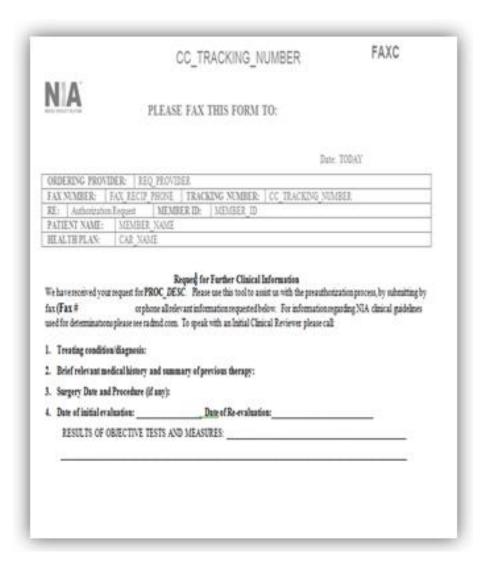
Clinical documents should include:

- Re-evaluation
 - Including start of care and progress compared to baseline measures
 - Summary of prior episode(s) of care and/or therapeutic break(s)
 - Information regarding additional services if being provided
 - Updated standardized testing as applicable
- The most recent progress note with updated plan of care
 - Two to three of the most recent daily notes



NIA to Treating Provider: Request for Clinical Information







Notifications are sent to the provider detailing what clinical information is needed, along with a Fax Coversheet



We stress the need to provide the clinical information as quickly as possible so we can make a determination

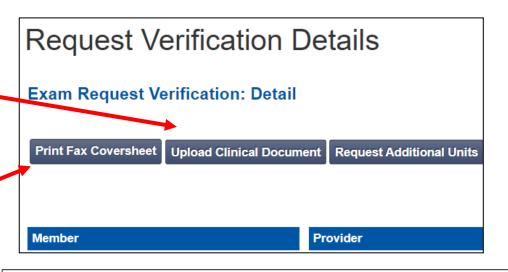


Failure to send and receive requested clinical information may result in non-certification



Submitting Additional Clinical Information

- Records may be submitted:
 - Upload to https://www.RadMD.com
 - Fax using that NIA coversheet
- Location of Fax Coversheets:
 - Can be printed from <u>https://www.RadMD.com</u>
 - Call 1-800-424-4910
- Use the case specific fax coversheets when faxing clinical information to NIA



	CC	_TRACKING_NUMBER		FAXC	
NI	<u>A</u>	FAX COV	ER		
To:	REQ_PROVIDER	From:	National Imaging Associates, In	c.(NIA)	
	REQ_PROVIDER FAX_RECIP_PHONE	From: Pages:	National Imaging Associates, In	c.(NIA)	
To: Fax: Phone	FAX_RECIP_PHONE			c.(NIA)	



NIA Physical Medicine Program: UM/Prior Auth Process

Provider contacts NIA for prior authorization following the initial evaluation.

RadMD



Telephone



Clinical algorithm evaluates request based on information entered by provider to determine if real-time authorization is appropriate for initial request.



Clinical information complete = **Services Approved**



Additional clinical information required

Case is pended for clinical records.
Outreach to provider for necessary clinical information.

 You will receive a Tracking Number: 123456789 NIA Peer Clinical Review. If information captured in intake algorithm is insufficient to support automatic approval of services, clinical records must be submitted for review.



Services appear appropriate =

Approved

You will receive an approved
 Authorization
 Number/Case ID
 Number:
 12345ABC1234



Services not supported as medically necessary =

Adverse Determination

Determination and Notification



Authorization of a number of **visits** and a validity period.

Notifications sent to member, provider, and ordering physician when mandated by state.



Clinical information does not support the requested services as medically necessary.

A peer-to-peer review is always available

Notification of final determination is sent to member, provider and ordering physician when mandated by state.



Initiating a Subsequent Request



When is a subsequent request appropriate?



- When you have an active authorization
- A need for continued skilled care
- A change in the treatment plan or plan of care
- The addition of a new diagnosis

How are subsequent requests initiated?



- Through the link on RadMD and
- Uploading or faxing updated clinical documentation

When can it be initiated?



- Can be initiated at any time after receiving notification about the previous authorization
- Visits build on the original authorization

Will I lose visits?



 Visits from a current authorization will not be lost and newly approved visits will be added to the original authorization



Treating an Additional Body Part



If a provider is in the middle of treatment and gets a new therapy prescription for a different body part/condition, the provider will perform a new evaluation on that body part/condition and develop goals for treatment. See below for processes associated with the possible next treatment plans:



Treating body parts concurrently:

- The request would be submitted as an addendum to the existing authorization, using the same process that is used for subsequent requests.
- NIA will add additional ICD 10 code(s) and visits to the existing authorization.



Discontinuing care on original body part:

The provider should submit a new request for the new diagnosis and include the discharge summary for the previous area. A new authorization will be processed to begin care on the new body part/condition and the previous will be ended.



Validity Period and Notification of Determination



Authorization Notification

 The approval notification will include a fax coversheet that can be used for any subsequent requests

Validity Period

- Authorizations will include the number of approved visits with a validity period. It is important that the service is performed within the validity period
- If you have an active authorization, a 30day extension of the validity period can be obtained by contacting NIA via RadMD or Call Center

Denial Notification

- Notifications will include an explanation of what services have been denied and the clinical rationale for the denial
- A peer-to-peer discussion can be initiated once the adverse determination has been recommended
- In some cases, a peer-to-peer discussion will be for consultation purposes only
- A reconsideration is available with new or additional information
- Timeframe for reconsideration is 5 business days
- In the event of a denial, providers are asked to follow the instructions provided in their denial letter



Processing of Claims



How Claims Should be Submitted

- Providers will continue to submit their claims to Ambetter from Peach State Health Plan
- Providers are strongly encouraged to use EDI claims submission

Claims Appeals Process

- In the event of a prior authorization or claims payment denial, providers may appeal the decision through Ambetter from Peach State Health Plan
- Providers should follow the instructions on their nonauthorization letter or Explanation of Payment (EOP) notification



Physical Medicine Points



If multiple provider types are requesting services, they will each need their own authorization (i.e., PT, ST and OT services).



The CPT codes for Physical, Occupational and Speech Therapy services initial evaluations do not require an authorization for participating providers. Home Health providers that are utilizing codes outside of the standard billing CPT codes for evaluations will be required to obtain a prior authorization before rendering services.



After the initial visit, providers will have up 5 business days to request approval from the date of the evaluation. If requests are received timely, NIA is able to backdate the start of the authorization to cover the evaluation date of service to include any other services rendered at that time.



Subsequent authorizations are an extension of the initial authorization and will require clinical documentation be uploaded to www.RadMD.com or faxed to NIA at 1-800-784-6864.



An authorization will consist of number of visits and a validity period. Each date of service is calculated as a visit.



30-day extensions to the end date of current authorizations can be added by utilizing the "Request Validity Date Extension" option on RadMD.



Provider Tools





RadMD Website

RadMD.com

Available

24/7 (except during maintenance, performed every third Thursday of the month from 9 pm – midnight PST)



Toll-Free Number 1-800-424-4910



Available
Monday - Friday
8:00 AM - 8:00 PM EST

- Request Authorization
- View Authorization Status
- View and manage Authorization Requests with other users
- Upload Additional Clinical Information
- View Requests for additional Information and Determination Letters
- View Clinical Guidelines
- View Frequently Asked Questions (FAQs)
- View Other Educational Documents
- Date Extensions

Interactive Voice Response (IVR)
 System for authorization tracking



Registering on RadMD.com To Initiate Authorizations



Allows Users the ability to view all approved, pended and in review authorizations for facility

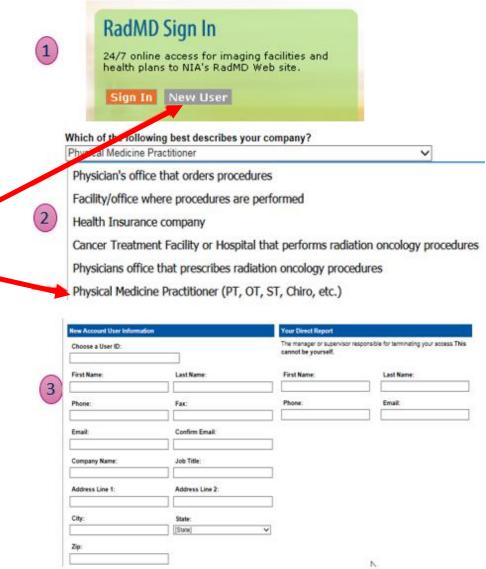
Everyone in your organization is required to have their own separate username and password due to HIPAA regulations.

STEPS:

- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Physical Medicine Practitioner"
- 3. Fill out the application and click the "Submit" button.
 - You must include your e-mail address in order for our Webmaster to respond to you with your NIAapproved username and password.
- 4. New users will be granted immediate access

NOTE: On subsequent visits to the site, click the "Sign In" button to proceed.

Offices that will be both ordering and rendering should request ordering provider access, this will allow your office to request authorizations on RadMD and view all approved, pended and in review authorizations under your organization.





RadMD Enhancements



NIA offers a **Shared Access** feature on our <u>RadMD.com</u> website. Shared Access allows ordering providers to view authorization requests initiated by other RadMD users within their practice.

		Provider Resources	User	\
Request	Resources and Tools			
Exam or specialty procedure	Shared Access			
(including Cardiac, Ultrasound, Sleep Assessment)	Clinical Guidelines			
Physical Medicine Initiate a Subsequent Request	Request access to Tax ID			
Radiation Treatment Plan	News and Updates			
Pain Management				
or Minimally Invasive Procedure				
Spine Surgery or Orthopedic Surgery				
Genetic Testing				
	Login As Username:	Login		
Request Status				
Search for Request	Tracking Number:	Search		
View All My Requests	Forgot Tracking	Number?		

If practice staff is unavailable for a period of time, access can be shared with other users in the practice. They will be able to view and manage the authorization requests initiated on RadMD.com, allowing them to communicate with members and facilitate treatment.



When to Contact NIA



Providers:

Initiating or checking the status of an authorization request	 Website, https://www.RadMD.com Toll-free number 1-800-424-4910 - Interactive Voice Response (IVR) System
Initiating a Peer-to-Peer Consultation	Call 1-800-424-4910
Provider Service Line	RadMDSupport@Evolent.comCall 1-800-327-0641
Provider Education requests or questions specific to NIA	 Debbie Patterson Provider Relations Manager 1-800-450-7281 Ext. 74799 dpatterson@Evolent.com



RadMD Demonstration





Confidentiality Statement



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Thanks

