



## National Imaging Associates, Inc. (NIA) Frequently Asked Questions (FAQ's) Wellcare Prior Authorization Program Physical Medicine Services

Question	Answer
General	
When did the physical medicine services program require a Prior Authorization for Wellcare?	Effective October 1, 2021, physical medicine services (physical, occupational, and speech therapy services) require Prior Authorization for Wellcare Medicare members.
What services require prior authorization?	Prior authorization is required for all treatment rendered by a physical, occupational, or speech Therapist for Wellcare members.
Does NIA require authorization for out of network physical medicine services for Wellcare?	No, NIA only manages authorization requests for physical medicine services that are performed by Wellcare contracted physical medicine providers. If you are not a contracted provider with Wellcare, please follow the Wellcare requirements for out of network requests.
Is a prior authorization required for the initial evaluation?	The CPT codes for physical, occupational, and speech therapy initial evaluations do not require an authorization for participating providers. Providers that are utilizing codes outside of the standard billing CPT codes for evaluations will be required to obtain a prior authorization prior to rendering services. Please note that Home Health Providers submitting claims utilizing G-Codes for all home therapy services (effective October 1, 2022) are excluded from this program.
Which Wellcare members are covered under this relationship and what networks are used?	NIA manages Physical Medicine services for all Wellcare Medicare members who receive services through the Wellcare network of providers.

<sup>1—</sup>Wellcare - Frequently Asked Questions – Physical Medicine Services-rev 10/2022

Is prior authorization necessary for physical medicine services if Wellcare is NOT the member's primary insurance?	No. Authorization is not required if Wellcare is secondary to another plan.
What services are included in this physical medicine program?	All outpatient physical, occupational, and speech therapy are included in this program in the following setting locations:  Outpatient office  Outpatient hospital  Outpatient home health (Only providers submitting claims utilizing CPT or other non-G-Codes for evaluation and treatment. Effective October 1, 2022.)
Which services are excluded from the physical medicine program?	Therapy provided in hospital ER, inpatient and observation status, acute rehab hospital inpatient, inpatient and outpatient skilled nursing facility settings, and home health (providers submitting claims utilizing G-Codes for home therapy services. Effective October 1, 2022.) are excluded from this program. The rendering provider should continue to follow Wellcare policies and procedures for services performed in the above settings.
Why did Wellcare implement a physical medicine utilization management program?	This physical medicine solution is designed to promote evidence based and cost-effective physical, occupational, and speech therapy services for Wellcare members.
Why focus on physical, occupational, and speech therapy?	A consistent approach to applying evidence-based guidelines is necessary so Wellcare members can receive high quality and cost-effective physical medicine services.
How are types of therapies defined?	Rehabilitative Therapy – Is a type of treatment or service that seeks to help a member regain a skill or function that was lost because of being sick, hurt, or disabled.  Habilitative Therapy – Is a type of treatment or service that seeks to help members develop skills or functions that they didn't have and were incapable of developing on their own. This type of treatment tends to be common for pediatric members who haven't developed certain skills at an age-appropriate level.



The simplest way to distinguish the difference between the two is Habilitative is treatment for skills/functions that the member never had, while Rehabilitative is treatment for skills/functions that the member had but lost. Neurological Rehabilitative Therapy – Is a supervised program of formal training to restore function to members who have neurodegenerative diseases, spinal cord injuries, strokes, or traumatic brain injury. What types of providers Any independent providers, hospital outpatient, and are impacted by this multispecialty groups rendering physical, occupational, and physical medicine speech therapy services will need to ensure prior authorization has been obtained. program? **Prior Authorization Process** How are prior NIA makes medical necessity decisions based on the clinical authorization decisions be information supplied by practitioners/facilities providing physical medicine services. Decisions are made as quickly as possible made? from submission of all requested clinical documentation. All decisions are rendered within state required timelines. Peer-topeer telephone requests are available at any point during the prior authorization process. Clinical determinations are rendered only by clinical peer reviewers with appropriate clinical experience and similar specialty expertise as the requesting provider. Who is responsible for The physical medicine practitioner/facility is responsible for obtaining prior obtaining prior authorization for Physical Medicine services. A physician order may be required for a member to engage with authorization of the physical medicine the physical medicine practitioner, but the provider rendering the service is ultimately responsible for obtaining the authorization services? based on the plan of care they establish. Determination letters are sent to the member, and physical medicine practitioner. Wellcare contracts generally do not allow balance billing of members. Please make every effort to ensure that prior authorization has been obtained prior to rendering a physical medicine service. Do CPT codes used to Initial physical, occupational, and speech therapy services evaluation codes do not require authorization. It may be evaluate a member require appropriate to render a service that does require authorization at prior authorization? the time of the evaluation. After the initial visit, providers have up



to two business days (outpatient) and five business days (home health) to request approval for the first visit. If requests are received timely, NIA is able to backdate the start of the authorization to cover the evaluation date of service to include any other services rendered at that time.
Providers are encouraged to utilize RadMD (RadMD.com) to request prior authorization of physical medicine services. If a provider is unable to use RadMD, they may call <b>1-800-424-5388</b> .
NIA leverages a clinical algorithm to assist in making real time decisions at the time of the request based on the requestor's answers to clinically based questions. If we cannot offer immediate approval, generally the turnaround time for completion of these requests is within two to three business days upon receipt of sufficient clinical information.
The ordering/treating provider is the therapist who is treating the member and is performing the initial therapy evaluation. The facility/clinic should be the primary location where the member is receiving care. You will be required to list both the treating provider and the rendering facility when entering the prior authorization request in RadMD. If you are not utilizing RadMD, please have the information available at the time you are initiating your request through the call center.
Yes, the authorization is linked between the members ID number and the facility's Tax ID Number (TIN). If providers work under the same TIN and are of the same discipline, they can use the same authorization to treat the member.
This prior authorization program does not result in any additional financial responsibility for the member, assuming use of a participating provider, regardless of whether the provider obtains prior authorization for the procedure or not. The participating provider may be unable to obtain reimbursement if prior authorization is not obtained. Member responsibility will continue to be determined by plan benefits, not prior authorization.  If a procedure is not prior authorized in accordance with the program and rendered at/by a Wellcare participating provider, benefits will be denied. The member will not be responsible for payment.



## How do I obtain an authorization?

Authorizations may be obtained by the physical medicine practitioner via RadMD (preferred method) or via phone at **1-800-424-5388**. The requestor will be asked to provide general provider and member information as well as some basic questions about the member's function and treatment plan. Based on the response to these questions, a set of services may be offered immediately upon request. If we are not able to offer an immediate approval for services or the provider does not accept the authorization of services offered, additional clinical information may be required to complete the review. Clinical records may be uploaded via <a href="RadMD.com">RadMD.com</a> or faxed to **1-800-784-6864** using the coversheet provided.

## How do I send clinical information to NIA if it is required?

The most efficient way to send required clinical information is to upload your documents to RadMD (preferred method). The upload feature allows clinical information to be uploaded directly after completing an authorization request. Utilizing the upload feature expedites your request since it is automatically attached and forwarded to our clinicians for review.

If uploading is not an option for your practice, you may fax utilizing the NIA specific fax coversheet. To ensure prompt receipt of your information:

- Use the NIA fax coversheet as the first page of your clinical fax submission. \*Please do not use your own fax coversheet, since it will not contain the case specific information needed to process the case.
- Make sure the tracking number on the fax coversheet matches the tracking number for your request.
- Send each case separate with its own fax coversheet.
- Physical Medicine Practitioners may print the fax coversheet from <u>RadMD.com</u> or contact NIA at 1-800-424-5388 to request a fax coversheet online or during the initial phone call.
- NIA may fax this coversheet to the physical medicine practitioner during authorization intake or at any time during the review process.

\*Using an incorrect fax coversheet may delay a response to an authorization request.

## What information should you have available when obtaining an authorization?

- Member name / DOB.
- Member ID.
- Diagnosis(es) being treated (ICD10 Code).
- Requesting/Rendering Provider Type PT, OT, ST.
- Date of the initial evaluation at their facility.



	<ul> <li>Type of Therapy: Habilitative, Rehabilitative, Neuro Rehabilitative.</li> <li>Surgery date and procedure performed (if applicable).</li> <li>Date the symptoms started.</li> <li>Planned interventions (by billable grouping category) and frequency and duration for ongoing treatment.</li> <li>How many body parts are being treated, and whether its right or left.</li> <li>The result of the functional outcome tool/standardized outcome measure used for the body part evaluated. The algorithm is looking for the percentage the member is functioning with their current condition. Example: If a test rated them as having a 40% disability, then they are 60% functional.</li> <li>Summary of functional deficits being addressed in therapy.</li> </ul>
How do I confirm physical medicine benefits for a member?	Member benefits, benefit limitations and number of visits remaining for the year should be confirmed through Wellcare Customer Service. Each date of service is calculated as a visit.
If a provider has already obtained prior authorization and more visits are needed beyond what the initial authorization contained, does the provider have to obtain a new prior authorization?	Additional services on an existing authorization should NOT be submitted as a new request. If/when an authorization is nearly exhausted, additional visits may be requested as an addendum/addition to the initial authorization.  To obtain additional services, clinical records will be required. Providers may upload these records through RadMD.  If the member needs to be seen for a new condition, or there has been a lapse in care (more than 30 days) and care is to be resumed for a condition for which there is an expired authorization, providers should submit a new initial request through RadMD.
What if I just need more time to use the services previously authorized?	A 30-day date extension on the validity period of an authorization is permitted and can be requested by utilizing the "Request Physical Validity Date Extension" option on RadMD. Date extensions are subject to any benefit limits that may restrict the length of time for a given condition/episode of care.
If a member is discharged from care and receives a new prescription or the validity period ends on the existing authorization,	A new authorization will be required after the authorization expires or if a member is discharged from care.



what process should be followed?		
If a member is being treated and the member now has a new diagnosis, will a separate authorization be required?	If a provider is in the middle of treatment and gets a new therapy prescription for a different body part, the treating provider will perform a new evaluation on that body part and develop goals for treatment. If the two areas are to be treated concurrently, the request would be submitted as an addendum to the existing authorization, using the same process that is used for subsequent requests. NIA will review the request and can add additional visits and the appropriate ICD 10-code(s) to the existing authorization.	
	If care is to discontinue on the previous area being treated and ongoing care will be solely focused on a new diagnosis, providers should submit a new request for the new diagnosis and include the discharge summary for the previous area. A new authorization will be processed, and the previous will be discontinued.	
Could the program potentially delay services and inconvenience the member?	We will make every attempt to process authorization requests timely and efficiently upon receiving a request from a provider. We recommend utilizing <b>RadMD.com</b> as the preferred method for submitting prior-authorization requests. If your request cannot be initiated through our portal, you may initiate a request by calling: <b>1-800-424-5388</b> .	
	In cases that cannot be immediately approved and where additional clinical information is needed, a peer-to-peer consultation with the provider may be necessary and can be initiated by calling <b>1-800-424-5388</b> .	
	Requests initiated via fax require clinical validation and may take additional time to process. The fax number is <b>1-800-784-6864</b> .	
How are procedures that do not require prior authorization handled?	If no authorization is needed, the claims will be processed according to Wellcare claim processing guidelines.	
Re-Open And Appeals Proce	Re-Open And Appeals Process	
Is the Re-Open process available for the physical medicine program once a denial is received?	A Medicare Re-Open is not allowed.  NIA has a specialized clinical team focused on physical medicine services. Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines. The physical medicine provider may call 1-800-424-5388 to initiate the peer-to-peer process. These discussions provide an opportunity to discuss the case and collaborate on the	



	appropriate services for the member based on the clinical information provided.		
Who should a provider contact if they want to appeal a prior authorization decision?	Providers are asked to please follow the appeal instructions given on their non-authorization letter or Explanation of Benefits (EOB) notification.		
RadMD Access	RadMD Access		
What option should I select to receive access to initiate authorizations?	"Physical Medicine Practitioner" which will allow you access to initiate authorizations.		
How do I apply for RadMD access to initiate authorization requests?	<ul> <li>User would go to our website RadMD.com.</li> <li>Click on NEW USER.</li> <li>Choose "Physical Medicine Practitioner" from the dropdown box.</li> <li>Complete application with necessary information.</li> <li>Click on Submit.</li> </ul> Once an application is submitted, the user will receive an email from our RadMD support team within a few hours after completing the application with an approved username and a temporary passcode. Please contact the RadMD Support Team at 1-800-327-0641 if you do not receive a response within 72 hours.		
How can providers check the status of an authorization request?	Providers can check on the status of an authorization by using the "View Request Status" link on RadMD's main menu.		
How can I confirm what clinical information has been uploaded or faxed to NIA?	Clinical Information that has been received via upload or fax can be viewed by selecting the member on the "View Request Status" link from the main menu. On the bottom of the "Request Verification Detail" page, select the appropriate link for the upload or fax.		
Where can providers find their case-specific communication from NIA?	Links to case-specific communication to include requests for additional information and determination letters can be found via the "View Request Status" link.		
What does the authorization number look like?	The authorization number consists of alpha-numeric characters (i.e., 12345ABC123). In some cases, the ordering provider may instead receive a tracking number (i.e., 123456789) if the provider's authorization request is not approved at the time of initial contact. Providers can use either number to track the		



	status of their request online or through an Interactive Voice Response (IVR) telephone system.
If I did not submit the initial authorization request, how can I view the status of a case or upload clinical documentation?	The "Track an Authorization" feature will allow users who did not submit the original request to view the status of an authorization, as well as upload clinical information. This option is also available as a part of your main menu options using the "Search by Tracking Number" feature. A tracking number is required with this feature.
Paperless Notification: How can I receive notifications electronically instead of paper?	NIA defaults communications including final authorization determinations to paperless/electronic. Correspondence for each case is sent to the email of the person submitting the initial authorization request.
	Users will be sent an email when determinations are made.
	<ul> <li>No PHI will be contained in the email.</li> <li>The email will contain a link that requires the user to log into RadMD to view PHI.</li> </ul>
	Providers who prefer paper communication will be given the option to opt out and receive communications via fax.
Who can I contact if we need RadMD support?	For assistance, please contact RadMDSupport@evolent.com or call 1-800-327-0641.
	RadMD is available 24/7, except when maintenance is performed every third Thursday of the month from 9 p.m. – midnight, Pacific time.
Contact Information	
Who can a provider contact at NIA for more information?	If you have a question or need more information about this physical medicine prior authorization program, you may contact the NIA Provider Service Line at <b>1-800-327-0641</b> .
	You may also contact your NIA Provider Relations Manager.
	Debbie Patterson Provider Relations Manager 1-314-387-4799 dpatterson@evolent.com
Who can a provider contact at Wellcare if they	Contact Wellcare provider services at 1-833-444-9088.
have questions or concerns?	Providers may access the Wellcare portal through provider.Wellcare.com.

