Iowa Total Care Interventional Pain Management (IPM)

Provider Training Presented by: Meghan Murphy



National Imaging Associates, Inc. (NIA) Program Agenda 🚩

Our IPM Program



Prior Authorization Process and Overview

- Clinical Foundation and Review
- Clinical Review Process
- Notification of Determination

Provider Tools and Contact Information



RadMD Demo



Questions and Answers



NIA Specialty Solutions National Footprint / Medicaid Experience

National Footprint



Since 1995 – delivering Medical Specialty Solutions; one of the *go-to* care partners in industry.

86 health plans/markets -

partnering with NIA for management of Medical Specialty Solutions.

33.69M national lives – **participating** in an NIA Medical Specialty Solutions Program nationally.

Diverse populations – Medicaid, Exchanges, Medicare, Commercial, FEP, Provider Entities.



Medicaid/Medicare Expertise/Insights



54 Medicaid plans/markets with NIA Medical Specialty Solutions in place.



18.65M Medicaid lives – in addition to 2.15M Medicare Advantage lives participating in an NIA Medical Specialty Solutions program nationally.

Intensive Clinical Specialization & Breadth

Specialized Physician Teams

- 160+ actively practicing, licensed, boardcertified physicians
- 28 specialties and sub-specialties



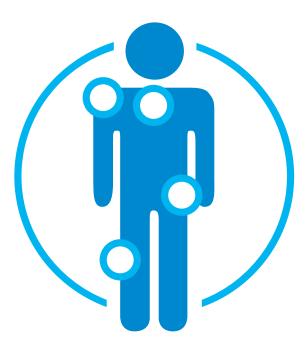
NIA's IPM Solution



Procedures Performed on or after June 1, 2023, Require Prior Authorization



- Spinal Epidural Injections
- Paravertebral Facet Joint Injections or Blocks
- Paravertebral Facet Joint Denervation(Radiofrequency (RF) Neurolysis)
- Sacroiliac joint injections
- Spinal Cord Stimulators
- Sympathetic Nerve Block





Excluded from the Program IPM Procedures Performed in the following Settings:

- Hospital Inpatient
- Observation Room
- Emergency Room/Urgent Care Facility

 NIA will use the Iowa Total Care network of Pain Management Physicians, Hospitals and In-Office Providers as it's preferred providers for delivering Outpatient IPM Services to Iowa Total Care members throughout Iowa.



List of CPT Procedure Codes Requiring Prior Authorization



Review Claims/Utilization Review Matrix to determine CPT codes managed by NIA.



CPT Codes and their Allowable Billable Groupings.



Located on <u>www.RadMD.com</u>.



Defer to Iowa Total Care's Policies for Procedures not on Claims/Utilization Review Matrix.



The matrix below contains all of the CPT 4 codes for which National Imaging Associates Inc. (NIA) authorizes on behalf of Iowa Total Care

NIA issues authorizations based on the primary CPT code and its allowable billed groupings. A procedure can be billed under any **one** of the given CPT codes for that allowable billed grouping **3**, long **3**,s a valid authorization number has been issued within the validity period.

*Please note: IPM services rendered in an Emergency Room, Observation Room, Intraoperatively, or as a Hospital Inpatient are not managed by NIA.

Procedure Name	Primary CPT Code	Allowable Billed Groupings	Ancillary Procedures/Codes
Authorization is provided at the <u>procedure</u> level. There are multiple CPT codes that can be associated with each procedure. These are assumed to be part of the primary request and, when completed in combination, do not require a separate authorization.		ach procedure. These are est and, when completed in	These codes do not require prior authorization. If the main procedure is approved, these codes are understood to be included and do not require precertification, from the health plan. "Please note: This is not an all-inclusive list of every possible ancillary code
Sacroiliac Joint Injection	27096	27096, G0260	
Cervical/Thoracic Interlaminar Epidural	62321	62320, 62321	
Lumbar/Sacral Interlaminar	62323	62322, 62323	
Spinal Cord Stimulator Trial	63650	63650, 63655	L8680, L8681, 95970, 95971, 95972, 77002
Spinal Cord Stimulator Insertion, Revision, or Removal	63655	63650, 63655, 63661, 63662, 63663, 63664, 63685, 63688	L8679, L8680, L8682, L8683, L8684, L8685, L8686, L8687, L8688, L8689, L8695, C1767, C1816, C1820, C1822, C1823, 95970, 95971, 95972, 77002
Cervical/Thoracic Transforaminal Epidural	64479	64479, +64480	
Lumbar/Sacral Transforaminal Epidural	64483	62322, 62323	

1-ITC IPM Utilization Review Matrix 2023 v05.02.2023.docx- Effective 6.1.2023



Information for Authorization for IPM Injections

Special

Information



 Every IPM procedure performed requires a prior authorization; NIA does not pre-approve a series of epidural injections.

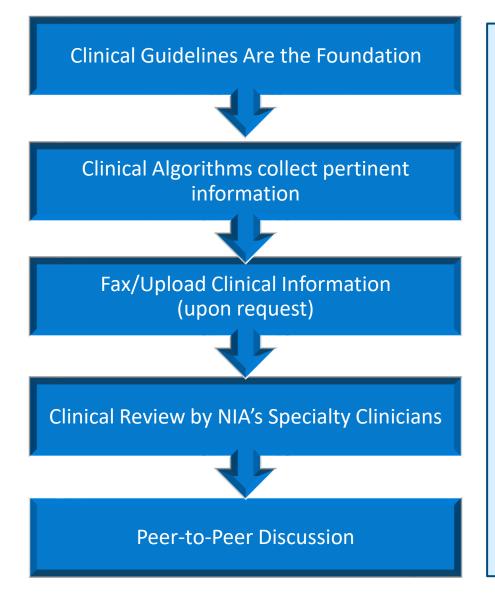
- Bi-lateral IPM injections performed on the same date of service do not require a separate authorization. An authorization will cover bi-lateral as well as multiple levels on the same date of service.
- Add on codes do not require separate authorization and are to be used in conjunction with approved primary code for the service rendered.



Prior Authorization Process Overview Algorithm **Submit Requests Online Through RadMD** www.RadMD.com **Ordering Physician is** Information evaluated responsible for obtaining via algorithm and prior authorization. medical records **IPM provider may be** both ordering and or by Phone rendering NA Print STATUS Current Sta Validity Period DISCLAIME PATIENT Name: Date of Birth Product: claims PHYSICIAN IMAGING PROVIDER Name: Phone: Fax: ID: RADIOLOGY IN (555) 555-1212 (555) 555-2121 **Rendering Provider** RADMD.COM USER INFORMATION **Performs Service and Service Authorized** ensures authorization was obtained



NIA's Clinical Foundation & Review



- Clinical guidelines were developed by practicing specialty physicians, through literature reviews and evidenced-based research. Guidelines are reviewed and mutually approved by the Plan and NIA Medical Officers and clinical experts. Clinical Guidelines are available on www.RadMD.com
- Algorithms are a branching structure that changes depending upon the answer to each question.
- The member's clinical information/medical record will be required for validation of clinical criteria before an approval can be made.
- NIA has a specialized clinical team focused on IPM.
- Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines.
- Our goal ensure that members are receiving appropriate care.

IPM Clinical Checklist Reminders



IPM Documentation:



Conservative Treatment

Frequently, specifics of conservative treatment/non-operative treatment are not present in office notes. Details such as duration and frequency should be provided in order to ensure 6 weeks has been attempted within the past 6 months. Official physical therapy records do not need to be obtained but the provider should supply a summary of these details. Physical therapy is not the only means of conservative treatment acceptable; physician directed home exercise programs as well as chiropractic care are among other examples of appropriate treatments.



Visual Analog Scale (VAS) Score and/or Functional Disability

 A VAS score is an acceptable method to relay intensity of pain. However, a description of functional disability is also accepted as a means for measuring pain (ie - noting that the member is no longer able to perform work duties, daily care, etc).



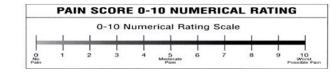
Follow Up To Prior Pain Management Procedures

• For repeat treatments, follow up is required in regard to what procedure was completed, how much and for how long relief was obtained, active participation in ongoing conservative treatment, and to what level the pain has returned. A follow up office visit is not required; documentation of telephone encounters with the member are acceptable to satisfy this requirement.



Sample Pain Rating Scales





Faces rating scale (FRS)





NIA to Physician: Request for Clinical Information

			CC	TRACKING_NUN	/IBER	FAXC
PO Box 22	NTY FACTORS naging Associates, 8 regipts, MO 63043		HIS COVER SHE	NOT WRITE ABOVE EET MUST BE THE FIR ID ONLY ONE PATIEN AX THIS FORM TO: 1	ST PAGE OF YOUR FAX T PER FAX	
ORDE	RING PHYSIO	CIAN:	REQ. PROVIDER			
FAX N	UMBER:	FAX_RECIP_	PHONE	TRACKING NUMBER:	CC_TRACKING_NUMBER	
RE:	Authorizat	tion Request	MEMBER ID:	MEMBER_ID		
PATIENT NAME: MEMBER NAME						
HEALTH PLAN: CLIENT BRAND NAME						
			for PROC_DESC (LA Id to this fax as soo		are unable to approve based o	n the information

I attest this fax contains all relevant clinical documentation which exists for this authorization request. No additional information will be submitted for National Imaging Associates Inc. (NIA) review.

URGENT: REPLY REQUIRED FOR CASE REVIEW Request for Additional Clinical Information

Study Requested was: PROC_DESC Please <u>PROVIDE: REQ_CLINICAL_DOCS</u> For <u>initial</u> procedure request to NIA:

- 1. Notes and exam findings related to pain:
 - a. Location; intensity; provocative maneuvers; and any nerve problems.
- Notes that say the date the back or neck pain started.
- 3. Notes of non-operative therapy tried for at least six weeks in the last six months:
 - Formal physical therapy; a directed home exercise program; chiropractic care; or a combination of these.
- 4. Notes of any prior treatments to manage pain.
 - a. Notes should include:
 - the date of the spinal procedure;
 - ii. the spinal region;
 - iii. how much the therapy reduced pain and improved function;
 - iv. and ongoing therapy since the prior treatment (formal physical therapy; a directed home exercise program; chiropractic care; or a combination of these).

For repeat procedure request to NIA:

- 1. Date of the prior procedure and spinal region
- 2. Documentation of the effectiveness in reducing the patient's pain and improving functional ability
- 3. Office visit note and physical exam findings related to patient's current pain, intensity, and any neurological deficits

The ordering physician is responsible for obtaining prior authorizations and for submitting the clinical records if requested. Please respond as soon as possible with the clinical information identified above.

FAXC				
If you received this factimitic in error, please reply immediately to the sender that you have reviewed this message in error and destroy the original. This fas and any files transmitted with it contain information that may be legally confidential and/or participade. The information is intended solely for the individual or entity named and access by anyone else is manthorized. If you are not the intended recipient, any disclosure, copying, distribution or use of the contexts of this information is prohibited and may be unlawful.				



A fax is sent to the provider detailing what clinical information that is needed, along with a Fax Coversheet.



We stress the need to provide the clinical information as quickly as possible so we can make a determination.



Determination timeframe begins after receipt of clinical information.



Failure to receive requested clinical information may result in non certification.



Submitting Additional Clinical Information

- Records may be submitted:
 - Upload to <u>www.RadMD.com</u>
 - Fax using that NIA coversheet
- Location of Fax Coversheets:
 - Can be printed from <u>www.RadMD.com</u>
 - Call 1-866-493-9441
 - Use the case specific fax coversheets when faxing clinical information to NIA

xam Request Verificati	ion: Detail
/	Clinical Document
Member	Provider
Name: Gender:	Name: Address:
Date of Birth Member ID: Health Plan:	Phone: Tax ID: UPIN: Specialty:
Case Case Description:	Request ID:
case bescription.	
Request Date:	Status:
Entry Method:	ity Dates:

Clinical Specialty Team: Focused on IPM



IPM Reviews

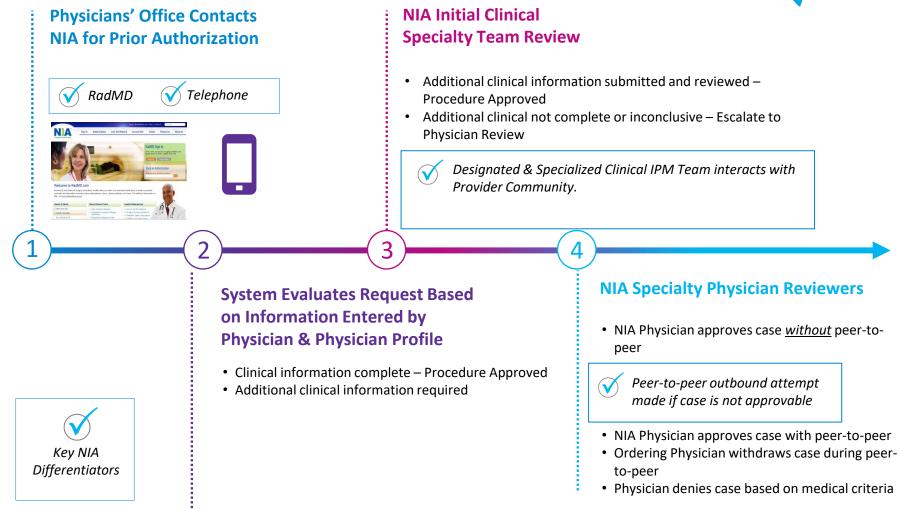
Initial clinical review performed by NIA IPM team nurses

The clinical specialties supporting our IPM program include anesthesiology and pain specialists



IPM Clinical Review Process





Generally the turnaround time for completion of these requests is within two to three business days upon receipt of sufficient clinical information.





Urgent/Expedited IPM Authorization Process

- If an urgent clinical situation exists (outside of a hospital emergency room) during business hours, please call NIA immediately.
- The NIA website <u>www.RadMD.com</u> cannot be used for medically urgent or expedited prior authorization requests during business hours. Those requests must be processed by calling the NIA call center at 1-866-493-9441.
- Turn around time is within 1 Business day not to exceed 72 Business Calendar Hours.



Notification of Determination



Authorization Notification

 Validity Period - Authorizations are valid for:

IPM

- 60 days from the request date
- The date of service that is selected at the time of the prior authorization request, will be used to determine the validity period. If the date of service changes please contact NIA to update.

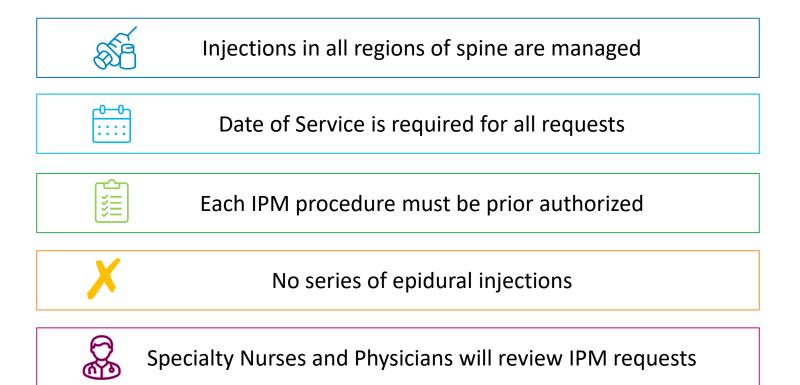
Denial Notification

- Notifications will include an explanation of what services have been denied and the clinical rationale for the denial
- A peer-to-peer discussion can be initiated once the adverse determination has been made.
- A re-review is available with new or additional information.
- Timeframe for re-review is 4 business days.
- In the event of a denial, providers are asked to follow the appeal instructions provided in their denial letter.



IPM Points







Provider Tools



RadMD Website

Available

24/7 (except during maintenance, performed every third Thursday of the month from 9 pm – midnight PST)



Toll-Free Number 1-866-493-9441 Available Monday - Friday 7:00 AM – 7:00 PM CST

- Request Authorization
- View Authorization Status
- View and manage Authorization Requests with other users
- Upload Additional Clinical Information
- View Requests for additional Information and Determination Letters
- View Clinical Guidelines
- View Frequently Asked Questions (FAQs)
- View Other Educational Documents
- Interactive Voice Response (IVR) System for authorization tracking



NIA's Website www.RadMD.com

RadMD Functionality varies by user:

- Ordering Provider's Office View and submit requests for authorization.
- Rendering Provider Views approved, pended and in review authorizations for their facility.
- IPM providers are typically both the ordering and the rendering provider.

Online Tools Accessed through <u>www.RadMD.com</u>:

- NIA's Clinical Guidelines
- Frequently Asked Questions
- Quick Reference Guides
- IPM Checklist
- RadMD Quick Start Guide
- Claims/Utilization Matrices



Registering on RadMD.com To Initiate Authorizations

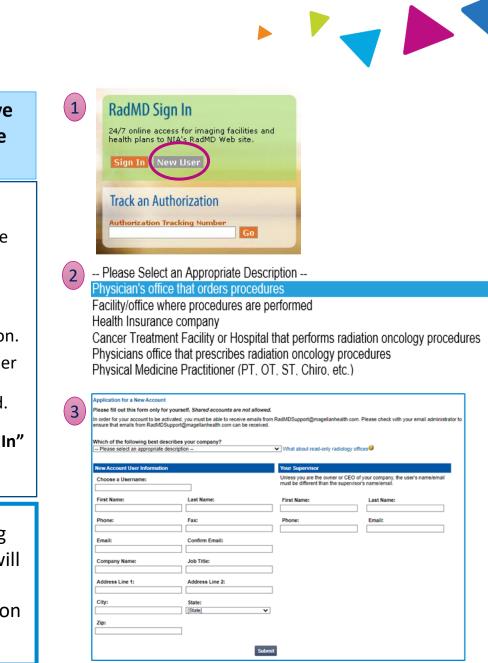
Everyone in your organization is required to have their own separate username and password due to HIPAA regulations.

STEPS:

- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Physician's office that orders procedures"
- 3. Fill out the application and click the "Submit" button.
 - You must include your e-mail address in order for our Webmaster to respond to you with your NIA-approved username and password.

NOTE: On subsequent visits to the site, click the "Sign In" button to proceed.

Offices that will be both ordering and rendering should request ordering provider access, this will allow your office to request authorizations on RadMD and see the status of those authorization requests.



Allows Users the ability to view all approved, pended and in review authorizations for facility

IMPORTANT

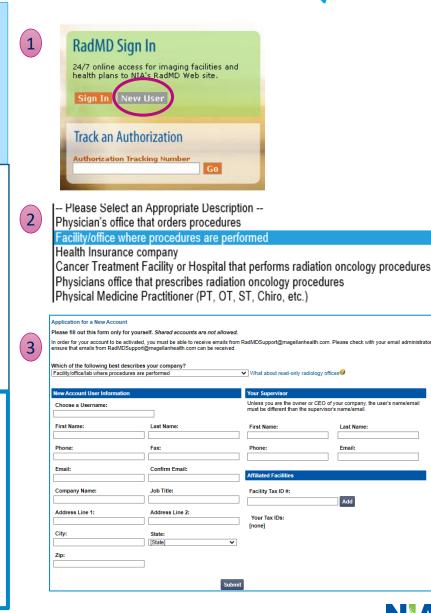
- Everyone in your organization is required to have their own separate username and password due to HIPAA regulations.
- Designate an "Administrator" who will be able to grant privileges to desired Tax ID number(s).

STEPS:

- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Facility/office where procedures are performed"
- 3. Fill out the application and click the "Submit" button.
 - You must include your e-mail address in order for our Webmaster to respond to you with your NIA-approved username and password.
- 4. New users will be granted immediate access.

NOTE: On subsequent visits to the site, click the "Sign In" button to proceed.

If you have multiple staff members entering authorizations and you want each person to be able to see all approved, pended and in review authorizations, they will need to register for a rendering username and password. Each user will need to complete an application on RadMD. This will allow users to see all approved, pended and in review authorizations under your Tax ID Number. Rendering access will also allow facility to submit outpatient imaging requests on behalf of ordering provider.





NIA offers a **Shared Access** feature on our <u>RadMD.com</u> website. Shared Access allows ordering providers to view authorization requests initiated by other RadMD users within their practice.

		Provider Resources	User	▼
Request	Resources and Tools			
Exam or specialty procedure (including Cardiac, Ultrasound, Sleep Assessment)	Shared Access Clinical Guidelines			
Physical Medicine Initiate a Subsequent Request	Request access to Tax ID			
Radiation Treatment Plan	News and Updates			
Pain Management or Minimally Invasive Procedure				
Spine Surgery or Orthopedic Surgery				
Genetic Testing				
	Login As Username:	Login		
Request Status				
Search for Request	Tracking Number:	Search		
View All My Requests	Forgot Tracking I	lumber?		

If practice staff is unavailable for a period of time, access can be shared with other users in the practice. They will be able to view and manage the authorization requests initiated on <u>RadMD.com</u>, allowing them to communicate with members and facilitate treatment.

When to Contact NIA

Providers:



Initiating or checking the status of an authorization request	 Website, <u>www.RadMD.com</u> Toll-free number 1-866-493-9441 - Interactive Voice Response (IVR) System
Initiating a Peer-to-Peer Consultation	 Call 1-866-493-9441
Provider Service Line	 <u>RadMDSupport@Evolent.com</u> Call 1-800-327-0641
Provider Education requests or questions specific to NIA	 Meghan Murphy Provider Relations Manager 1-800-450-7281 Ext. 31042 <u>mmurphy@Evolent.com</u>

RadMD Demonstration





Confidentiality Statement



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Thanks

