

# Fidelis Care Musculoskeletal (MSK) Management Program

Provider Training Presented by: Seth Cohen PT, DPT



# National Imaging Associates, Inc. (NIA)\* Program Agenda

## Our MSK Program

- Authorization Process
  - Other Program Components
- Provider Tools and Contact Information
- RadMD Demo
- Questions and Answers

<sup>\*</sup> Effective 1/20/2023, National Imaging Associates, Inc. is now a subsidiary of Evolent Health. Evolent Health and its affiliates and subsidiaries collectively referred to as "Evolent."

## NIA Specialty Solutions

National Footprint / Experience

#### **National Footprint**

- Since 1995 delivering Medical Specialty Solutions; one of the *go-to* care partners in industry.
- 88 health plans/markets –
  partnering with NIA for
  management of Medical Specialty
  Solutions.
- 32.79M national lives –
  participating in an NIA Medical
  Specialty Solutions Program
  nationally.
- Diverse populations Medicaid, Exchanges, Medicare, Commercial, FEP, Provider Entities.



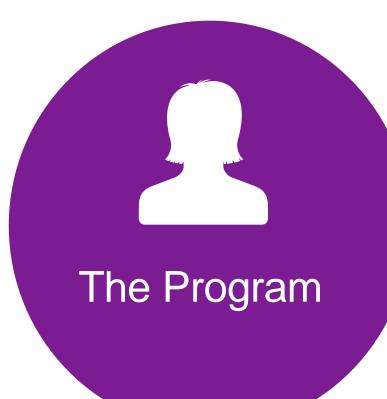
#### Commercial/Medicaid/Medicare Expertise/Insights

- 42 Commercial and 56 Medicaid plans/markets with NIA Medical Specialty Solutions in place.
- 10.66M Commercial and 20.51M
  Medicaid lives nationally in addition
  to 1.63M Medicare Advantage

# Intensive Clinical Specialization & Breadth

- Specialized Physician Teams
  - 160+ actively practicing, licensed, board-certified physicians
  - 28 specialties and sub-specialties

# MSK Prior Authorization Program



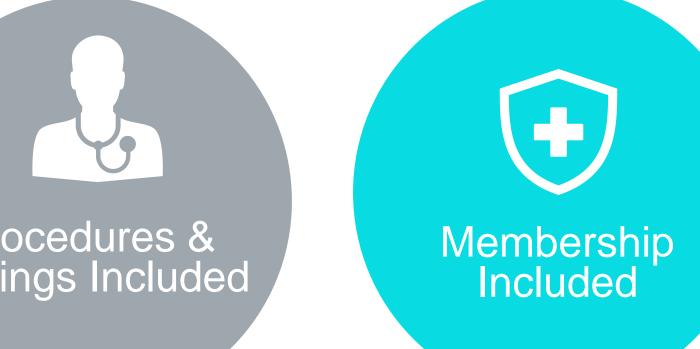
Fidelis Care will begin a prior authorization program through NIA for the management of MSK Services.



- Program start date: January 1, 2024
- Begin obtaining authorizations from NIA on January 1, 2024, for services rendered on or after January 1, 2024
- Fidelis Care and NIA will honor authorizations approved prior to and extending beyond January 1, 2024.



- Inpatient and outpatient hip, knee, shoulder, lumbar and cervical spine surgeries
- **Surgery Center**
- In Office
- Hospital



- Medicare
- Medicaid
- **Dual Advantage**
- Essential
- CHP
- **Qualified Health Plans**



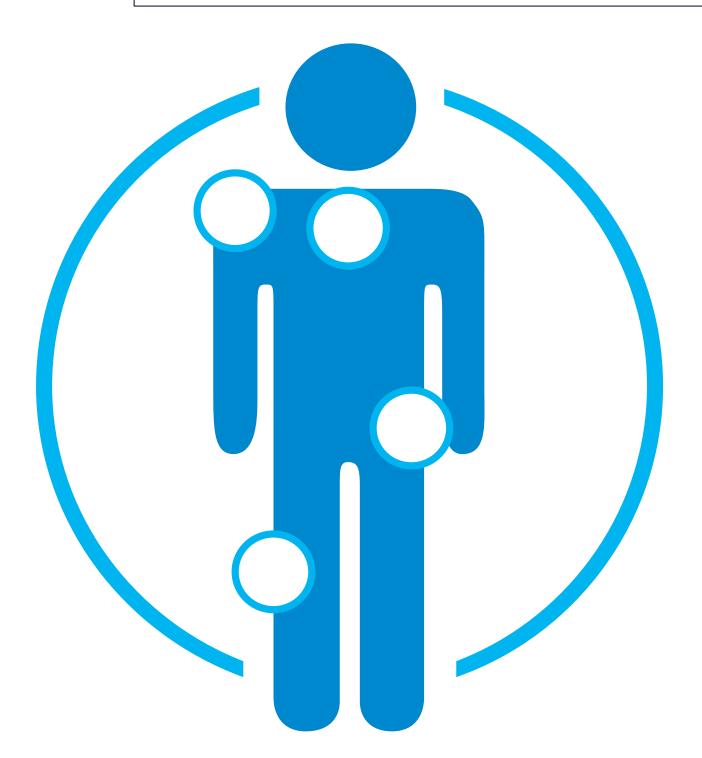
NIA will manage services through Fidelis Care contractual relationships.

# Lumbar and Cervical Spine Surgery

## **Lumbar and Cervical Spine Surgeries Performed Inpatient and Outpatient**

- Cervical Anterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression (without fusion)
- Cervical Artificial Disc Replacement Single & Two Levels
- Cervical Anterior Decompression (without fusion)
- Lumbar Microdiscectomy
- Lumbar Decompression (Laminotomy, Laminectomy, Facetectomy & Foraminotomy)
- Lumbar Spine Fusion (Arthrodesis) With or Without Decompression – Single & Multiple Levels
- Lumbar Artificial Disc Single & Two Levels
- Sacroiliac Joint Fusion

Procedures Performed on or after January 1, 2024, Require Prior Authorization. NIA's Call Center and RadMD will open January 1, 2024.





## Surgery Performed in this Setting is Excluded:

Emergency Surgery –
 admitted via the
 Emergency Room

Reconstructive spinal deformity surgery does not require prior authorization. However, NIA will monitor provider use of CPT codes 22800-22819.

# Hip, Knee and Shoulder Surgery

#### **Hip Surgeries Performed Inpatient and Outpatient**

- Revision/Conversion Hip Arthroplasty
- Total Hip Arthroplasty/Resurfacing
- Femoroacetabular Impingement (FAI) Hip Surgery (includes CAM/pincer & labral repair)
- Hip Surgery Other (includes synovectomy, loose body removal, debridement, diagnostic hip arthroscopy, and extra-articular arthroscopy knee)

#### **Knee Surgeries Performed Inpatient and Outpatient**

- Revision Knee Arthroplasty
- Total Knee Arthroplasty (TKA)
- Partial-Unicompartmental Knee Arthroplasty (UKA)
- Knee Manipulation under Anesthesia (MUA)
- Knee Ligament Reconstruction/Repair
- Knee Meniscectomy/Meniscal Repair/Meniscal Transplant
- Knee Surgery Other (includes synovectomy, loose body removal, diagnostic knee arthroscopy, debridement with or without chondroplasty, lateral release/patellar realignment, articular cartilage restoration)



#### **Shoulder Surgeries Performed Inpatient and Outpatient**

- Revision Shoulder Arthroplasty
- Total/Reverse Shoulder Arthroplasty or Resurfacing
- Partial Shoulder Arthroplasty/Hemiarthroplasty
- Shoulder Rotator Cuff Repair
- Shoulder Labral Repair
- Frozen Shoulder Repair/Adhesive Capsulitis
- Shoulder Surgery Other (includes debridement, manipulation, decompression, tenotomy, tenodesis, synovectomy, claviculectomy, diagnostic shoulder arthroscopy)



#### **Surgery Performed in this Setting is Excluded:**

 Emergency Surgery – admitted via the Emergency Room

# CPT Codes Requiring Prior Authorization (Spine)













# Fidelis Care Utilization Review Matrix 2024 Musculoskeletal Surgery (Hip, Knee, and Shoulder)

HIP SURGERY PROCEDURES					
Procedure Name	Primary CPT Code	Allowable Billed Groupings	Additional Covered Procedures/Codes		
Authorization is provided at the <u>procedure</u> level. There are multiple CPT codes that can be associated with each procedure. These are assumed to be part of the primary request and, when completed in combination, do not require a separate authorization.					
Revision/Conversion Hip Arthroplasty	27134	27132, 27134, 27137, 27138			
Total Hip Arthroplasty/Resurfacing	27130	27130, S2118			
Femoroacetabular Impingement (FAI) Hip Surgery	29914	29914, 29915, 29916	Loose Body Removal: 29861 Chondroplasty: 29862 Synovectomy: 29863		
Hip Surgery – Other	29863	29860, 29861, 29862, 29863			

# CPT Codes Requiring Prior Authorization (Joint Surgery)





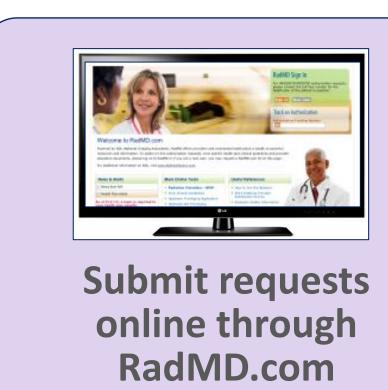
# Fidelis Care Utilization Review Matrix 2024 Musculoskeletal Surgery (Spine)

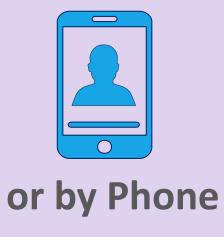
CERVICAL SPINE SURGERY PROCEDURES					
Procedure Name	Primary CPT Code	Allowable Billed Groupings	Additional Covered Procedures/Codes	Ancillary Procedures/Codes	
Authorization is provided assumed to be part of th		These codes do not require prior authorization.  If the main procedure is approved, these codes are understood to be included and do not require precertification from the health plan.  *Please note: This is not an all-inclusive list of every possible ancillary code			
Cervical Anterior Decompression (without fusion)	63075	63075, +63076		Vertebral Corpectomy: 63081, +63082, 63300, 63304, +63308 Instrumentation: +22859	
Cervical ACDF - Anterior Cervical Decompression with Fusion - Single Level	22551	22548, 22551, 22554	Decompression: 63075, +63076  Removal of Artificial Disc: 22864	Vertebral Corpectomy: 63081, +63082, 63300, 63304, +63308 Instrumentation: +22845, 22853, 22854 Bone Grafts: +20930, +20931, +20936, +20937, +20938	

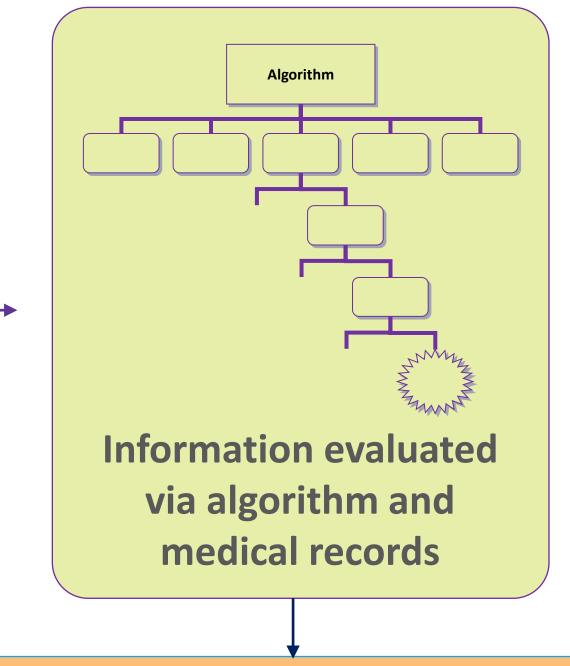
## Prior Authorization Process Overview

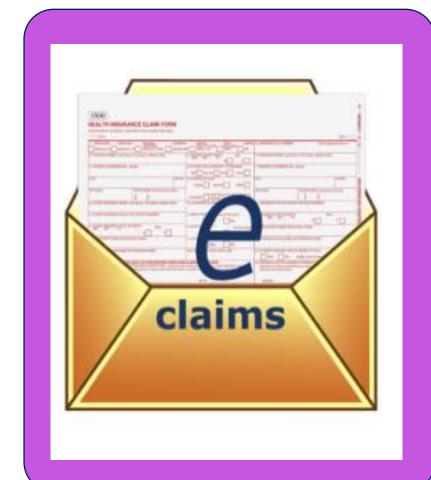


Ordering Physician is responsible for obtaining prior authorization.
MSK provider may be both ordering and rendering



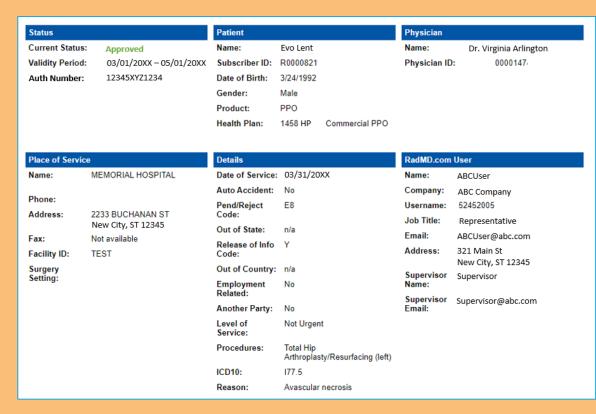






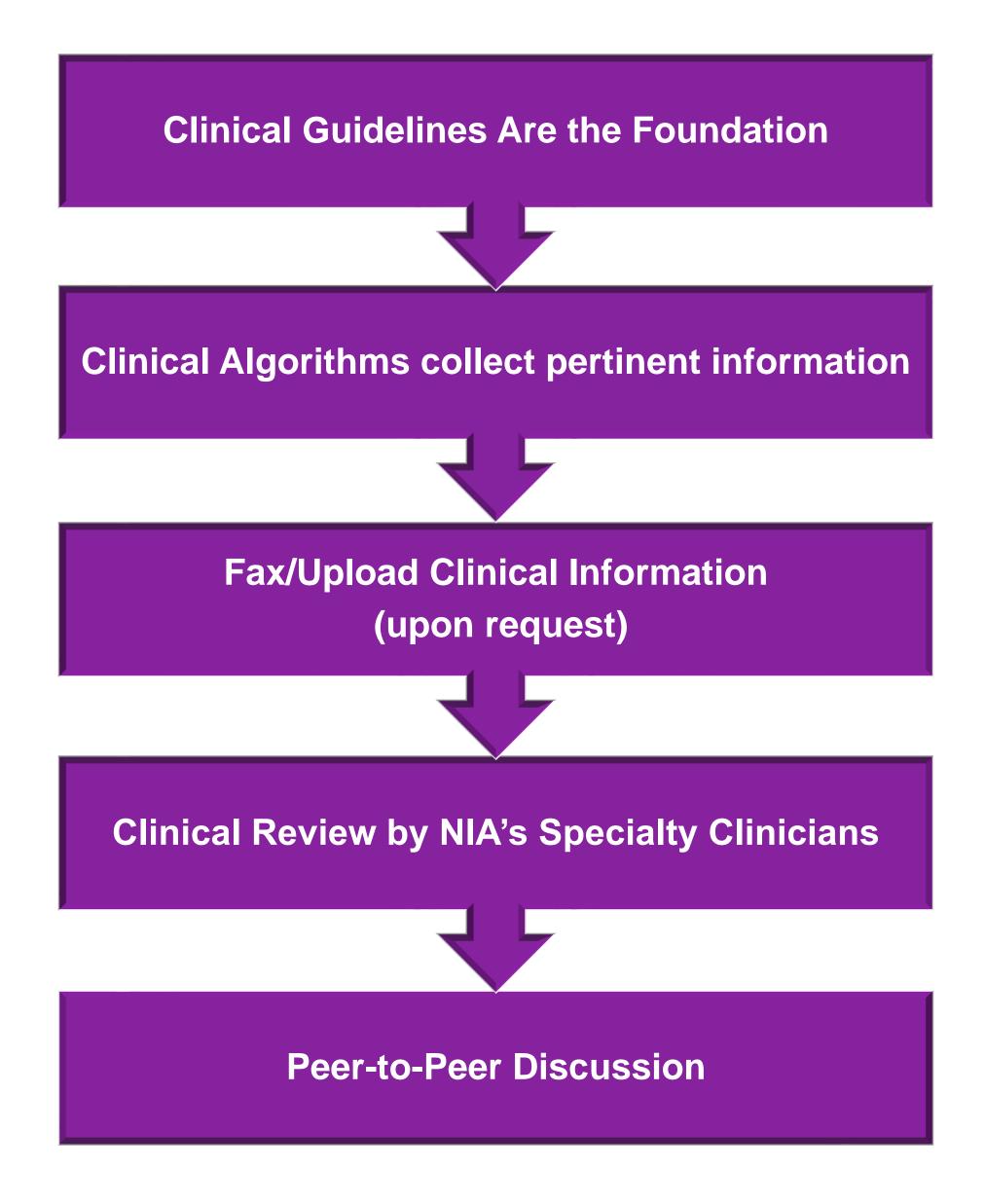


Rendering Provider verifies authorization was obtained and provides service



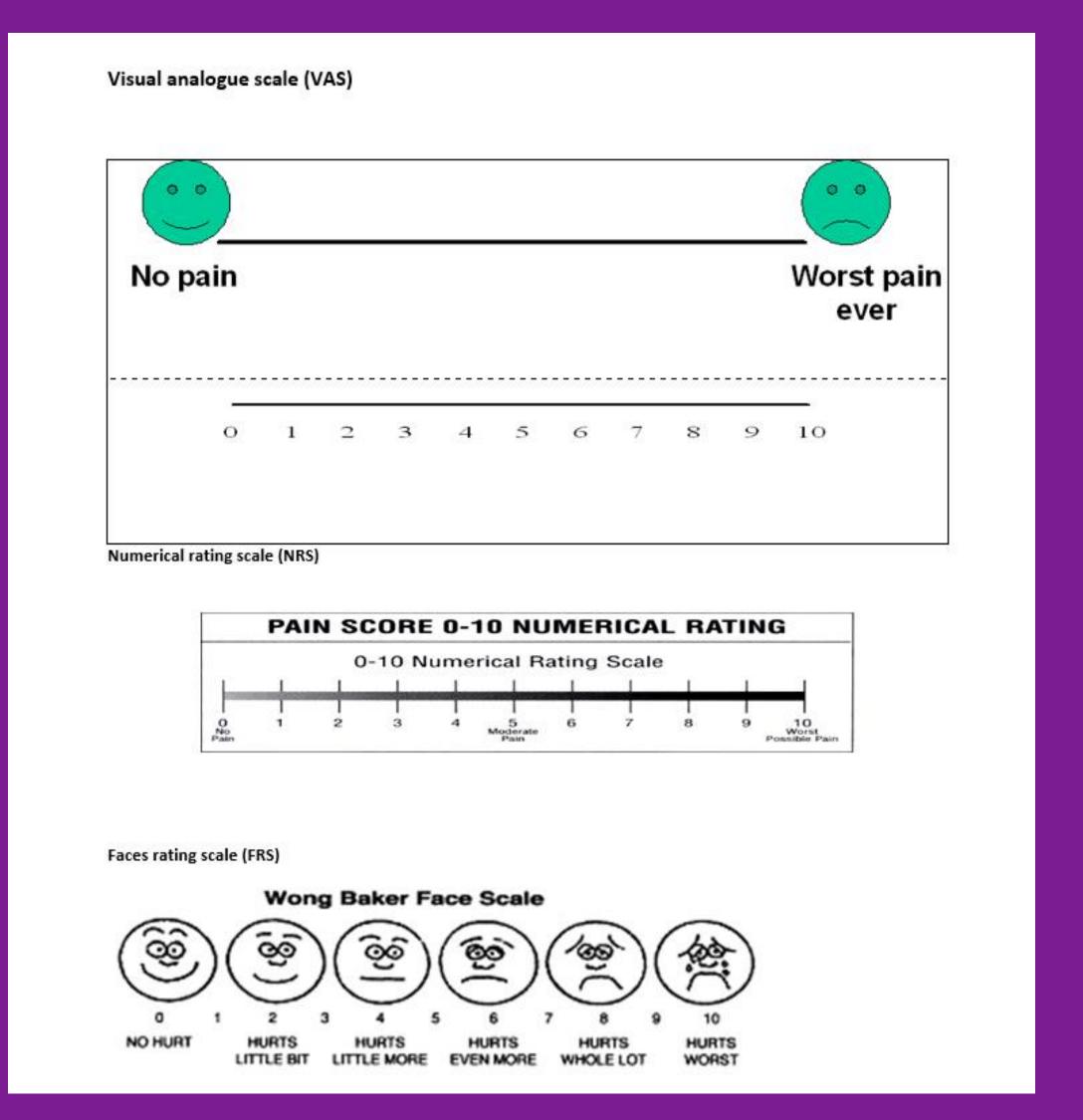
**Service Authorized** 

## NIA's Clinical Foundation & Review



- Clinical guidelines were developed by practicing specialty physicians, through literature reviews and evidenced-based research. Guidelines are reviewed and mutually approved by Fidelis Care and NIA Medical Officers and clinical experts. Clinical Guidelines are available on RadMD.com
- Algorithms are a branching structure that changes depending upon the answer to each question.
- The member's clinical information/medical record will be required for validation of clinical criteria before an approval can be made.
- NIA has a specialized clinical team focused on MSK.
- Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines.
- Our goal ensure that members are receiving appropriate care.

### Visual Analogue Scale (VAS) and Faces Rating Scale (FRS)



## Authorization for Surgery

# Special Information

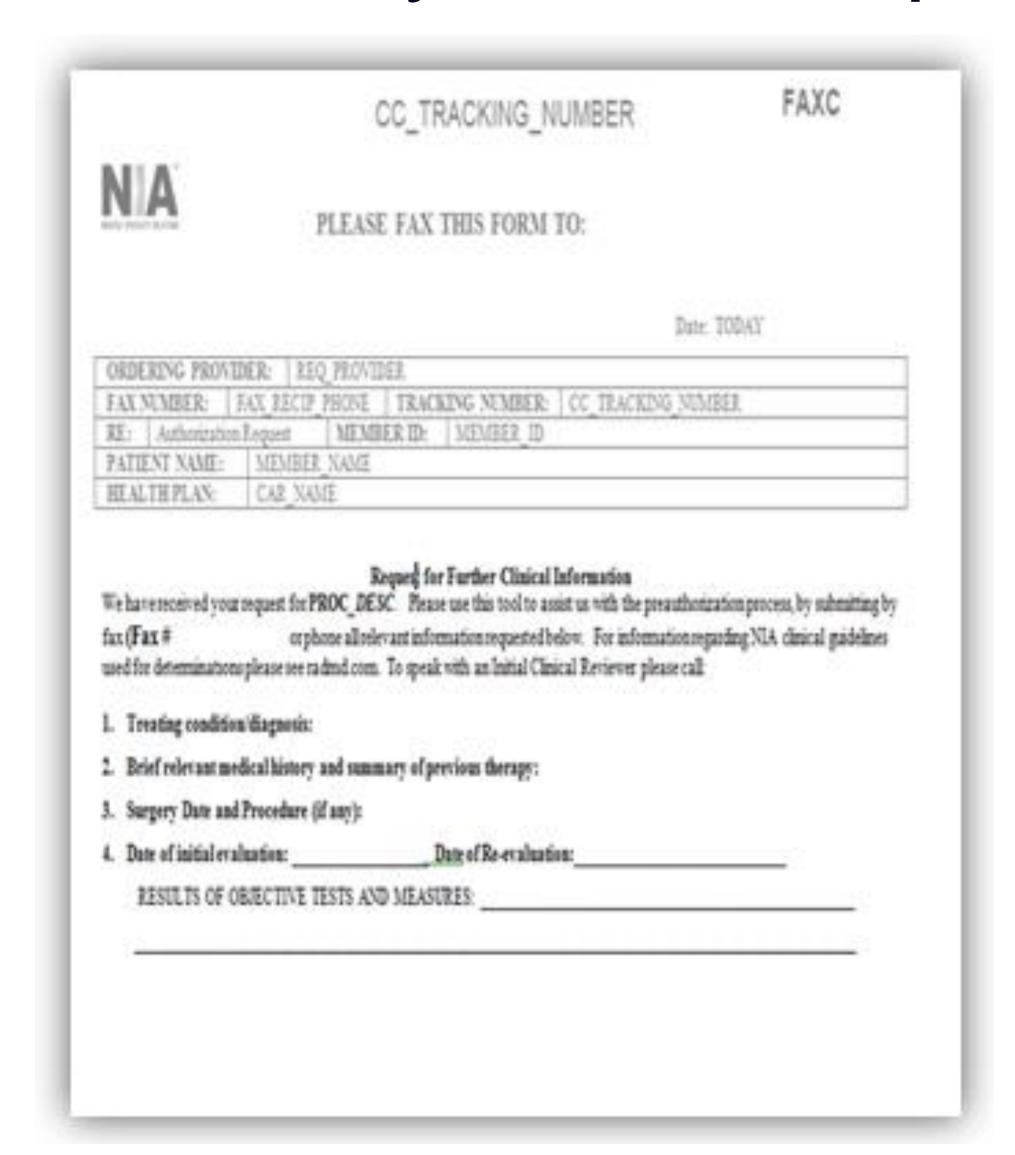
- Most surgeries require only one authorization request. NIA provides a list of surgery categories to choose from and the surgeon's office must select the most complex and invasive surgery being performed as the **primary** surgery.
  - Example 1: A lumbar fusion authorization includes decompression, instrumentation, etc.
  - Example 2: A knee ligament reconstruction includes meniscectomy, debridement, etc.
- Bilateral hip, knee, or shoulder surgeries require authorization for both the left and right side. ACDF and posterior cervical fusion require authorization for each procedure. These requests can be entered at the same time and will be reviewed concurrently.
- Inpatient admissions continue to be subject to concurrent review by Fidelis Care.
- Date of Service is required.
- The ordering physician must obtain prior authorization with NIA prior to performing the surgery/procedure.
- Facility admissions do not require a separate prior authorization. However, the facility should ensure that an NIA prior authorization has been obtained prior to scheduling the surgery/procedure.

# Surgery Clinical Checklist Reminders

### Surgery Documentation:

- Details regarding the member's symptoms and their onset/duration
- Physical exam findings
- Conservative treatment modalities with dates and duration (e.g., physical therapy, home exercise plan, injections, medications, activity modification)
- Diagnostic imaging results
- Ordering physician's surgical plan (including a discussion about the potential risks and benefits of the procedure) (BMI, smoking history, mental status for some surgeries)

# NIA to Physician: Request for Clinical Information





A fax is sent to the provider detailing what clinical information that is needed, along with a fax coversheet.



We stress the need to provide the clinical information as quickly as possible so we can make a determination.



Determination timeframe begins after receipt of clinical information.



Failure to receive requested clinical information may result in non certification.

## Submitting Additional Clinical Information

- Records may be submitted:
  - Upload to <u>https://www.RadMD.com</u>
  - Fax using NIA coversheet
- Location of Fax Coversheets:
  - Can be printed from https://www.RadMD.com
  - Call
    - 1-800-424-4952 (Medicaid, Essential, CHP, and Qualified Health)
    - 1-800-424-5390 (Medicare and Dual Advantage plans)
- Use the case specific fax coversheet when faxing clinical information to NIA



# Clinical Specialty Team: Focused on MSK

### **MSK Surgery Review**

Initial clinical review performed by specialty trained surgery nurses

Surgery concierge team will contact provider for additional clinical information Orthopedic surgeons or neurosurgeons conduct clinical reviews and peer-to-peer discussions on surgery requests

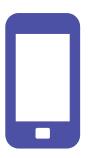
## MSK Clinical Review Process

## Physicians' Office Contacts NIA for Prior Authorization









## NIA Initial Clinical Specialty Team Review

- Additional clinical information submitted and reviewed Procedure Approved
- Additional clinical not complete or inconclusive Escalate to Physician Review



Designated & Specialized Clinical MSK Team interacts with Provider Community.

2

## Request Evaluated Based on Information Entered

Additional clinical information required

#### **NIA Specialty Physician Reviewers**

• NIA Physician approves case without peer-to-peer



Peer-to-peer outbound attempt made if case is not approvable

- NIA Physician approves case with peer-to-peer
- Ordering Physician withdraws case during peer-topeer
- Physician denies case based on medical criteria

Key NIA Differentiators

Generally, the turnaround time for completion of these requests is within two or three business days upon receipt of sufficient clinical information

## Urgent/Expedited Authorization Process

- If an urgent clinical situation exists (outside of a hospital emergency room) during business hours, please call NIA immediately.
- The NIA website <a href="https://www.RadMD.com">https://www.RadMD.com</a> cannot be used for medically urgent or expedited prior authorization requests during business hours. Those requests must be processed by calling the NIA call center:
  - 1-800-424-4952 (Medicaid, Essential, CHP, and Qualified Health)
  - 1-800-424-5390 (Medicare and Dual Advantage plans)
- Turnaround time is within 1 business day, not to exceed 72 calendar hours.

## Notification of Determination

#### **Authorization Notification**

• Authorizations are valid for:

#### Surgery

- Inpatient 90 calendar days from the date of the request
- Outpatient- SDC/Ambulatory 90 calendar days from the date of the request

#### **Denial Notification**

- Notifications include an explanation of services denied and the clinical rationale.
- A peer-to-peer discussion can be initiated once the adverse determination has been made.
- A re-review is available with new or additional information.
- Timeframe for re-review is 60 calendar days for Medicaid members, 1 year for Medicare and Dual Advantage members, and 180 calendar days for Essential, Qualified Health, and CHP members from the denial notification.
- In the event of a denial, providers may appeal the decision by contacting Fidelis Care or following the appeal instructions provided in their determination letter or Remittance Advice (RA) notification.

# MSK Surgery Points – Lumbar/Cervical Spine Surgery



Inpatient and outpatient non-emergent surgeries



Spine Surgery is focused on lumbar and/or cervical spine surgeries



For spinal surgeries, only one authorization request per surgery. For example, a Lumbar fusion authorization includes decompression, instrumentation, etc.



Reconstructive spinal deformity surgery does not require prior authorization. However, NIA will monitor provider use of CPT codes 22800-22819.

# MSK Surgery Points – Hip, Knee and Shoulder Surgery



Bilateral hip, knee, or shoulder surgeries require authorization for both the left **and** right side. These requests can be entered at the same time and will be reviewed concurrently. ACDF and posterior cervical fusion require authorization for each procedure. These requests can be entered at the same time and will be reviewed concurrently.



Surgeries addressing the following are not included in the MSK program: trauma, amputation, fracture, active infection, pediatric conditions, congenital malformation, dysplasia (hip), palsy/plegia, osteochondritis dissecans (knee), osteotomy (knee), tumor, cyst, cancer, arthrodesis, girdle resection (hip), denervation (hip), joint dislocation, hemiarthroplasty (hip), hardware & foreign body removal.

# MSK Surgery Points – All Surgeries



Specialized Orthopedic Surgeons or Neurosurgeons will review surgery requests. Inpatient admissions will continue to be subject to concurrent review by Fidelis Care.



The ordering physician must obtain prior authorization with NIA prior to performing the surgery/procedure.

Facility admissions do not require a separate prior authorization. However, the facility should ensure that an NIA prior authorization has been obtained prior to scheduling the surgery/procedure.



Authorizations are valid for 90 calendar days from the date of request. NIA must be notified of any changes to the date of service.



Fidelis Care and NIA will honor authorizations approved prior to and extending beyond January 1, 2024.

## Provider Tools

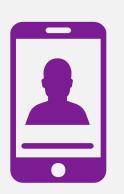


# RadMD Website RadMD.com

#### **Available**



24/7 (except during maintenance, performed every third Thursday of the month from 9 pm – midnight PST)



#### **Toll-Free Numbers**

Medicaid, Essential Plan, CHP, and Qualified Health Plans:

1-800-424-4952

Medicare and Dual Advantage:

1-800-424-5390



Available
Monday - Friday
8:00 AM - 8:00 PM EST

- Request Authorization
- View Authorization Status
- View and manage Authorization
   Requests with other users
- Upload Additional Clinical Information
- View Requests for additional
   Information and Determination Letters
- View Clinical Guidelines
- View Frequently Asked Questions (FAQs)
- View Other Educational Documents

 Interactive Voice Response (IVR) System for authorization tracking

## NIA Website

### https://www.RadMD.com

#### RadMD Functionality varies by user:

- Ordering Provider's Office View and submit requests for authorization.
- Rendering Provider View approved, pended and in review authorizations for their facility.

#### Online Tools Available on RadMD

- NIA's Clinical Guidelines
- Frequently Asked Questions
- Quick Reference Guides
- Checklists
- RadMD Quick Start Guide
- Claims/Utilization Matrices



# RadMD New User Application Process - Ordering

Users are required to have their own separate usernames and passwords due to HIPAA regulations.

#### STEPS:

- Click the "New User" button on the right side of the home page.
- 2. Select "Physician's office that orders procedures"
- 3. Complete the application and click "Submit".
- 4. Open email from NIA webmaster with new user password instructions

NOTE: On subsequent visits to RadMD, click the "Sign In" button to proceed.

Offices that are both ordering and rendering procedures should request ordering provider access. This will allow you to request authorization on RadMD and see the status of requests.



- -- Please Select an Appropriate Description -Physician's office that orders procedures
  Facility/office where procedures are performed
  Health Insurance company
  Cancer Treatment Facility or Hospital that performs radiation oncology procedures
  Physicians office that prescribes radiation oncology procedures
  Physical Medicine Practitioner (PT, OT, ST, Chiro, etc.)
  - Application for a New Account
    Please fill out this form only for yourself. Shared accounts are not allowed.
    In order for your account to be activated, you must be able to receive emails from RadMDSupport@magellanhealth.com. Please check with your email administrator to ensure that emails from RadMDSupport@magellanhealth.com. Please check with your email administrator to ensure that emails from RadMDSupport@magellanhealth.com. Please check with your email administrator to ensure that emails from RadMDSupport@magellanhealth.com. Please check with your email administrator to ensure that emails from RadMDSupport@magellanhealth.com. Please check with your email administrator to ensure that emails check with your email administrator to ensure that emails administrator to ensure tha

# RadMD New User Application Process - Rendering

#### **IMPORTANT**

- Users are required to have their own separate username and password due to HIPAA regulations.
- Designate an "Administrator" for the facility who manages access for users.

#### **STEPS:**

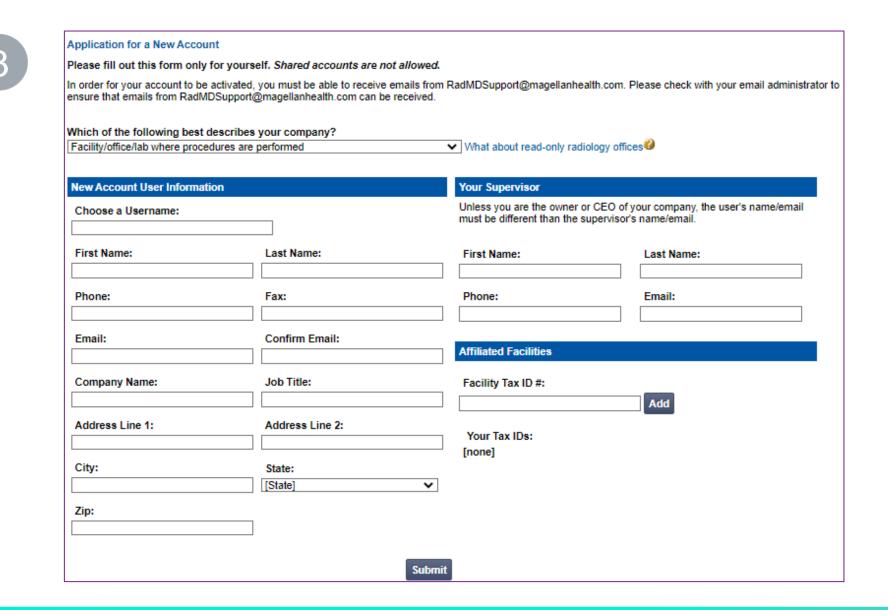
- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Facility/office where procedures are performed"
- 3. Complete the application and click "Submit".
- 4. Open email from NIA webmaster with new user password instructions.

NOTE: On subsequent visits to RadMD, click the "Sign In" button to proceed.

If multiple staff members entering authorizations need to view approved, pended, and in-review authorization requests, they will each need to complete and submit a new user application. The account administrator is responsible for granting rendering access for each employee.

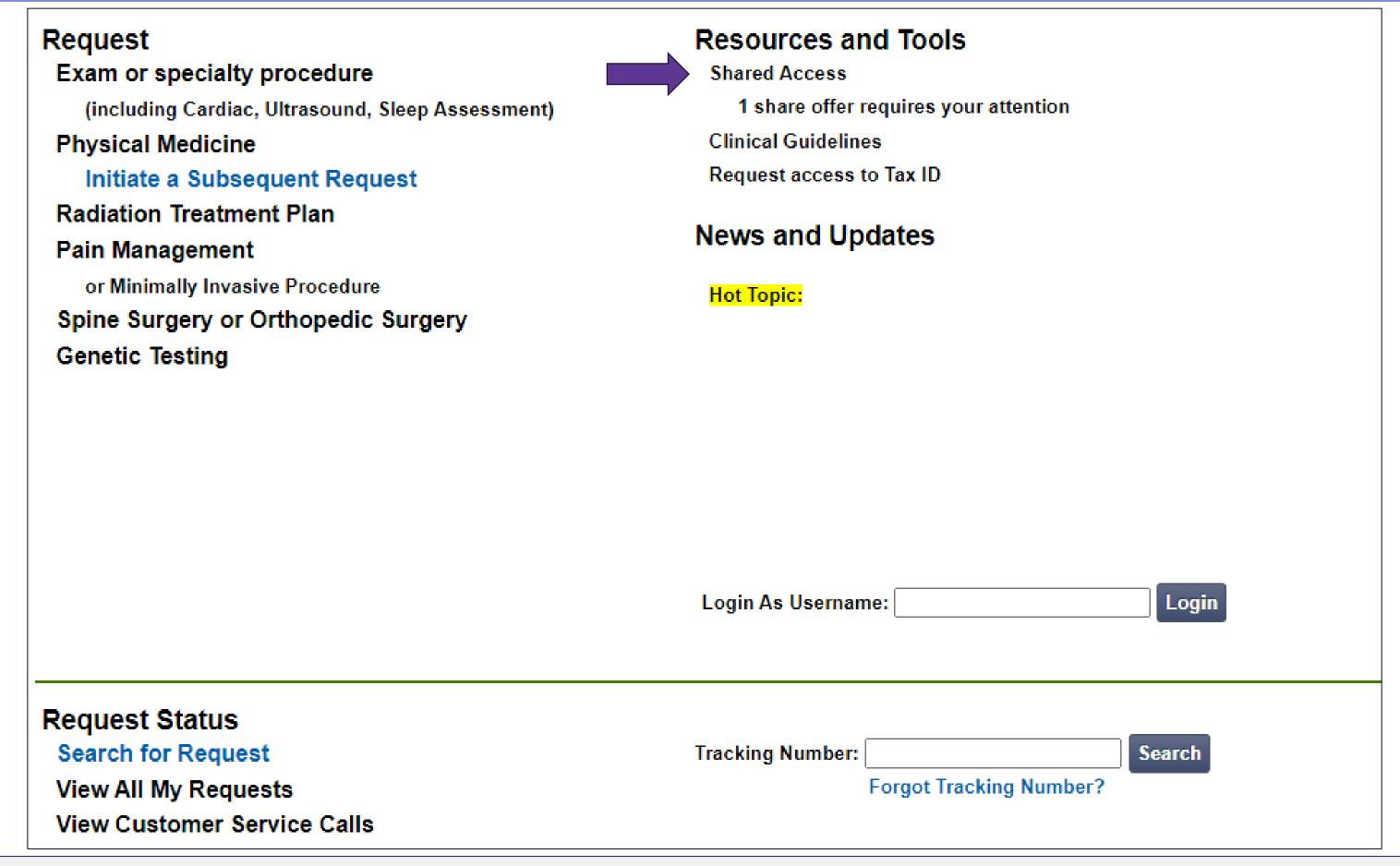


-- Please Select an Appropriate Description -Physician's office that orders procedures
Facility/office where procedures are performed
Health Insurance company
Cancer Treatment Facility or Hospital that performs radiation oncology procedures
Physicians office that prescribes radiation oncology procedures
Physical Medicine Practitioner (PT, OT, ST, Chiro, etc.)



## Shared Access

NIA offers a **Shared Access** feature on our <u>RadMD.com</u> website. Shared Access allows ordering providers to view authorization requests initiated by other RadMD users within their practice.



If practice staff is unavailable for a period of time, access can be shared with other users in the practice. They will be able to view and manage the authorization requests initiated on <a href="RadMD.com">RadMD.com</a>, allowing them to communicate with members and facilitate treatment.

## When to Contact NIA

Initiating or checking the status of an authorization request	<ul> <li>Website, <a href="https://www.RadMD.com">https://www.RadMD.com</a></li> <li>Toll-free numbers:         <ul> <li>Medicaid, Essential Plan, CHP, and Qualified Health Plans: 1-800-424-4952</li> <li>Medicare and Dual Advantage: 1-800-424-5390</li> </ul> </li> </ul>	
Initiating a Peer- to-Peer Consultation	<ul> <li>Call:</li> <li>Medicaid, Essential Plan, CHP, and Qualified Health Plans:</li> <li>1-800-424-4952</li> <li>Medicare and Dual Advantage:</li> <li>1-800-424-5390</li> </ul>	
Provider Service Line	<ul><li>RadMDSupport@evolent.com</li><li>Call 1-800-327-0641</li></ul>	
Provider Education requests or questions specific to NIA	<ul> <li>Seth Cohen PT, DPT         Senior Manager, Provider Relations         410-953-2418         <u>Seth.Cohen@evolent.com</u> </li> </ul>	

## RadMD Demonstration

# Confidentiality Statement

The information presented in this presentation is confidential and expected to be used solely in support of the delivery of services to Fidelis Care members. By receipt of this presentation, each recipient agrees that the information contained herein will be kept confidential and that the information will not be photocopied, reproduced, or distributed to or disclosed to others at any time without the prior written consent of Fidelis Care and National Imaging Associates, Inc. (NIA).



# Thanks!