

Cardiac Checklist

Please be prepared to provide the **applicable information** from the following list when requesting prior authorization for a cardiac procedure managed by Evolent*:

- Medical chart notes** – all notes from patient chart related to the requested procedure, including patient’s current cardiac status/symptoms, cardiac risk factors, and indications.

- Relevant patient information**, including:
 - Patient age, height, weight, and BMI.**
 - Family history of heart problems.**
 - Medical history/cardiac risk factors** (e.g., diabetes, hypertension, stroke, high cholesterol, obesity, smoker, etc.).
 - Previous cardiac treatments, surgeries, or interventions** (medications, CABG, PTCA, stent, heart valve surgery, pacemaker/defibrillator insertion, surgery for congenital heart disease, etc.).
 - Problems with ability to exercise.**

- Previous diagnostic/imaging reports** (exercise stress test, echocardiography, stress echocardiography, MPI, coronary angiography, etc.).

- Examples of Highly Pertinent Data from the Medical Record:**
 - Pacemaker or Implantable Cardioverter Defibrillator (ICD):** symptoms of syncope/presyncope, information on structural heart disease, EKG showing conduction abnormalities, and rhythm data (Holter, event monitor, electrophysiologic study, tilt table testing).
 - Cardiac catheterization:** Recent symptoms with concern for unstable angina documented in notes, antianginal medication, left ventricular function studies, and stress test results.
 - Cardiac resynchronization therapy (CRT):** Congestive heart failure symptoms with associated NYHA functional class, heart failure medications, EKG tracing, and left ventricular ejection fraction studies.
 - Stress Testing:** Age, description of symptoms, functional limitations, cardiac history/ risk factors, comorbidities (COPD, renal, stroke, chemotherapy, etc.), EKG tracing.

- Symptom history** (onset, course, new or changing symptoms) related to all pertinent cardiac conditions.

- Examination results**, including evaluation of hypertension, heart failure, description of any murmurs or abnormal rhythm.

* Evolent performs medical specialty services for selected procedures on behalf of HMSA

- For pediatric patients:**
 - Congenital heart disease:** cyanosis, failure to thrive, syncope, chest pain, abnormal murmurs, prior surgery, arrhythmogenic cardiomyopathy.
 - Acquired heart disease:** Kawasaki disease, endocarditis, pericarditis, HIV myocarditis, exposure to cardio toxic drugs, newly acquired hypertension, rheumatic heart disease.
 - Non-cardiac diseases:** pulmonary hypertension, in-dwelling catheters, sepsis, thromboembolic events, etc.
 - Arrhythmias,** with possibly underlying structural heart disease.