

Presented by: Gina Braswell, OTR/L Senior Provider Relations Manager



# NIA Physical Medicine Program Agenda

## **Our Program**



**Prior Authorization Process and Overview** 

- Clinical Information Required
- Subsequent Requests
- Peer to Peer Review
- Notification of Determination
- Claims
- Provider Tools and Contact Information
- RadMD Demo
- Questions and Answers



# NIA Medical Specialty Solutions National Footprint / Medicaid Experience



### **National Footprint**

- Providing Client Solutions since
  1995 one of the *go-to* care partners in industry.
- Uniquely independent only major specialty company not aligned to health plan ownership.
- 64 health plans/markets partnering with NIA for the management of medical specialty solutions.
- **28.02M national lives** participating in a medical specialty solutions program.
- Diverse populations Medicaid, Exchanges, Medicare, Commercial, FEP, Provider Entities.

### Medicaid/Medicare/Exchange Expertise/Insights

**12.35M Medicaid lives** – in addition to 3.9M Exchange and 2M Medicare Advantage lives participating in a medical specialty solutions program nationally.

### Physical Medicine Medicaid Experience

3.5M Physical Medicine Medicaid lives

# Intensive Clinical Specialization & Breadth

- Specialized Physician Teams
  - 160+ actively practicing, licensed, boardcertified physicians
  - 28 specialties and sub-specialties



# NIA's Physical Medicine Prior Authorization Program





The Program

- Ambetter will begin a prior authorization program through NIA for the management of Physical Medicine Services.
- The program includes both rehabilitative and habilitative care.



**Important Dates** 

Program start date: January 1, 2021.



Disciplines & Settings Included



Membership Included

- Disciplines:
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Settings:
- Office
- Outpatient Hospital

Ambetter



# NIA's Physical Medicine Solution

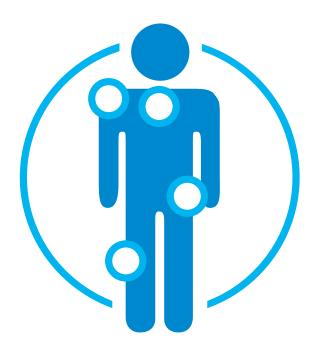


### Procedures Performed on or after January 1, 2021, Require Prior Authorization



Targeted Physical Medicine Procedures Performed in an Outpatient/Office Setting:

- Physical Therapy
- Speech Therapy
- Occupational Therapy





Excluded from the Program Physical Medicine Procedures Performed in the following Settings:

- Hospital Emergency Department
- Hospital status inpatient or observation
- Acute Rehab Hospital (Inpatient)
- Home Health
- Skilled Nursing (POS 31 & 32)

The Physical Medicine program is applicable to Ambetter's in-network PT/OT/ST therapy providers and facilities providing therapy services.



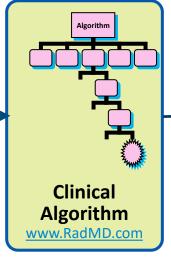
### **Initial Authorization Process Overview**



### Prior Authorization Process

After the evaluation has been completed\* and/or a plan of care established, request authorization for the services/codes to be rendered









Claims submitted, match to authorization & pay accordingly



Services Rendered

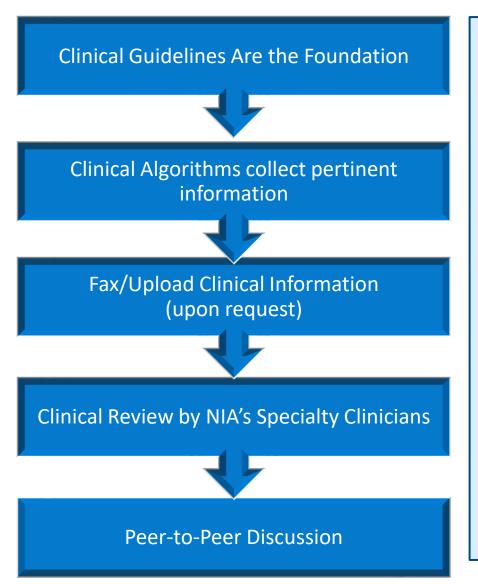


Documentation Submitted, Reviewed and Decision Rendered Treatment may be authorized and/or you may be instructed to submit clinical documentation for validation upon completion of the evaluation.



<sup>\*</sup>PT, OT and ST Initial evaluation codes do not require authorization.

### NIA's Clinical Foundation & Review



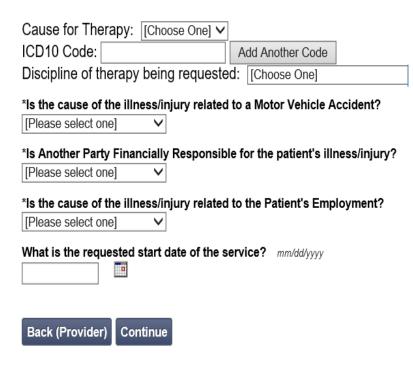


- NIA clinical guidelines are reviewed and mutually approved by Ambetter and NIA's Chief Medical Officers and senior clinical leadership
- Milliman Care Guidelines (MCG) Licensed Guidelines for physical medicine services
- NIA's Clinical Guidelines are available on www.RadMD.com
- Algorithms are a branching structure that changes depending upon the answer to each question.
- The patient's clinical information/medical record will be required for validation of clinical criteria before an approval can be made.
- NIA has a specialized clinical team focused on Physical Medicine.
- Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines.
   Our goal – ensure that members are receiving appropriate care.



# Understanding the Goal of the Physical Medicine Intake Questions (Algorithm)







Benefit of the algorithm

- No delay in treatment for patient
- No delay in submitting claims



Once you submit your initial request for authorization, you will receive visits to get you started

- While the majority of the authorizations may be approved at the time of submission, a portion of them may pend for documentation submission at the time of entry.
- You will have the option to accept or decline approved visits.



Additional visits may be approved once clinical documentation has been submitted through the subsequent requests process



# Patient and Clinical Information Required for Authorization





**General Information:** Patient, clinician, and facility information.



Clinical Information at Intake: Requested start date of service, initial evaluation date, and date of injury.



Clinical Record Content: Therapy initial evaluation, diagnosis, functional status (prior & current), functional deficits, objective tests and measures, standardized outcome tools (at your clinician's discretion), plan of care (including frequency, duration, interventions planned & goals\*), assessment (prognosis & limitations).



<sup>\*</sup> Goals should be specific, measurable, and time-oriented, as well as targeting identified functional deficits.

Refer to the "Provider Tip Sheet/Checklist" on www.RadMD.com for more specific information.

# **Clinical Records Checklist**



### The Following Documentation is Required for Authorization Requests

Rehabilitative Cases						
	0 - 9 Visits	10 Visits or greater than 30 Days	Comments			
Initial Evaluation	Х	X	Include if not part of initial submission			
Outcome Measure	Х	X	Please send updated outcome measures with the progress note and/or at appropriate times			
Daily Note	Х	Х	After IE, please send 2 most recent			
Progress Note		Х				

Habilitative Cases							
	0 - 30 Days	30 - 90 Days	3 - 11 Months	12 Months or Greater	Comments		
Initial Evaluation	Х	Х	X	Х	Include if not part of initial submission		
Standardized Testing	Х			X	Updated at least once yearly Consider a different test if deficits not shown on original test		
Daily Notes	Χ	Х	Х	Х	After IE, please send 2 most recent		
Progress Notes		Х	X	X			
Re-evaluation				Х			



# NIA to Physician: Request for Clinical Information







A fax is sent to the provider detailing what clinical information is needed, along with a Fax Coversheet



We stress the need to provide the clinical information as quickly as possible so we can make a determination



Determination timeframe begins after receipt of clinical information



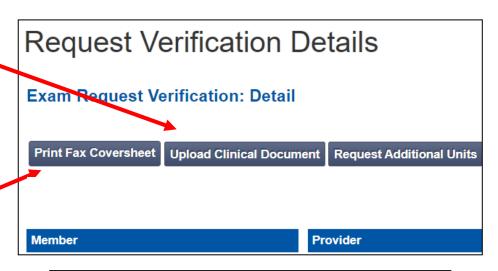
Failure to receive requested clinical information may result in non certification

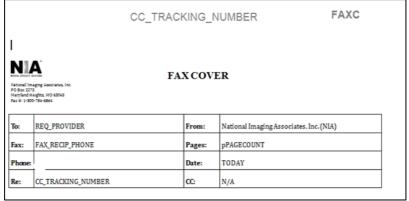


# **Submitting Additional Clinical Information**



- Records may be submitted:
  - Upload to www.RadMD.com
  - Fax using that NIA coversheet
- Location of Fax Coversheets:
  - Can be printed from www.RadMD.com
  - Call 1-800-218-7508
- Use the case-specific fax coversheets when faxing clinical information to NIA







# NIA Physical Medicine Program: UM/Prior Auth Process



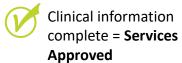


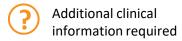
Provider contacts NIA for prior authorization following the initial evaluation.





**Clinical algorithm** evaluates request based on information entered by provider to determine if real-time authorization is appropriate for initial request.





Case is pended for clinical records. Outreach to provider for necessary clinical information.

You will receive a **Tracking Number:** 123456789

NIA Peer Clinical Review. If information captured in intake algorithm is insufficient to support automatic approval of services, clinical records must be submitted for review.



Services appear appropriate =

### **Approved**

You will receive an approved Authorization Number/Case ID Number: 12345ABC1234



Services not supported as medically necessary

= Adverse Determination

#### **Determination and Notification**



Authorization of a set of visits and a validity period. Notifications sent to member, provider, and ordering physician when mandated by state.



Clinical information does not support the requested services as medically necessary.



A peer-to-peer review is always available



**Notification of final** determination is sent to member, provider and ordering physician when mandated by state.

Generally, the turnaround time for completion of these requests is within two to three business days upon receipt of sufficient clinical information



## Initiating a Subsequent Request



When is a subsequent request appropriate?



- When you have an active authorization
- A need for continued care
- A change in the treatment plan or plan of care
  - The addition of a new diagnosis

How are subsequent requests initiated?



- Through the link on RadMD
- Faxing updated clinical documentation

When can it be initiated?



- Can be initiated at any time after receiving notification about the previous authorization
- Visits build on the original authorization

Will I lose visits?



 Visits from a current authorization will not be lost and newly approved visits will be added to the original authorization



## Treating an Additional Body Part



If a provider is in the middle of treatment and gets a new therapy prescription for a different body part, the provider will perform a new evaluation on that body part and develop goals for treatment. See below for processes associated with the possible next treatment plans:



# Treating body parts concurrently:

- The request would be submitted as an addendum to the existing authorization, using the same process that is used for subsequent requests
- NIA will add additional ICD 10 code(s) and visits to the existing authorization



# Discontinuing care on original body part:

The provider should submit a new request for the new diagnosis and include the discharge summary for the previous area. A new authorization will be processed to begin care on the new body part and the previous will be ended.



### Validity Period and Notification of Determination



### **Authorization Notification**

 The approval notification will include a fax coversheet that can be used for any subsequent requests.

#### **Validity Period**

- Authorizations will include the number of approved visits with a validity period. It is important that the service is performed within the validity period.
- If you have an active authorization, a 30day extension of the validity period can be obtained by contacting NIA.

### **Denial Notification**

- Notifications will include an explanation of what services have been denied and the clinical rationale for the denial
- A peer-to-peer discussion can be initiated once the adverse determination has been made.
- A reconsideration is not available once a denial determination has been made.
- In the event of a denial, providers are asked to follow the appeal instructions provided in their denial letter.



## **Processing of Claims**



### **How Claims Should be Submitted**

- Providers will continue to submit their claims to Ambetter
- Providers are strongly encouraged to use EDI claims submission

### **Claims Appeals Process**

- In the event of a prior authorization or claims payment denial, providers may appeal the decision through Ambetter
- Providers should follow the instructions on their nonauthorization letter or Explanation of Payment (EOP) notification



# **Physical Medicine Points**





If multiple provider types are requesting services, they will each need their own authorization (i.e. PT, ST, and OT services).



The CPT codes for PT, OT and ST initial evaluations do not require an authorization. However, all other billed CPT codes even if performed on the same date as the initial evaluation will require authorization prior to billing.



After the initial visit, providers will have up 5 business to request approval for the first visit. If requests are received timely, NIA is able to backdate the start of the authorization to cover the evaluation date of service to include any other services rendered at that time.



Subsequent authorizations are an extension of the initial authorization and will require clinical documentation be uploaded to <a href="https://www.RadMD.com">www.RadMD.com</a> or faxed to NIA at 1-800-784-6864.



An authorization will consist of number of visits and a validity period. Each date of service is calculated as a visit.



30-day extensions to the end date of current authorizations can be added by utilizing the "Request Validity Date Extension" option on RadMD.



### **Provider Tools**





# RadMD Website www.RadMD.com



### **Available**

24/7 (except during maintenance)



**Toll Free Number 1-800-218-7508** 



The Call Center is Available

- Request authorization
- View authorization status
- View and manage authorization requests with other users
- Upload additional clinical information
- View requests for additional information and determination letters
- View clinical guidelines
- View frequently asked questions (FAQs)
- View other educational documents

 Interactive Voice Response (IVR) System for authorization tracking



### Registering on RadMD.com

### To Initiate Authorizations

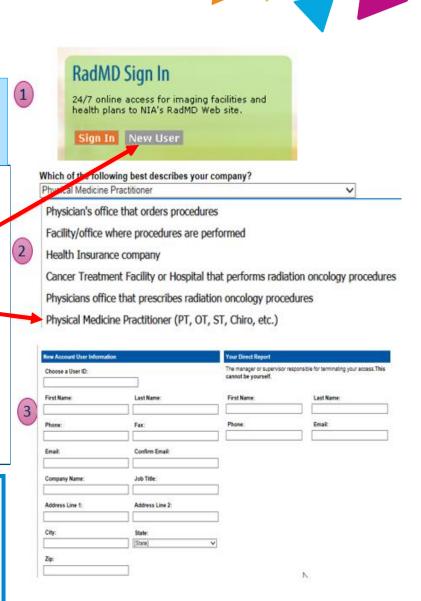
Everyone in your organization is required to have their own separate username and password due to HIPAA regulations.

#### STEPS:

- Click the "New User" button on the right side of the home page.
- Select "Physical Medicine Practitioner"
- 3. Fill out the application and click the "Submit" button.
  - You must include your e-mail address in order for our Webmaster to respond to you with your NIAapproved username and password.

NOTE: On subsequent visits to the site, click the "Sign In" button to proceed.

Offices that will be both ordering and rendering should request ordering provider access, this will allow your office to request authorizations on RadMD and see the status of those authorization requests.





### When to Contact NIA



### Providers:

Initiating or checking the status of an authorization	<ul> <li>Website, <u>www.RadMD.com</u></li> <li>Toll-free number 1-800-218-7508 - Interactive Voice Response (IVR) System</li> </ul>	
Initiating a Peer to Peer	• Call 1-800-218-7508	
Technical Issues	<ul><li>RadMDSupport@Evolent.com</li><li>Call 1-800-327-0641</li></ul>	

Provider Education requests or questions specific to NIA

Gina Braswell
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 1-800-450-7281 Ext. 55726 OR 1-952-225-5726
 gbraswell@Evolent.com



# **RadMD Demonstration**





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