Blue Cross Blue Shield of South Carolina Musculoskeletal (MSK) Management Program

Provider Training Presented by: Priscilla W. Singleton





National Imaging Associates, Inc. (NIA) Program Agenda 下

**Our MSK Program** 



Authorization Process

Other Program Components



Provider Tools and Contact Information

RadMD Demo

Questions and Answers



# **NIA Specialty Solutions**

National Footprint / Medicaid Experience



Since 1995 – delivering Medical Specialty Solutions; one of the *goto* care partners in industry.

#### **91 health plans/markets** – partnering with NIA for management of Medical Specialty Solutions.

**33.69M national lives – participating** in an NIA Medical Specialty Solutions Program nationally.

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**Diverse populations** – Medicaid, Exchanges, Medicare, Commercial, FEP, Provider Entities.

#### Medicaid/Medicare Expertise/Insights



**54 Medicaid plans/markets** with NIA Medical Specialty Solutions in place.

**18.65M Medicaid lives** – in addition to 2.15M Medicare Advantage lives participating in an NIA Medical Specialty Solutions program nationally.

#### Intensive Clinical Specialization & Breadth

### Specialized Physician Teams

- 160+ actively practicing, licensed, board-certified physicians
- 28 specialties and sub-specialties

## NIA's MSK Prior Authorization Program

 Blue Cross Blue Shield of South Carolina entered a prior authorization program through NIA for the management of MSK Services.

The Program

Important Dates

Program start date:

May 1, 2016

# Settings Included

Procedures:

Outpatient and Inpatient Surgical Procedures for Hip, Knee, Shoulder, Lumbar and Cervical Spine Surgeries

Procedures &

Settings:

- In Office Provider
- Hospital
- Surgery Center

Membership Included

 Commercial and Exchange Members NIA manages nonemergent Surgery services for BlueCross Blue Shield of South Carolina through BlueCross Blue Shield of South Carolina's contractual relationships.

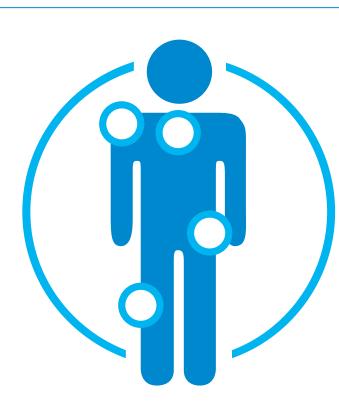
Network

### NIA's IPM Solution

#### Any Procedures Performed after May 1, 2016 Require Prior Authorization with NIA

### Targeted IPM Procedures Performed in an Outpatient Facility or office

- Spinal Epidural Injections
- Paravertebral Facet Joint Injections or Blocks
- Paravertebral Facet Joint Denervation(Radiofrequency (RF) Neurolysis)





Excluded from the Program IPM Procedures Performed in the following Settings:

- Hospital Inpatient
- Observation Room
- Emergency Room/Urgent Care Facility

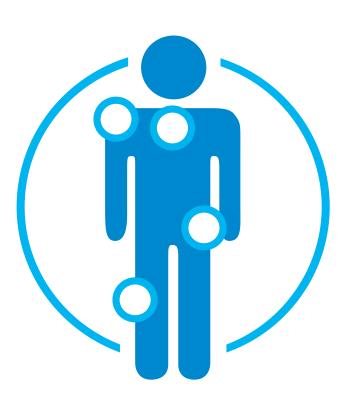
 NIA uses the BlueCross Blue Shield of South Carolina network of Pain Management Physicians, Hospitals and In-Office Providers as it's preferred providers for delivering Outpatient IPM Services to BlueCross Blue Shield of South Carolina members throughout South Carolina.

## NIA's Lumbar and Cervical Spine Surgery



#### Targeted Lumbar and Cervical Spine Surgery Procedures Performed in an Inpatient and Outpatient Facility

- Lumbar Microdiscectomy
- Lumbar Decompression (Laminotomy, Laminectomy, Facetectomy & Foraminotomy)
- Lumbar Spine Fusion (Arthrodesis) With or Without Decompression – Single & Multiple Levels
- Cervical Anterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression (without fusion)
- Cervical Artificial Disc Replacement Single & Two Levels
- Cervical Anterior Decompression (without fusion)





#### Excluded from the Program Surgeries Performed in the following Settings:

 Emergency Surgery – admitted via the Emergency Room

Please note that CPT Codes 22800-22819 used for reconstructive spinal deformity surgery do not require NIA/BlueCross Blue Shield of South Carolina prior authorization. NIA monitors the use of these CPT codes, but prior authorization is not currently required.



# NIA's Hip, Knee and Shoulder Surgery Performed in an Inpatient and Outpatient Facility

#### **Targeted Hip Surgery**

- Revision/Conversion Hip Arthroplasty
- Total Hip Arthroplasty/Resurfacing
- Femoroacetabular Impingement (FAI) Hip Surgery (includes CAM/pincher & labral repair)
- Hip Surgery Other (includes synovectomy, loose body removal, debridement, diagnostic hip arthroscopy, and extra-articular arthroscopy knee)

#### **Targeted Knee Surgery**

- Revision Knee Arthroplasty
- Total Knee Arthroplasty (TKA)
- Partial-Unicompartmental Knee Arthroplasty (UKA)
- Knee Manipulation under Anesthesia (MUA)
- Knee Ligament Reconstruction/Repair
- Knee Meniscectomy/Meniscal Repair/Meniscal Transplant
- Knee Surgery Other (includes synovectomy, loose body removal, diagnostic knee arthroscopy, debridement with or without chondroplasty, lateral release/patellar realignment, articular cartilage restoration)

#### **Targeted Shoulder Surgery**

- Revision Shoulder Arthroplasty
- Total/Reverse Shoulder Arthroplasty or Resurfacing
- Partial Shoulder Arthroplasty/Hemiarthroplasty
- Shoulder Rotator Cuff Repair
- Shoulder Labral Repair
- Frozen Shoulder Repair/Adhesive Capsulitis
- Shoulder Surgery Other (includes debridement, manipulation, decompression, tenotomy, tenodesis, synovectomy, claviculectomy, diagnostic

shoulder arthroscopy)



Excluded from the Program Hip, Knee and Shoulder Surgeries Performed in the following Settings:

 Emergency Surgery – admitted via the Emergency Room



## List of CPT Procedure Codes Requiring Prior Authorization



Review Claims/Utilization Review Matrix to determine CPT codes managed by NIA.



Blue Cross Blue Shield of South Carolina Utilization Review Matrix 2023 Musculoskeletal Surgery (Spine)



CPT Codes and their Allowable Billable Groupings.



Located on <u>RadMD.com</u>.

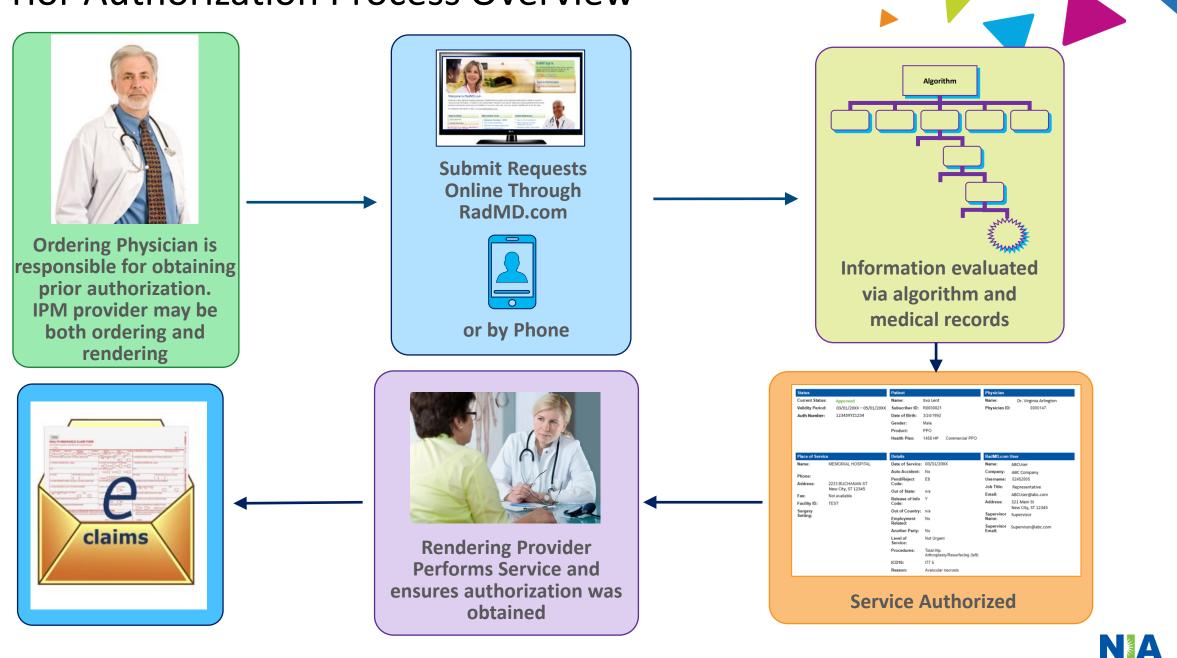


Defer to Blue Cross Blue Shield of South Carolina's Policies for Procedures not on Claims/Utilization Review Matrix.

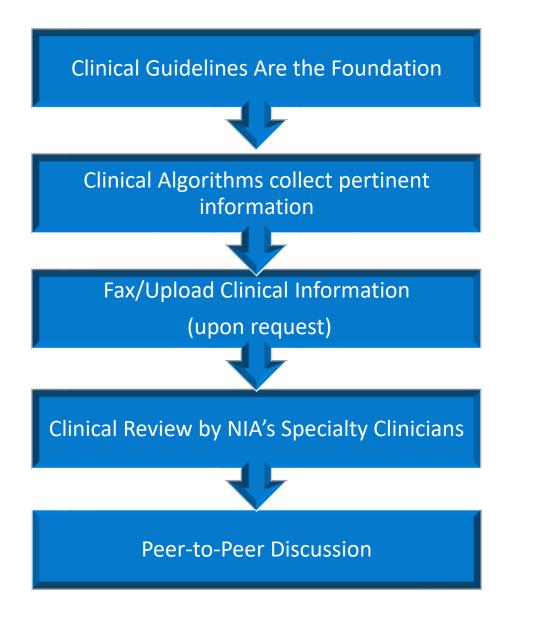
LUMBAR SPINE SURGERY						
Primary Surgery Request	Primary CPT Code	Primary Surgery Allowable Billed Groupings	Additional Covered Procedures/Codes	Ancillary Procedures/Codes		
There are multiple CPT co	des that can l surgery reque		<u>ery</u> requested. procedure. These are assumed to n combination, do not require a	These codes do not require prior authorization. If the main surgical procedure is approved, these codes are understood to be included in conjunction and do not require precertification from the health plan. *Please note: This is not an all-inclusive lis of every ancillary code.		
Lumbar Microdiscectomy	63030	62380, 63030, +63035				
Lumbar Decompression	63047	63005, 63012, 63017, 63042, +63044, 63047, +63048, 63056, +63057	<b>Microdiscectomy:</b> 62380, 63030, +63035			
Lumbar Fusion - Single Level	22612	22533, 22558, 22612, 22630, 22633, +63052, +63053	Microdiscectomy: 62380, 63030, +63035	Instrumentation: +22840, +22841, +22842 +22845, +22853		

1- Blue Cross Blue Shield of South Carolina Spine Surgery Utilization Review Matrix 2023 NIA

### **Prior Authorization Process Overview**



### NIA's Clinical Foundation & Review



- Clinical guidelines were developed by practicing specialty physicians, through literature reviews and evidenced-based research. Guidelines are reviewed and mutually approved by the Plan and NIA Medical Officers and clinical experts. Clinical Guidelines are available on RadMD.com
- Algorithms are a branching structure that changes depending upon the answer to each question.
- The member's clinical information/medical record will be required for validation of clinical criteria before an approval can be made.
- NIA has a specialized clinical team focused on MSK.
- Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines.
- Our goal ensure that members are receiving appropriate care.

### Information for Authorization for IPM Injections



- Every IPM procedure performed requires a prior authorization; NIA does not pre-approve a series of epidural injections.
- Bi-lateral IPM injections performed on the same date of service do not require a separate authorization. An authorization will cover bi-lateral as well as multiple levels on the same date of service. (Please refer to guidelines for potential restrictions)
- Add on codes do not require separate authorization and are to be used in conjunction with approved primary code for the service rendered.



**Special** 

Information

## **IPM Clinical Checklist Reminders**



### **IPM Documentation:**



### **Conservative Treatment**

Frequently, specifics of active conservative treatment/non-operative treatment are not present in office notes. Details such as duration and frequency should be provided in order to ensure 6 weeks has been attempted within the past 6 months. Official physical therapy records do not need to be obtained but the provider should supply a summary of these details. Physical therapy is not the only means of active conservative treatment acceptable; physician directed home exercise programs as well as chiropractic care are among other examples of appropriate treatments.



### Visual Analog Scale (VAS) Score and/or Functional Disability

 A VAS score is an acceptable method to relay intensity of pain. However, a description of functional disability is also accepted as a means for measuring pain (ie - noting that the member is no longer able to perform work duties, daily care, etc).

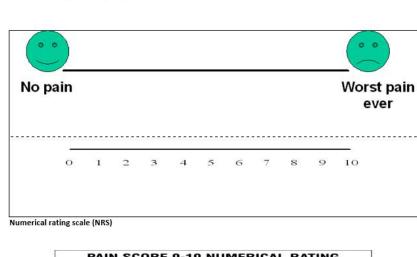


### **Follow Up To Prior Pain Management Procedures**

 For repeat treatments, follow up is required in regard to what procedure was completed, how much and for how long relief was obtained, active participation in ongoing conservative treatment, and to what level the pain has returned. A follow up office visit is not required; documentation of telephone encounters with the member are acceptable to satisfy this requirement.



### Sample Pain Rating Scales



		0	-10 N	lume	rical R	ating	Scale	3		
-	1	1	1	1	1	1	1	1	1	
	1	1	1		1	1	1		1	

#### Faces rating scale (FRS)

Visual analogue scale (VAS)





### Information for Authorization for Surgery Procedures



- Most surgeries will require only one authorization request. NIA will provide a list of surgery categories to choose from. The surgeon's office must select the most complex and invasive surgery being performed as the **primary** surgery.
  - **Example 1**: A lumbar fusion authorization includes decompression, instrumentation, etc.
  - **Example 2**: A knee ligament reconstruction includes meniscectomy, debridement, etc.
- Bilateral hip or knee surgeries require authorization for both the left *and* right side. These requests can be entered at the same time and will be reviewed concurrently. ACDF and posterior cervical fusion require authorization for each procedure. These requests can be entered at the same time and will be reviewed concurrently.
- Inpatient admissions will continue to be subject to concurrent review by BCBS of South Carolina.
- Date of Service is required.
- BlueCross Blue Shield of South Carolina Facilities must continue to follow BlueCross prior authorization processes for facility or hospital admissions and elective surgery.

Special Information

## Surgery Clinical Checklist Reminders



### **Surgery Documentation:**



Details regarding the member's symptoms and their onset/duration



Physical exam findings



Conservative treatment modalities with dates and duration (e.g., physical therapy, home exercise plan, injections, medications, activity modification)



Diagnostic imaging results



Ordering physician's surgical plan (including a discussion about the potential risks and benefits of the procedure) (BMI, smoking history, mental status for some surgeries)



## NIA to Physician: Request for Clinical Information



PLEASE FAX THIS FORM TO:  Date: TODAY  ORDERING PROVIDER: REQ_PROVIDER FAX NUMBER: FAX_REQ_PROVIDER FAX NUMBER: FAX_RECIP_PROVE_TRACKING_NUMBER: CC_TRACKING_NUMBER RE: Authorization Loguest MEMBER ID: MEMBER_ID PATTENT_NAME: MEMBER_NAME HEALTH PLAN: CAR_NAME	A FL A					
ORDERING PROVIDER: REQ_PROVIDER FAX.WIMBER: FAX_RECIP_PROVE TRACKING NUMBER: CC_TRACKING_NUMBER RE: Authorization.Regist MEMBER.ID: MEMBER.ID PATIENT NAME: MEMBER_NAME	NA	PLEASE FAX THIS FORM TO:				
FAX MUMBER: FAX RECIP PROVE TRACKING NUMBER: CC_TRACKING MUMBER. RE: Authorization Register MEMBER ID: MEMBER_ID PATIENT NAME: MEMBER_NAME		Dr	IE TODAY			
RE: Authorization Request MEMBER ID: MEMBER ID PATIENT NAME: MEMBER NAME	ORDERING PROVIDER:	REQ_PROVIDER				
PATIENT NAME: MEMBER NAME	FAX MIMBER: FAX	RECIP PHONE   TRACKING MEMBER:   CC_TRACKING_M	MBER.			
HEALTHPLAN: CAR_XAME						
	HEALTHPLAN: CO	2 NAME				
Requed for Further Clinical Information We have received your request for PROC_DESC. Please use this tool to assist us with the preauthorization process, by submit fax (Fax # or phone all relevant information requested below. For information regarding NIA clinical gaid	RE: Authorization Logo PATIENT NAME: MU HEALTH PLAN: CO We have received your reque	en MEMBER ID: MEMBER_ID EMBER_NAME & NAME Request for Further Clinical Information et for PROC_DESC. Rease use this tool to assist us with the preasth	ofization process, by submit			

3. Surgery Date and Procedure (if any):

4. Date of initial evaluation: \_\_\_\_\_ Date of Re-evaluation: \_\_\_\_\_

RESULTS OF OBJECTIVE TESTS AND MEASURES:



A fax is sent to the provider detailing what clinical information that is needed, along with a Fax Coversheet.



We stress the need to provide the clinical information as quickly as possible so we can make a determination.



Determination timeframe begins after receipt of clinical information.



Failure to receive requested clinical information may result in non certification.



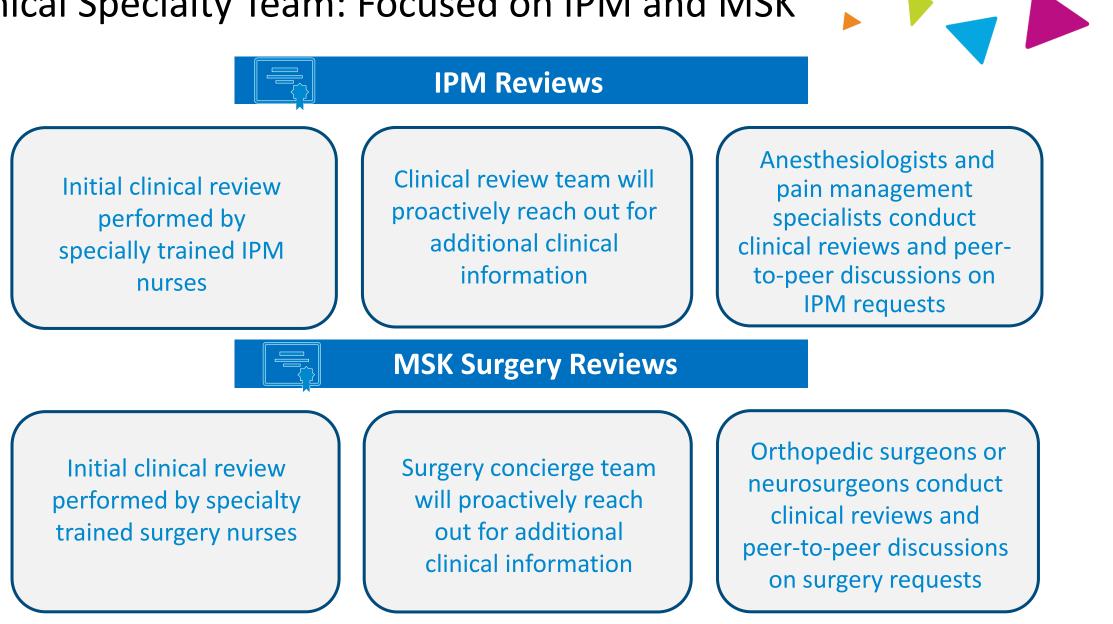
## Submitting Additional Clinical Information



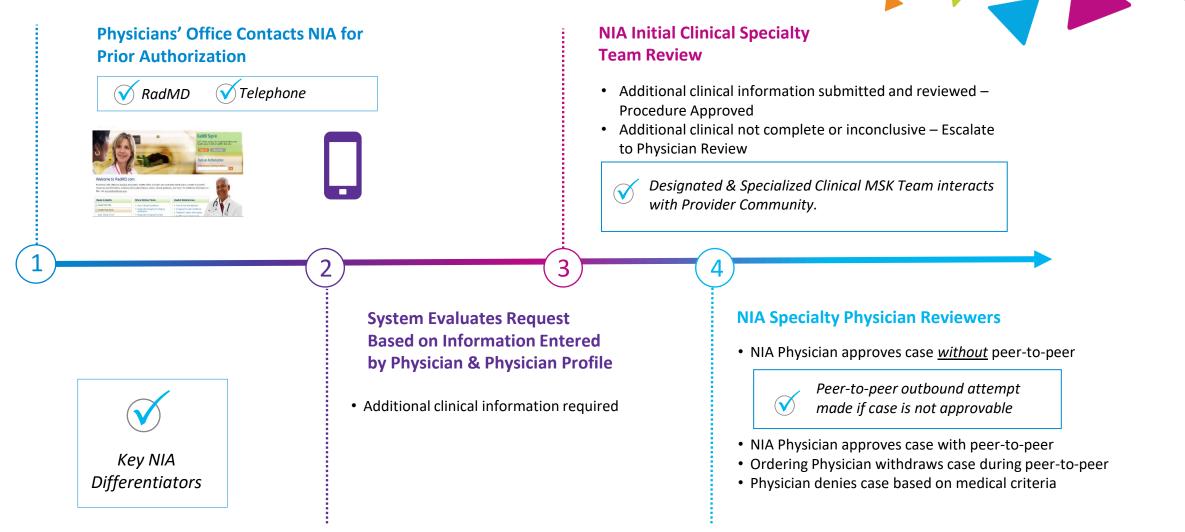
<ul> <li>Records may be submitted:</li> <li>Upload to <u>https://www.RadMD.com</u></li> <li>Fax using that NIA coversheet</li> </ul>	Exam Request Upload Clinical Doo		heet Requ	uest Additional Visits
<ul> <li>Location of Fax Coversheets:</li> <li>Can be printed from</li> </ul>			Provider	
https://www.RadMD.com • Fully Insured and State Health Plan: 1-866-500-7664 • Publix members: 1-888-642-4810	Member Name: Gender: Date of Birth: Member ID: Health Plan:	Evo Lent Female 5/24/1971 AB123456 ABC Health Plan	Name: Address: Phone: Tax ID:	Memorial Hospital 123 Main St, New City, ST 12345 123-456-7890 987654321
<ul> <li>Use the case specific fax coversheets when faxing clinical information to NIA</li> </ul>	Spoken Language: Written Language:		UPIN: Specialty:	



## Clinical Specialty Team: Focused on IPM and MSK



### **MSK Clinical Review Process**



Generally the turnaround time for completion of these requests is within two business days upon receipt of sufficient clinical information

NIA Urgent/Expedited MSK Authorization Process



### **Urgent/Expedited MSK Authorization Process**

- If an urgent clinical situation exists (outside of a hospital emergency room) during business hours, please call NIA immediately.
- The NIA website <u>https://www.RadMD.com</u> cannot be used for medically urgent or expedited prior authorization requests during business hours. Those requests must be processed by calling the NIA call center at:

Fully Insured and State Health Plan: 1-866-500-7664 Publix Members: 1-888-642-4810

 Turnaround time is within 1 Business day not to exceed 72 Business Calendar Hours.

## Notification of Determination

#### **Authorization Notification**

Validity Period - Authorizations are valid for:

#### **IPM & Outpatient Surgery**

30 days from date of service

#### Surgical

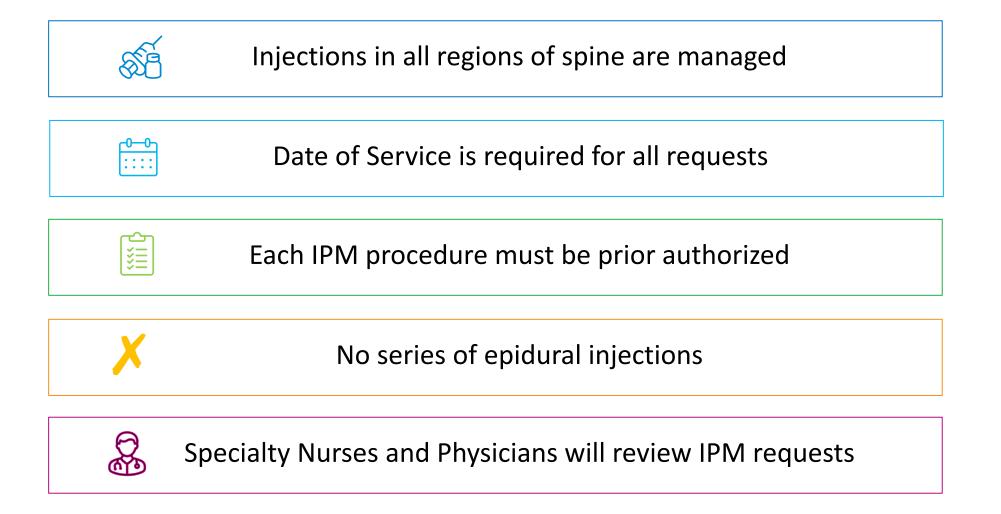
- Inpatient 3 days from date of service
- The date of service that is selected at the time of the prior authorization request, will be used to determine the validity period. If the date of service changes, please contact NIA to update.

#### **Denial Notification**

- Notifications will include an explanation of what services have been denied and the clinical rationale for the denial
- A peer-to-peer discussion can be initiated once the adverse determination has been made.
- A reconsideration available with new or additional information.
- Timeframe for commercial reconsideration is 180 calendar days of the denial.
- In the event of a denial, providers are asked to follow the instructions provided in their denial letter.

### **IPM Points**







MSK Surgery Points – Lumbar/Cervical Spine Surgery





Inpatient and outpatient non-emergent surgeries



Spine Surgery is focused on lumbar and/or cervical spine surgeries



For spinal surgeries, only one authorization request per surgery. For example, a Lumbar fusion authorization includes decompression, instrumentation, etc.



CPT Codes 22800-22819 used for reconstructive spinal deformity surgery and the associated instrumentation do not require prior authorization. NIA will monitor the use of these CPT codes.



## MSK Surgery Points – Hip, Knee and Shoulder Surgery



Bilateral hip or knee surgeries require authorization for both the left *and* right side. These requests can be entered at the same time and will be reviewed concurrently. ACDF and posterior cervical fusion require authorization for each procedure. These requests can be entered at the same time and will be reviewed concurrently.

Surgeries addressing the following are not included in the musculoskeletal management program: trauma, amputation, fracture, active infection, pediatric conditions, congenital malformation, dysplasia (hip), palsy/plegia, osteochondritis dissecans (knee), osteotomy (knee), tumor, cyst, cancer, arthrodesis, girdle resection (hip), denervation (hip), joint dislocation, hemiarthroplasty (hip), hardware removal, & foreign body



## MSK Surgery Points – For all Surgeries





Specialized Orthopedic Surgeons or Neurosurgeons will review surgery requests. Inpatient admissions will continue to be subject to concurrent review by Blue Cross Blue Shield of South Carolina.



BlueCross Blue Shield of South Carolina Facilities must continue to follow BlueCross prior authorization processes for facility or hospital admissions and elective surgery.



Authorizations are valid for 30 days from the date of service. NIA must be notified of any changes to the date of service.

### Provider Tools





### Available

24/7 (except during maintenance, performed every third Thursday of the month from 9 pm – midnight PST)



- Request Authorization
- View Authorization Status
- View and manage Authorization Requests with other users
- Upload Additional Clinical Information
- View Requests for additional Information and Determination Letters
- View Clinical Guidelines
- View Frequently Asked Questions (FAQs)
- View Other Educational Documents

Interactive Voice Response (IVR)
 System for authorization tracking

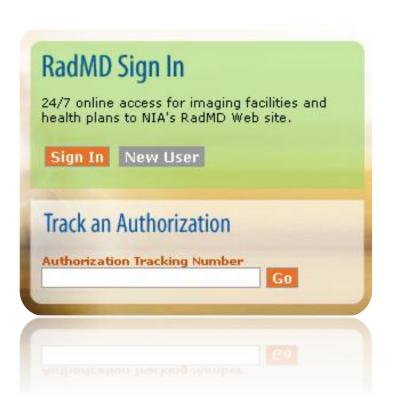
### NIA's Website https://www.RadMD.com

#### **RadMD Functionality varies by user:**

- Ordering Provider's Office View and submit requests for authorization.
- Rendering Provider Views approved, pended and in review authorizations for their facility.
- IPM providers are typically both the ordering and the rendering provider.

#### Online Tools Accessed through <u>https://www.RadMD.com</u>:

- NIA's Clinical Guidelines
- Frequently Asked Questions
- Quick Reference Guides
- IPM Checklist
- RadMD Quick Start Guide
- Claims/Utilization Matrices



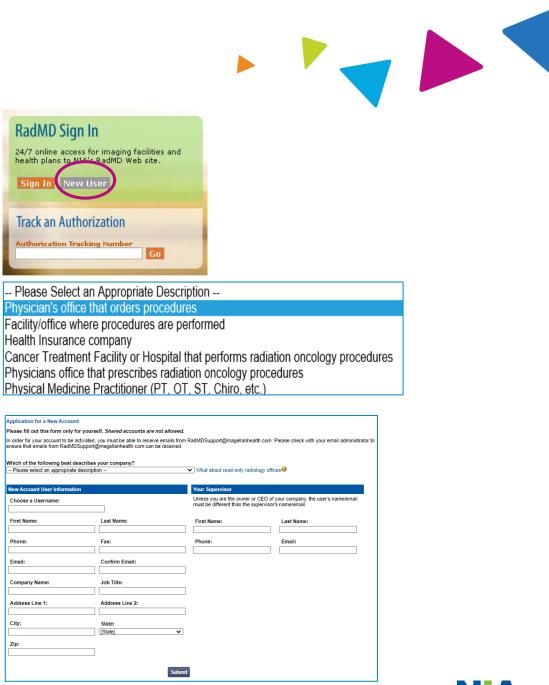
## Registering on RadMD.com To Initiate Authorizations

Everyone in your organization is required to have their own separate username and password due to HIPAA regulations.

#### STEPS:

- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Physician's office that orders procedures"
- 3. Fill out the application and click the "Submit" button.
  - You must include your e-mail address in order for our Webmaster to respond to you with your NIA-approved username and password.

Offices that will be both ordering and rendering should request ordering provider access, this will allow your office to request authorizations on RadMD and see the status of those authorization requests.



Allows Users the ability to view all approved, pended and in review authorizations for facility

- Everyone in your organization is required to have their own separate username and password due to HIPAA regulations.
- Designate an "Administrator" for the facility who manages the access for the entire facility.

#### **STEPS:**

- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Facility/office where procedures are performed"
- 3. Fill out the application and click the "Submit" button.
  - You must include your e-mail address in order for our Webmaster to respond to you with your NIA-approved username and password.
- 4. New users will be granted immediate access

### NOTE: On subsequent visits to the site, click the "Sign In" button to proceed.

If you have multiple staff members entering authorizations and you want each person to be able to see all approved, pended and in review authorizations, they will need to register for a rendering username and password. The administrator will have the ability to approve rendering access for each employee. This will allow users to see all approved, pended and in review authorizations under your organization.

Radivil	D Sign In
health pla	ne access for imaging facilities and ans to NIA's RadMD Web site.
Sign In	$\smile$
Track a	n Authorization
Authoriza	ation Tracking Number

-- Please Select an Appropriate Description --Physician's office that orders procedures

Facility/office where procedures are performed Health Insurance company Cancer Treatment Facility or Hospital that performs radiation oncology procedures Physicians office that prescribes radiation oncology procedures Physical Medicine Practitioner (PT, OT, ST, Chiro, etc.)

#### Application for a New Account

Please fill out this form only for yourself. Shared accounts are not allowed. In order for your account to be activated, you must be able to receive emails from RadMDSupport@magetianhealth.com. Please check with your email administrator t ensure that emails from RadMDSupport@magetianhealth.com can be received.

Which of the following best describes your company? Facility/office/lab where procedures are performed ✓ What about read-only radiology offices

New Account User Information		Your Supervisor	
Choose a Username:		Unless you are the owner or CEO of y must be different than the supervisor's	our company, the user's name/email s name/email.
First Name:	Last Name:	First Name:	Last Name:
Phone:	Fax:	Phone:	Email:
Email:	Confirm Email:	Affiliated Facilities	
Company Name:	Job Title:	Facility Tax ID #:	Add
Address Line 1:	Address Line 2:	Your Tax IDs: [none]	_
City:	State: [[State] V		
Zip:			
	Submit		

### RadMD Enhancements

NIA offers a **Shared Access** feature on our <u>RadMD.com</u> website. Shared Access allows ordering providers to view authorization requests initiated by other RadMD users within their practice.

		Provider Resources	User	•
Request	Resources and Tools			
Exam or specialty procedure	Shared Access			
(including Cardiac, Ultrasound, Sleep Assessment)	Clinical Guidelines			
Physical Medicine	Request access to Tax ID			
Initiate a Subsequent Request Radiation Treatment Plan	News and Updates			
Pain Management				
or Minimally Invasive Procedure				
Spine Surgery or Orthopedic Surgery				
Genetic Testing				
	Login As Username:	Login		
Request Status				
Search for Request	Tracking Number:	Search		
View All My Requests	Forgot Tracking	Number?		

If practice staff is unavailable for a period of time, access can be shared with other users in the practice. They will be able to view and manage the authorization requests initiated on <u>RadMD.com</u>, allowing them to communicate with members and facilitate treatment.

## When to Contact NIA

Providers:



Initiating or checking the status of an authorization request	<ul> <li>Website, <u>https://www.RadMD.com</u>; Toll-free number: Fully Insured and State Health Plan: 1-866-500-7664 Publix Members: 1-888-642-4810</li> <li>Interactive Voice Response (IVR) System</li> </ul>
Initiating a Peer-to-Peer Consultation	Fully Insured and State Health Plan: 1-866-500-7664 Publix Members: 1-888-642-4810
<b>Provider Service Line</b>	<ul> <li><u>RadMDSupport@evolent.com</u></li> <li>Call 1-800-327-0641</li> </ul>
Provider Education requests or questions specific to NIA	<ul> <li>Priscilla W. Singleton Provider Relations Manager 1-314-387-5023 psingleton@evolent.com</li> </ul>

### RadMD Demonstration



### **Confidentiality Statement**



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# Thanks

