

# Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Musculoskeletal (MSK) Management Program

Provider Training Presented by: Andrew Dietz, DPT

December 2023









# National Imaging Associates, Inc. (NIA)\* Program Agenda

#### Our MSK Program



**Authorization Process** 

- Other Program Components
- Provider Tools and Contact Information
- RadMD Demo
- Questions and Answers

<sup>\*</sup> Effective 1/20/2023, National Imaging Associates, Inc. is now a subsidiary of Evolent Health. Evolent Health and its affiliates and subsidiaries collectively referred to as "Evolent."

### NIA Specialty Solutions

National Footprint / Experience

#### **National Footprint**

- Since 1995 delivering Medical Specialty Solutions; one of the *go-to* care partners in industry.
- 88 health plans/markets –
  partnering with NIA for
  management of Medical Specialty
  Solutions.
- 32.79M national lives –
  participating in an NIA Medical
  Specialty Solutions Program
  nationally.
- Diverse populations Medicaid, Exchanges, Medicare, Commercial, FEP, Provider Entities.



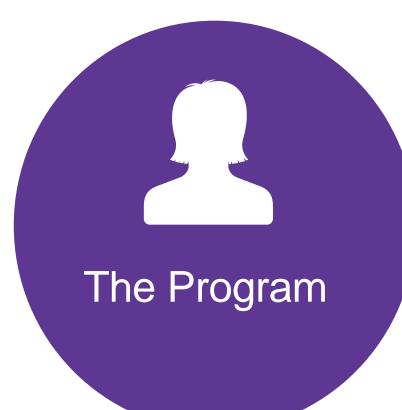
#### Commercial/Medicaid/Medicare Expertise/Insights

- 42 Commercial and 56 Medicaid plans/markets with NIA Medical Specialty Solutions in place.
- 10.66M Commercial and 22M
  Medicaid lives nationally in addition
  to 1.63M Medicare Advantage

# Intensive Clinical Specialization & Breadth

- Specialized Physician Teams
  - 160+ actively practicing, licensed, board-certified physicians
  - 28 specialties and sub-specialties

# NIA's MSK Prior Authorization Program



 Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Medicare will begin a prior authorization program through NIA for the management of MSK Services.



- Program start date:January 1, 2024
- Begin obtaining authorizations from NIA on January 1, 2024, via RadMD or Call Center for services rendered on or after January 1, 2024



#### Procedures:

 Inpatient and outpatient hip, knee, shoulder, lumbar and cervical spine surgeries

#### Settings:

- Surgery Center
- In Office Provider
- Hospital



- Medicaid
- Exchange Programs
- Medicare



NIA will manage nonemergent select services for Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Medicare effective January 1, 2023, through Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Medicare's contractual relationships

# NIA's Lumbar and Cervical Spine Surgery

Procedures Performed on or after January 1, 2024, Require Prior Authorization NIA's Call Center and RadMD will open January 1, 2024



# Targeted Lumbar and Cervical Spine Surgery Procedures Performed in an Inpatient and Outpatient Facility

- Lumbar Microdiscectomy
- Lumbar Decompression (Laminotomy, Laminectomy, Facetectomy & Foraminotomy)
- Lumbar Spine Fusion (Arthrodesis) With or Without Decompression – Single & Multiple Levels
- Cervical Anterior Decompression with Fusion –
   Single & Multiple Levels
- Cervical Posterior Decompression with Fusion –
   Single & Multiple Levels
- Cervical Posterior Decompression (without fusion)
- Cervical Artificial Disc Replacement Single & Two Levels
- Cervical Anterior Decompression (without fusion)
- Lumbar Artificial Disc Single & Two Levels
- Sacroiliac Joint Fusion





Excluded from the Program
Surgeries Performed in the
following Settings:

 Emergency Surgery – admitted via the Emergency Room

Please note that CPT Codes 22800-22819 used for reconstructive spinal deformity surgery do not require NIA/Wellcare Kentucky, Ambetter from Wellcare of Kentucky and Wellcare Medicare prior authorization. NIA will monitor the use of these CPT codes, but prior authorization is not currently required.

# NIA's Hip, Knee and Shoulder Surgery – Inpatient and Outpatient Facility Setting

Procedures Performed on or after January 1, 2023 Require Prior Authorization NIA's Call Center and RadMD will open January 1, 2023



#### **Targeted Hip Surgery**

- Revision/Conversion Hip Arthroplasty
- Total Hip Arthroplasty/Resurfacing
- Femoroacetabular Impingement (FAI) Hip Surgery (includes CAM/pincer & labral repair)
- Hip Surgery Other (includes synovectomy, loose body removal, debridement, diagnostic hip arthroscopy, and extraarticular arthroscopy knee)

#### **Targeted Knee Surgery**

- Revision Knee Arthroplasty
- Total Knee Arthroplasty (TKA)
- Partial-Unicompartmental Knee Arthroplasty (UKA)
- Knee Manipulation under Anesthesia (MUA)
- Knee Ligament Reconstruction/Repair
- Knee Meniscectomy/Meniscal Repair/Meniscal Transplant
- Knee Surgery Other (includes synovectomy, loose body removal, diagnostic knee arthroscopy, debridement with or without chondroplasty, lateral release/patellar realignment, articular cartilage restoration)



#### **Targeted Shoulder Surgery**

- Revision Shoulder Arthroplasty
- Total/Reverse Shoulder Arthroplasty or Resurfacing
- Partial Shoulder Arthroplasty/Hemiarthroplasty
- Shoulder Rotator Cuff Repair
- Shoulder Labral Repair
- Frozen Shoulder Repair/Adhesive Capsulitis
- Shoulder Surgery Other (includes debridement, manipulation, decompression, tenotomy, tenodesis, synovectomy, claviculectomy, diagnostic shoulder arthroscopy)



# Excluded from the Program Hip, Knee and Shoulder Surgeries Performed in the following Settings:

 Emergency Surgery – admitted via the Emergency Room

# List of CPT Procedure Codes Requiring Prior Authorization



Review Claims/Utilization Review Matrix to determine CPT codes managed by NIA



CPT Codes and their Allowable Billable Groupings



Located on <a href="www.RadMD.com">www.RadMD.com</a>



Defer to Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Medicare's Policies for procedures not on Claims/Utilization Review Matrix.









#### 2024 Utilization Review Matrix Centene FL Sunshine Health

Joint Surgery

| HIP SURGERY PROCEDURES  |                     |                            |   |  |  |
|---|---------------------|----------------------------|---|--|--|
| Procedure Name  | Primary<br>CPT Code | Allowable Billed Groupings | Additional Covered Procedures/Codes                               |  |  |
| Authorization is provided at the procedure level. There are multiple CPT codes that can be associated with each procedure. These are associated with each procedure of the primary request and, when completed in combination, do not require a separate authorization. |                     |                            |   |  |  |
| Revision/Conversion Hip<br>Arthroplasty   | 27134               | 27132, 27134, 27137, 27138 |   |  |  |
| Total Hip<br>Arthroplasty/Resurfacing   | 27130               | 27130, S2118               |   |  |  |
| Femoroacetabular Impingement<br>(FAI) Hip Surgery   | 29914               | 29914, 29915, 29916        | Loose Body Removal: 29861 Chondroplasty: 29862 Synovectomy: 29863 |  |  |
| Hip Surgery – Other   | 29863               | 29860, 29861, 29862, 29863 |   |  |  |

| KNEE SURGERY PROCEDURES  |                     |                            |                                     |  |  |  |
|--|---------------------|----------------------------|-------------------------------------|--|--|--|
| Procedure Name   | Primary<br>CPT Code | Allowable Billed Groupings | Additional Covered Procedures/Codes |  |  |  |
| Authorization is provided at the procedure level. There are multiple CPT codes that can be associated with each procedure. These are associated to be part of the primary request and, when completed in combination, do not require a separate authorization. |                     |                            |                                     |  |  |  |
| Revision Knee Arthroplasty   | 27487               | 27486, 27487               |                                     |  |  |  |
| Total Knee Arthroplasty (TKA)  | 27447               | 27447                      |                                     |  |  |  |

#### Prior Authorization Process Overview



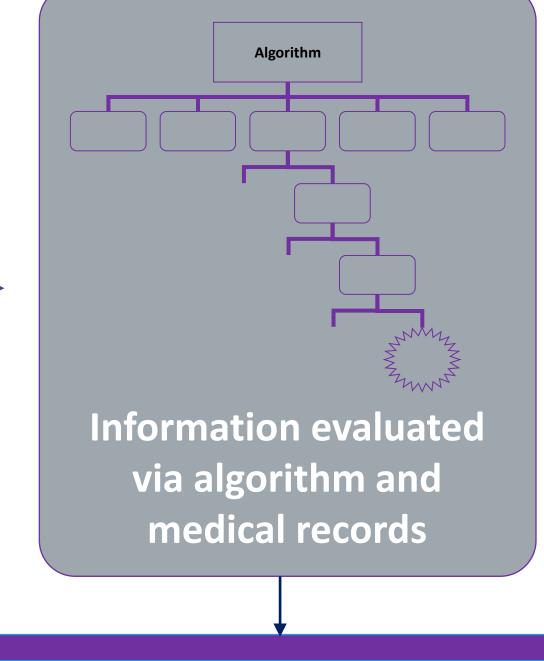
Ordering Physician is responsible for obtaining prior authorization. Provider may be both ordering and rendering



Submit Requests
Online Through
RadMD.com



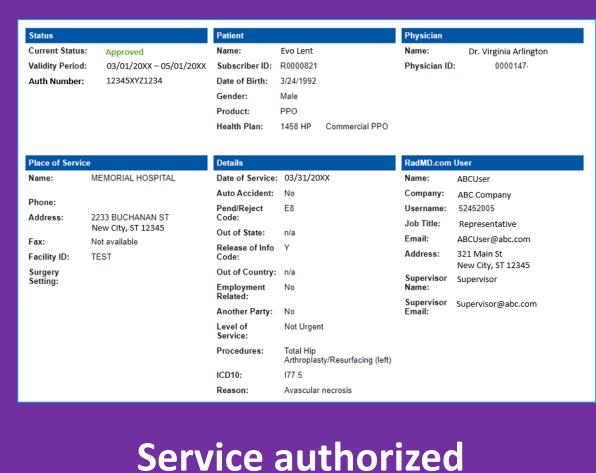
or by Phone



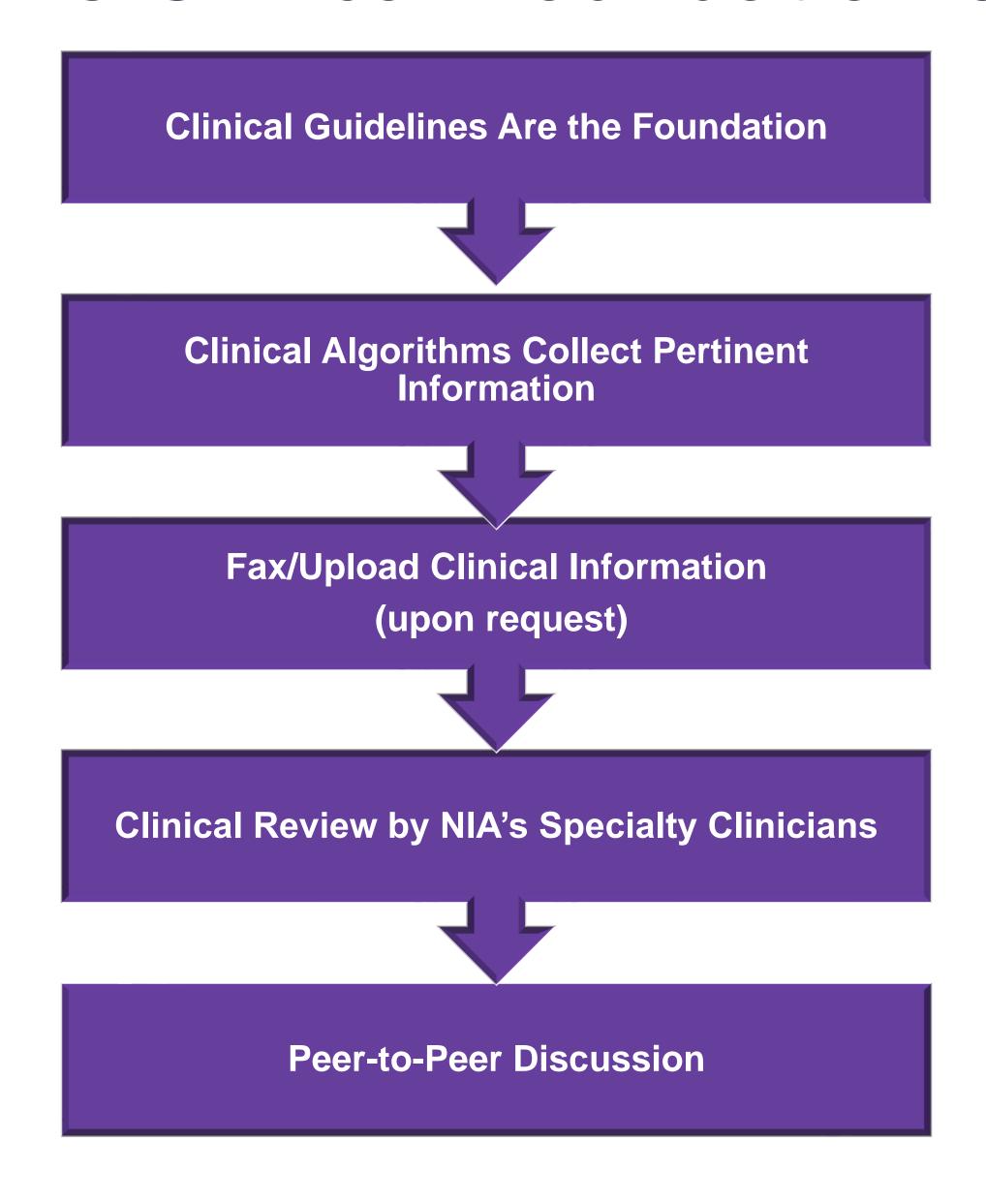




Rendering Provider performs service and ensures authorization was obtained



#### NIA's Clinical Foundation & Review



- Clinical guidelines were developed by practicing specialty physicians through literature reviews and evidenced-based research. Guidelines are reviewed and mutually approved by the Plan and NIA Medical Officers and clinical experts. Clinical Guidelines are available on RadMD.com
- Algorithms are a branching structure that changes depending upon the answer to each question.
- The member's clinical information/medical record will be required for validation of clinical criteria before an approval can be made.
- NIA has a specialized clinical team focused on MSK.
- Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines.
- Our goal ensure that members are receiving appropriate care.

### Information for Authorization for Surgery Procedures

# Special Information

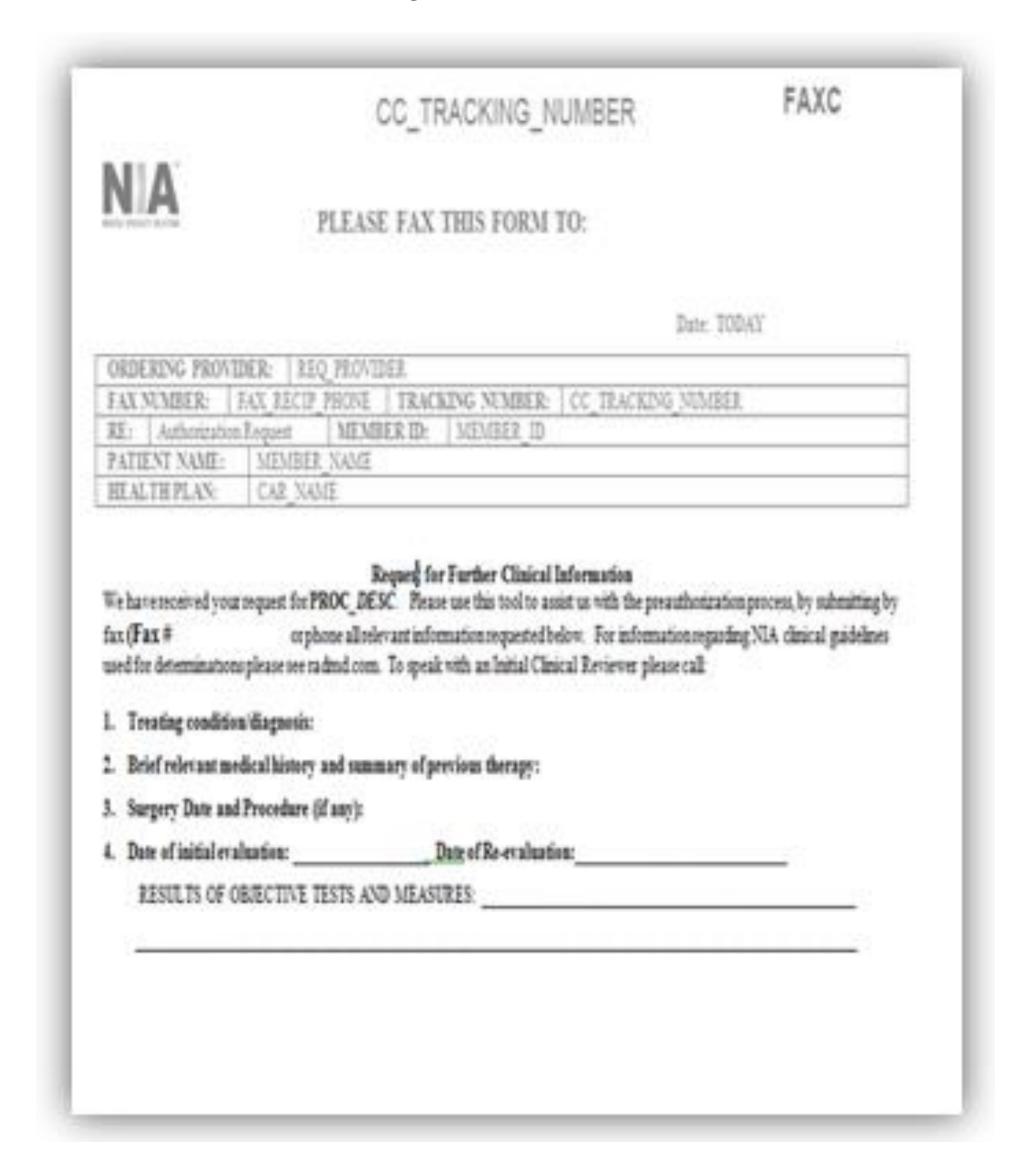
- Most surgeries will require only one authorization request. NIA will provide a list
  of surgery categories to choose from. The surgeon's office must select the most
  complex and invasive surgery being performed as the **primary** surgery.
  - Example 1: A lumbar fusion authorization includes decompression, instrumentation, etc.
  - Example 2: A knee ligament reconstruction includes meniscectomy, debridement, etc.
- Bilateral hip or knee surgeries require authorization for both the left and right side. These requests can be entered at the same time and will be reviewed concurrently. ACDF and posterior cervical fusion require authorization for each procedure. These requests can be entered at the same time and will be reviewed concurrently.
- Inpatient admissions will continue to be subject to concurrent review by Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Medicare.
- Date of Service is required.
- Facility admissions do not require a separate prior authorization. However, the facility should ensure that an NIA prior authorization has been obtained prior to scheduling the surgery.

# Surgery Clinical Checklist Reminders

#### Surgery Documentation:

- Details regarding the member's symptoms and their onset/duration
- Physical exam findings
- Conservative treatment modalities with dates and duration (e.g., physical therapy, home exercise plan, injections, medications, activity modification)
- Diagnostic imaging results
- Ordering physician's surgical plan (including a discussion about the potential risks and benefits of the procedure) (BMI, smoking history, mental status for some surgeries)

# NIA to Physician: Request for Clinical Information





A fax is sent to the provider detailing what clinical information that is needed, along with a fax coversheet.



We stress the need to provide the clinical information as quickly as possible so we can make a determination.



Determination timeframe begins after receipt of clinical information.



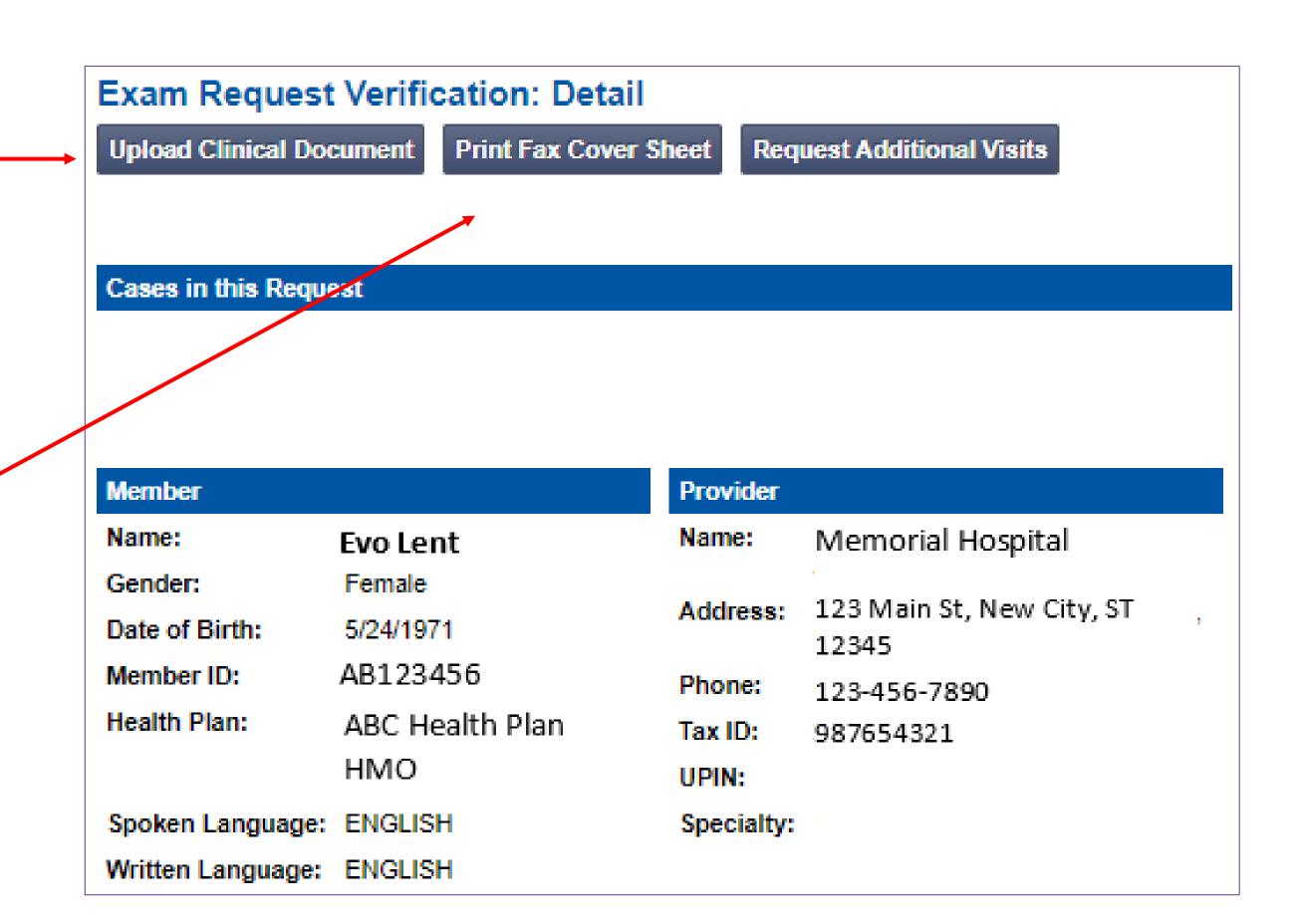
Failure to receive requested clinical information may result in non certification.

# Submitting Additional Clinical Information

- Records may be submitted:
  - Upload to <u>www.RadMD.com</u>
  - Fax using that NIA coversheet
- Location of fax coversheets:
  - Can be printed from www.RadMD.com
  - Call:
    - Medicaid and Exchange:
       1-866-214-2569
    - Medicare:

1-800-424-5388

 Use the case specific fax coversheets when faxing clinical information to NIA



# Clinical Specialty Team: Focused on MSK



#### MSK Surgery Reviews

Initial clinical review performed by specialty trained surgery nurses

Surgery concierge team will proactively reach out for additional clinical information Orthopedic surgeons or neurosurgeons conduct clinical reviews and peer-to-peer discussions on surgery requests

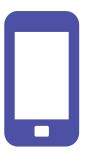
#### MSK Clinical Review Process

#### Physicians' Office Contacts NIA for Prior Authorization









#### NIA Initial Clinical Specialty Team Review

- Additional clinical information submitted and reviewed Procedure Approved
- Additional clinical not complete or inconclusive Escalate to Physician Review



Designated & Specialized Clinical MSK Team interacts with Provider Community.

1

2

System Evaluates Request Based on Information Entered by Physician & Physician Profile

Additional clinical information required

(4

#### NIA Specialty Physician Reviewers

• NIA Physician approves case without peer-to-peer



Peer-to-peer outbound attempt made if case is not approvable

- NIA Physician approves case with peer-to-peer
- Ordering Physician withdraws case during peer-topeer
- Physician denies case based on medical criteria



Generally, the turnaround time for completion of these requests is within two business days upon receipt of sufficient clinical information

# NIA Urgent/Expedited MSK Authorization Process

#### Urgent/Expedited MSK Authorization Process

- If an urgent clinical situation exists (outside of a hospital emergency room) during business hours, please call NIA immediately.
- The NIA website <u>www.RadMD.com</u> cannot be used for medically urgent or expedited prior authorization requests during business hours. Those requests must be processed by calling the NIA call center at 1-866-214-2569 for Medicaid and Exchange; 1-800-424-5388 for Medicare.
- Turnaround time is within 1 business day not to exceed 72 business calendar hours.

### Notification of Determination

#### **Authorization Notification**

- Validity Period Authorizations are valid for:
   Surgical
  - Inpatient 1 day from date of service/request
  - Outpatient- SDC/Ambulatory 30 days from date of request
  - Wellcare authorizations 60 days from date of request
- The date of request that is selected at the time of the prior authorization request will be used to determine the validity period. If the date of request changes, please contact NIA to update.

#### **Denial Notification**

- Notifications will include an explanation of what services have been denied and the clinical rationale for the denial
- A peer-to-peer discussion can be initiated once the adverse determination has been made.
- Exchange reconsideration and Medicaid rereview is available with new or additional information.
- Timeframe for exchange plan reconsiderations is 5 business days and Medicaid re-review is 2 business days.
- In the event of a denial, providers are asked to follow the instructions provided in their denial letter.
- Medicare re-opens are not available.

# Claims and Appeals

#### **How Claims Should be Submitted**

- Rendering providers/facilities should continue to send their claims directly to the health plan.
- Providers are strongly encouraged to use EDI claims submission.
- Check on claims status by logging on to the following websites:
  - SunshineHealth.com/providers for Sunshine Health and Children's Medical Services Health Plan
  - Ambetter.SunshineHealth.com/providerresources.html for Ambetter from Sunshine Health
  - Provider.Wellcare.com for Wellcare Medicare

#### Claims Appeals Process

• In the event of a prior authorization or claims payment denial, providers may appeal the decision through the health plan and should follow the instructions on their nonauthorization letter or Explanation of Payment (EOB) notification.

# MSK Surgery Points – Lumbar/Cervical Spine Surgery



Inpatient and outpatient non-emergent surgeries



Spine surgery is focused on lumbar and/or cervical spine surgeries



For spinal surgeries, only one authorization request per surgery. For example, a Lumbar fusion authorization includes decompression, instrumentation, etc.



CPT Codes 22800-22819 used for reconstructive spinal deformity surgery and the associated instrumentation do not require prior authorization. NIA will monitor the use of these CPT codes.

# MSK Surgery Points – Hip, Knee and Shoulder Surgery



Bilateral hip or knee surgeries require authorization for both the left **and** right side. These requests can be entered at the same time and will be reviewed concurrently. ACDF and posterior cervical fusion require authorization for each procedure. These requests can be entered at the same time and will be reviewed concurrently.



Surgeries addressing the following are not included in the musculoskeletal management program: trauma, amputation, fracture, active infection, pediatric conditions, congenital malformation, dysplasia (hip), palsy/plegia, osteochondritis dissecans (knee), osteotomy (knee), tumor, cyst, cancer, arthrodesis, girdle resection (hip), denervation (hip), joint dislocation, hemiarthroplasty (hip), hardware removal, & foreign body.

# MSK Surgery Points – For All Surgeries



Specialized Orthopedic Surgeons or Neurosurgeons will review surgery requests. Inpatient admissions will continue to be subject to concurrent review by Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Medicare.



Facility admissions do not require a separate prior authorization. However, the facility should ensure that an NIA prior authorization has been obtained prior to scheduling the surgery.



Authorizations are valid for 30 days for outpatient, 1 day for inpatient (Medicaid and Ambetter), and 60 days for Medicare from the date of service. NIA must be notified of any changes to the date of service.

### Provider Tools



#### **RadMD Website**

RadMD.com

#### Available



24/7 (except during maintenance, performed every third Thursday of the month from 9 pm – midnight PST)



Toll-Free Number
Medicaid and Exchange:
1-866-214-2569

Medicare: 1-800-424-5388



Available Monday - Friday 8:00 AM - 8:00 PM EST

- Request Authorization
- View Authorization Status
- View and manage Authorization Requests with other users
- Upload Additional Clinical Information
- View requests for additional information and Determination Letters
- View Clinical Guidelines
- View Frequently Asked Questions (FAQs)
- View Other Educational Documents
- Interactive Voice Response (IVR)
   System for authorization tracking

#### NIA's Website

#### www.RadMD.com

#### RadMD functionality varies by user:

- Ordering Provider's Office View and submit requests for authorization.
- Rendering Provider Views approved, pended and in review authorizations for their facility.
- Surgery providers are typically both the ordering and the rendering provider.

# Online tools accessed through www.RadMD.com:

- NIA's Clinical Guidelines
- Frequently Asked Questions
- Quick Reference Guides
- Surgery Checklists/Tip Sheets
- RadMD Quick Start Guide
- Claims/Utilization Matrices



### Registering on RadMD.com To Initiate Authorizations

Everyone in your organization is required to have their own separate username and password due to HIPAA regulations.

#### **STEPS:**

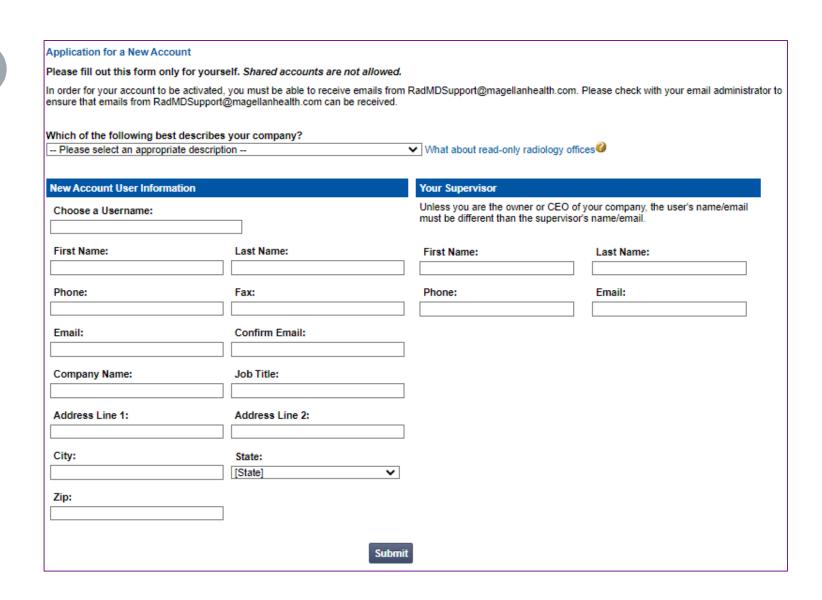
- Click the "New User" button on the right side of the home page.
- 2. Select "Physician's office that orders procedures"
- 3. Fill out the application and click the "Submit" button.
  - You must include your e-mail address in order for our Webmaster to respond to you with your NIA-approved username and password.

NOTE: On subsequent visits to the site, click the "Sign In" button to proceed.

Offices that will be both ordering and rendering should request ordering provider access, this will allow your office to request authorizations on RadMD and see the status of those authorization requests.



-- Please Select an Appropriate Description -Physician's office that orders procedures
Facility/office where procedures are performed
Health Insurance company
Cancer Treatment Facility or Hospital that performs radiation oncology procedures
Physicians office that prescribes radiation oncology procedures
Physical Medicine Practitioner (PT, OT, ST, Chiro, etc.)



# Allows users the ability to view all approved, pended and in review authorizations for facility

#### **IMPORTANT**

Everyone in your organization is required to have their own separate username and password due to HIPAA regulations.

Designate an "Administrator" for the facility who manages the access for the entire facility.

#### STEPS:

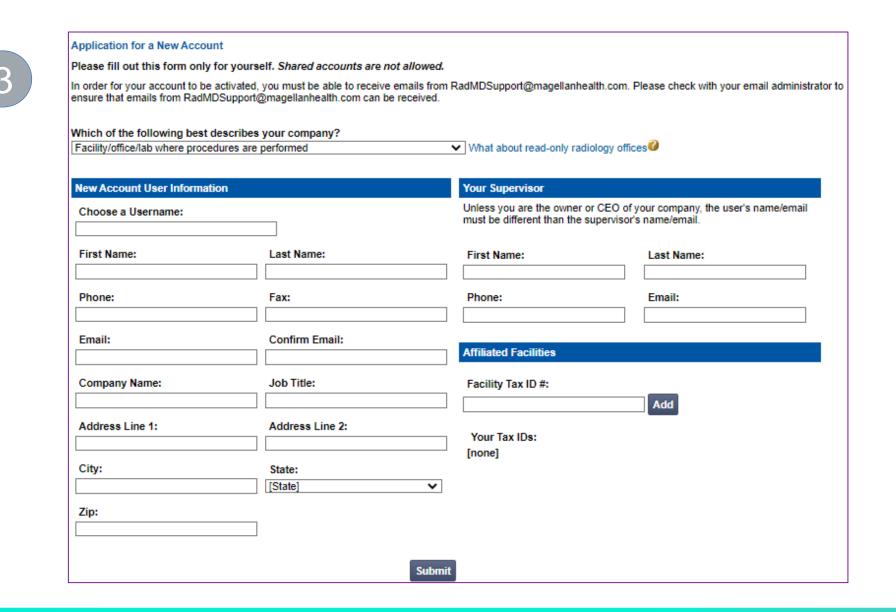
- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Facility/office where procedures are performed"
- 3. Fill out the application and click the "Submit" button.
  - You must include your e-mail address in order for our Webmaster to respond to you with your NIA-approved username and password.
- 4. New users will be granted immediate access

NOTE: On subsequent visits to the site, click the "Sign In" button to proceed.

If you have multiple staff members entering authorizations and you want each person to be able to see all approved, pended and in review authorizations, they will need to register for a rendering username and password. The administrator will have the ability to approve rendering access for each employee. This will allow users to see all approved, pended and in review authorizations under your organization.



-- Please Select an Appropriate Description -Physician's office that orders procedures
Facility/office where procedures are performed
Health Insurance company
Cancer Treatment Facility or Hospital that performs radiation oncology procedures
Physicians office that prescribes radiation oncology procedures
Physical Medicine Practitioner (PT, OT, ST, Chiro, etc.)



#### RadMD Enhancements

NIA offers a **Shared Access** feature on our <u>RadMD.com</u> website. Shared Access allows ordering providers to view authorization requests initiated by other RadMD users within their practice.

|   |  | Provider Resources | User | • |
|---|--|--------------------|------|---|
| Request   | Resources and Tools                          |                    |      |   |
| Exam or specialty procedure   | Shared Access                                |                    |      |   |
| (including Cardiac, Ultrasound, Sleep Assessment) Physical Medicine | Clinical Guidelines Request access to Tax ID |                    |      |   |
| Initiate a Subsequent Request Radiation Treatment Plan              | News and Updates                             |                    |      |   |
| Pain Management or Minimally Invasive Procedure                     |  |                    |      |   |
| Spine Surgery or Orthopedic Surgery                                 |  |                    |      |   |
| Genetic Testing   |  |                    |      |   |
|   | Login As Username:                           | Login              |      |   |
| Request Status  |  |                    |      |   |
| Search for Request View All My Requests                             | Tracking Number: Forgot Tracking             | Number?            |      |   |

If practice staff is unavailable for a period of time, access can be shared with other users in the practice. They will be able to view and manage the authorization requests initiated on <a href="RadMD.com">RadMD.com</a>, allowing them to communicate with members and facilitate treatment.

#### When to Contact NIA

#### Providers:

| Initiating or checking the status of an authorization request | <ul> <li>Website, <u>www.RadMD.com</u></li> <li>Toll-free number 1-866-214-2569 (Medicaid and Exchange) and 1-800-424-5388 (Medicare) - Interactive Voice Response (IVR) System</li> </ul> |
|---|--|
| Initiating a Peer-to-Peer Consultation                        | <ul> <li>Call 1-866-214-2569 (Medicaid and Exchange) and<br/>1-800-424-5388 (Medicare)</li> </ul>  |
| Provider Service Line   | <ul> <li>RadMDSupport@Evolent.com</li> <li>Call 1-800-327-0641</li> </ul>  |
| Provider education  | <ul> <li>Andrew Dietz</li> </ul>   |

Provider education requests or questions specific to NIA

Andrew Dietz
 Senior Provider Relations Manager
 407-967-4636
 Adietz@Evolent.com

### RadMD Demonstration

# Confidentiality Statement

The information presented in this presentation is confidential and expected to be used solely in support of the delivery of services to Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Medicare members. By receipt of this presentation, each recipient agrees that the information contained herein will be kept confidential and that the information will not be photocopied, reproduced, or distributed to or disclosed to others at any time without the prior written consent of Sunshine Health, Ambetter from Sunshine Health, Children's Medical Services Health Plan and Wellcare Medicare and Evolent Health, LLC.



# Thanks!