







# National Imaging Associates, Inc. (NIA)<sup>1</sup> Musculoskeletal Care Management (MSK) Program Frequently Asked Questions (FAQ's) For NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare Physicians/Surgeons

# Question Answer

### **GENERAL**

Why is NH Healthy Families (Medicaid), Ambetter from NH **Healthy Families** (Exchange), and Wellcare (Medicare) implementing a **Musculoskeletal Care** (MSK) program focused on outpatient **Interventional Pain** Management (IPM) and inpatient and outpatient hip, knee, shoulder, and spine surgeries?

The MSK program is designed to improve quality and manage the utilization of IPM procedures and musculoskeletal surgeries.

- Musculoskeletal surgeries are a leading cost of health care spending trends.
- Variations in member care exist across all areas of surgery (care prior to surgery, type of surgery, surgical techniques and tools, and post-op care)
- Diagnostic imaging advancements have increased diagnoses and surgical intervention aligning with these diagnoses rather than member symptoms.
- Medical device companies marketing directly to consumers.
- Surgeries are occurring too soon leading to the need for additional or revision surgeries.

### **Outpatient IPM:**

A separate prior authorization number is required for each procedure ordered. A series of injections will not be approved.

- Spinal Epidural Injections
- Paravertebral Facet Joint Injections or Blocks
- Paravertebral Facet Joint Denervation (Radiofrequency (RF) Neurolysis)
- Sacroiliac Joint Injections
- Sympathetic Nerve Blocks
- Spinal Cord Stimulator Effective February 1, 2024

### **Outpatient and Inpatient Hip Surgeries:**

- Revision/Conversion Hip Arthroplasty
- Total Hip Arthroplasty/Resurfacing
- Femoroacetabular Impingement (FAI) Hip Surgery (includes CAM/pincer & labral repair)

<sup>&</sup>lt;sup>1</sup>Effective 1/20/2023, National Imaging Associates, Inc. is now a subsidiary of Evolent Health. Evolent Health and its affiliates and subsidiaries collectively referred to as "Evolent."

 Hip Surgery – Other (includes synovectomy, loose body removal, debridement, diagnostic hip arthroscopy, and extraarticular arthroscopy)

### **Outpatient and Inpatient Knee Surgeries: \***

- Revision Knee Arthroplasty
- Total Knee Arthroplasty (TKA)
- Partial-Unicompartmental Knee Arthroplasty (UKA)
- Knee Manipulation under Anesthesia (MUA)
- Knee Ligament Reconstruction/Repair
- Knee Meniscectomy/Meniscal Repair/Meniscal Transplant
- Knee Surgery Other (includes synovectomy, loose body removal, diagnostic knee arthroscopy, debridement with or without chondroplasty, lateral release/patellar realignment, articular cartilage restoration)

## Outpatient and Inpatient Shoulder Surgeries: \*

- Revision Shoulder Arthroplasty
- Total/Reverse Arthroplasty or Resurfacing
- Partial Shoulder Arthroplasty/Hemiarthroplasty
- Shoulder Rotator Cuff Repair
- Shoulder Labral Repair
- Frozen Shoulder Repair/Adhesive Capsulitis
- Shoulder Surgery Other (includes debridement, manipulation, decompression, tenotomy, tenodesis, synovectomy, claviculectomy, diagnostic shoulder arthroscopy)

# **Outpatient and Inpatient Spine Surgeries:**

- Lumbar Microdiscectomy
- Lumbar Decompression (Laminotomy, Laminectomy, Facetectomy & Foraminotomy)
- Lumbar Spine Fusion (Arthrodesis) With or Without Decompression – Single & Multiple Levels
- Cervical Anterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression (without fusion)
- Cervical Artificial Disc Replacement Single & Two Levels
- Cervical Anterior Decompression (without fusion)
- Sacroiliac Joint Fusion



	*Provider must submit an authorization request for each joint, even if bilateral joint surgery is to be performed on the same date.
	NIA does not manage prior authorization for emergency MSK surgery cases that are admitted through the emergency room or for MSK surgery procedures outside of those listed above.
Why did NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare select NIA to manage its MSK program?	NIA was selected to partner with us because of its clinically driven program designed to effectively manage quality and member safety, while ensuring appropriate utilization of resources for NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare membership.
Which NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare members will be covered under this relationship and what networks will be used?	The MSK program applies to NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare Commercial/Exchange, Medicaid, Medicare members and is managed through NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare contractual relationships.
IMPLEMENTATION	
What is the implementation date for this MSK program?	Implementation is February 1, 2024.
PRIOR AUTHORIZATIO	N
When is prior authorization required?	Prior authorization is required through NIA for the IPM procedures and MSK surgeries above.
•	NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare prior authorization requirements for the facility or hospital admission must be obtained separately and only initiated after the surgery has met NIA's medical necessity criteria. Once an authorization has been obtained for the procedure/surgery, NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare will reach out to the rendering provider to authorize the facility in which the procedure will be performed.
Is prior authorization required for members	Procedures performed on or after February 1, 2024, require prior authorization through NIA.



who already have a	
procedure scheduled?	
Are pain management procedures included in this program?	Yes. All non-emergent outpatient Interventional Pain Management (IPM) procedures are required to be prior authorized through NIA.
Who will be reviewing the surgery requests and medical information provided?  Does the NIA prior authorization process change the requirements for facility-related prior authorizations?	As a part of the NIA clinical review process, actively practicing, orthopedic surgeon specialists (hip, knee, and shoulder) or neurosurgeons (spine) will conduct the medical necessity reviews and determinations of musculoskeletal surgery cases.  NIA's medical necessity review and determination process is only for the authorization of the surgeon's professional services and type of surgery being performed.
How do providers submit prior authorization requests?	Providers submit prior authorization requests via the NIA website ( <a href="www.RadMD.com">www.RadMD.com</a> ) or by calling NIA at 1-800-443-5733 (Medicaid), 1-888-899-7805 (Ambetter), or 1-800-424-5388 (Medicare).
What information is required to submit an authorization request?	To expedite the process, please have the following information ready before logging on to the NIA website or calling the call center:  (*denotes required information)  Name and office phone number of ordering physician*  Member name and ID number*  Requested surgery type*  CPT Codes  Name of facility where the surgery will be performed*  Anticipated date of surgery*  Details justifying the surgical procedure*:  Clinical Diagnosis*  Date of onset of back pain or symptoms /Length of time member has had episode of pain*  Physician exam findings (including findings applicable to the requested services)  Diagnostic imaging results  Non-operative treatment modalities completed, date, duration of pain relief, and results (e.g., physical therapy, epidural injections, chiropractic or osteopathic manipulation, hot pads, massage, ice packs and medication)



Please be prepared to provide the following information, if requested: Clinical notes outlining type and onset of symptoms. • Length of time with pain/symptoms Non-operative care modalities to treat pain and amount of pain relief. Physical exam findings Diagnostic Imaging results Specialist reports/evaluation Do providers need a No. NIA will provide a list of surgery categories to choose from separate request for and the NH Healthy Families, Ambetter from NH Healthy all spine surgeries Families, and Wellcare provider must select the most complex performed on the and invasive surgery being performed as the primary surgery. same date of service? **Example: Lumbar Fusion** If the NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare surgeon is planning a single level Lumbar Spine Fusion with decompression, the surgeon will select the single level fusion procedure. The surgeon does not need to request a separate authorization for the decompression procedure being performed as part of the Lumbar Fusion Surgery. This is included in the Lumbar Fusion request. **Example: Laminectomy** If the NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare surgeon is planning a Laminectomy with a Microdiscectomy, the surgeon will select the Lumbar decompression procedure. The surgeon does not need to request a separate authorization for the Microdiscectomy procedure. If the NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare surgeon is only performing a Microdiscectomy (CPT 63030 or 63035), the surgeon should select the Microdiscectomy only procedure. Will the provider need No. NIA will provide a list of surgery categories to choose from to enter each CPT and the provider must select the primary surgery (most invasive) procedure code being being performed. There will be a summary of which CPT codes performed for a hip. fall under each procedure category. knee, shoulder, or spine surgery? Is instrumentation Yes. The instrumentation (medical device), bone grafts, and (medical device), bone marrow aspiration procedures commonly performed in bone grafts, and bone conjunction with musculoskeletal surgeries are included in the



included as part of the spine or joint fusion authorizations?  What kind of response Please	th the procedure authorized.  ease have the following information available when initiating an athorization request: Clinical Diagnosis Date of onset of back pain or symptoms /Length of time member has had episode of pain. Physician exam findings (including findings applicable to the requested services) Pain/Member Symptoms Diagnostic imaging results Non-operative treatment modalities completed, date, duration of pain relief, and results (e.g., physical therapy, epidural injections, chiropractic or osteopathic manipulation, hot pads, massage, ice packs and medication)
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wit	enerally, within 2 to 3 business days after receipt of request th full clinical documentation, a determination will be made. In ertain cases, the review process can take longer if additional nical information is required to make a determination.
authorization number   ch   NI   if t   co   sta	ne NIA authorization number consists of alpha-numeric paracters. In some cases, the provider may instead receive an A tracking number (not the same as an authorization number) when authorization request is not approved at the time of initial partact. Providers can use either of these numbers to track the atus of their request online or through an Interactive Voice esponse (IVR) telephone system.
If requesting Yo	ou will receive a tracking number and NIA will contact you to implete the process.
for retrospective or expedited (A authorization requests?	o, those requests will need to be called into NIA's call center r processing at 1-800-443-5733 (Medicaid), 1-888-899-7805 mbetter), or 1-800-424-5388 (Medicare).
authorization number valid?	ne authorization number is valid for:  M: 30 days from the date of the request (Medicaid, Ambetter, and Medicare)  urgery:  Inpatient – 30 days (Medicaid and Ambetter) and 90 days (Medicare) from date of request



	<ul> <li>Outpatient- SDC/Ambulatory – 30 days (Medicaid and Ambetter) and 90 days (Medicare) from date of request or 90 days (Medicare) from the date of request.</li> </ul>
Is prior authorization necessary if NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare is NOT the member's primary insurance?	No.
If the provider obtains a prior authorization number does that guarantee payment?	An authorization number is not a guarantee of payment. Authorizations are based on medical necessity and are contingent upon eligibility and benefits. Benefits may be subject to limitations and/or qualifications and will be determined when the claim is received for processing.  NIA's medical necessity review and determination is for the authorization of the surgeon's professional services and type of surgery being performed.
Does NIA allow retro- authorizations?	It is important that physicians and office staff are familiar with prior authorization requirements. Claims for procedures above that have <u>not</u> been properly authorized will <u>not</u> be reimbursed. Providers <u>should not</u> schedule or perform these procedures without prior authorization.
What happens if I have a service scheduled for February 1, 2024?	An authorization can be obtained beginning February 1, 2024 for dates of service February 1, 2024 and beyond. NIA and NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare work with the provider community on an ongoing basis to continue to educate providers.
Can an providers verify an authorization number online?	Yes. Providers can check the status of authorization requests quickly and easily by going to the NIA website at <a href="https://www.RadMD.com">www.RadMD.com</a> .
Is the NIA authorization number displayed on the NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare website?	No.
What if I disagree with NIA's determination?	In the event of a prior authorization or claims payment denial, providers may appeal the decision through NH Healthy Families,



	Ambetter from NH Healthy Families, and Wellcare. Providers should follow the instructions on their non-authorization letter or Explanation of Payment (EOP) notification.
SCHEDULING PROCED	
Do providers have to obtain an authorization before they call to schedule an appointment?	NIA asks where the surgery is being performed and the anticipated date of service. Providers should obtain prior authorization before scheduling the member and the facility or hospital admission.
WHICH SURGEONS AR	
Which surgeons are impacted by the MSK Program?	Neurosurgeons and Orthopedic Surgeons are the key physicians impacted by this program.
	Procedures performed in the following settings are included in this program:  • Hospital (Inpatient & Outpatient Settings)  • Ambulatory Surgical Centers  • In Office
CLAIMS RELATED	
Where do rendering providers/surgeons send their claims for outpatient, nonemergent MSK	NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare rendering providers/surgeons continue to send claims directly to NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare.
services?	Rendering providers/surgeons are encouraged to use EDI claims submission.
How can claims status be checked?	Rendering providers/surgeons should check claims status via the NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare website.
Who should a provider contact if they want to appeal a prior authorization or claims payment denial?	Providers are asked to follow the appeal instructions on their non-authorization letter or Explanation of Benefits (EOB) notification.
MISCELLANEOUS	
How is medical necessity defined?	<ul> <li>NIA defines medical necessity as services that:</li> <li>Meets generally accepted standards of medical practice; be appropriate for the symptoms, consistent with diagnosis, and otherwise in accordance with sufficient evidence and professionally recognized standards;</li> <li>Be appropriate to the illness or injury for which it is performed as to type of service and expected outcome;</li> </ul>



	<ul> <li>Be appropriate to the intensity of service and level of setting;</li> <li>Provide unique, essential, and appropriate information when used for diagnostic purposes;</li> <li>Be the lowest cost alternative that effectively addresses and treats the medical problem; and rendered for the treatment or diagnosis of an injury or illness; and</li> <li>Not furnished primarily for the convenience of the member, the attending physician, or other surgeon.</li> </ul>
How do providers	NH Healthy Families, Ambetter from NH Healthy Families, and
know who NIA is?	Wellcare and NIA share training and education materials with physicians and surgeons prior to the implementation. NH Healthy Families, Ambetter from NH Healthy Families, and Wellcare and NIA also coordinate outreach and orientation for providers.
Will training be	Yes. NIA will conduct provider training sessions during January
offered prior to the	2024.
implementation date?	
Where can a provider	Clinical guidelines can be found on the NIA website at
find NIA's Guidelines for Clinical Use of	www.RadMD.com. They are presented in a PDF file format that
MSK Procedures?	can easily be printed for future reference. NIA's clinical guidelines have been developed from practice experiences,
Work Flocedules:	literature reviews, specialty criteria sets and empirical data.
Will the NH Healthy	No. The NH Healthy Families, Ambetter from NH Healthy
Families, Ambetter	Families, and Wellcare member ID card does not contain any
from NH Healthy	NIA information on it and the member ID card will not change
Families, and	with the implementation of this MSK Program.
Wellcare member ID	
card change with the	
implementation of this	
MSK Program?	
	ERATION/RE-OPEN AND APPEALS PROCESS
Is the re-review,	Once a denial determination has been made, if the provider has
reconsideration, re-	new or additional information to share, a re-review,
open process	reconsideration, re-open can be initiated by uploading via
available for the MSK program if a denial is	RadMD or faxing (using the case specific fax cover sheet) additional clinical information to support the request. A Medicaid
received?	re-reviews must be initiated within 5 business days from the date
received:	of determination, Ambetter reconsiderations must be initiated
	within 5 business days from the date of the denial notification and prior to submitting a formal appeal.
	Medicare re-opens are not allowed.



RADMD ACCESS	NIA has a specialized clinical team focused on the MSK program. Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines. Providers can call 1-800-443-5733 (Medicaid), 1-888-899-7805 (Ambetter), or 1-800-424-5388 (Medicare) to initiate the peer-to-peer process. These discussions provide an opportunity to discuss the case and collaborate on the appropriate services for the member based on the clinical information provided.
	If the year already has access to RadMD, RadMD will allow your
If I currently have RadMD access, will I need to apply for additional access?	If the user already has access to RadMD, RadMD will allow you to submit an authorization request for any procedure managed by NIA.
What option should I select to initiate authorization requests?	Selecting "Physician's office that orders procedures" will allow you to initiate authorization requests for MSK procedures.
How do I apply for RadMD access?	<ul> <li>Prospective users should go to www.RadMD.com.</li> <li>Click "New User".</li> <li>Choose "Physician's office that orders procedures" from the drop-down box.</li> <li>Complete application with required information.</li> <li>Click "Submit"</li> <li>When a RadMD application is successfully submitted, users receive an email with a link to create a password. Please contact the RadMD Support Team at 1-800-327-0641 if you do not receive a response within 72 hours.</li> </ul>
What is rendering provider access?	Rendering provider access allows users to view all approved authorizations for their office or facility. If an office is interested in signing up for rendering access, you will need to designate an account administrator.  • Prospective users should go to <a href="www.RadMD.com">www.RadMD.com</a> • Select "Facility/Office where procedures are performed" from the drop-down box.  • Complete application with required information • Click "Submit"  Examples of a rendering providers that only need to view approved authorizations:  • Hospital facilities • Billing departments • Offsite locations



Which link on RadMD will I select to initiate an authorization request for an MSK surgery?	Clicking the "Request Spine Surgery or Orthopedic Surgery" link will allow the user to submit a request for an MSK surgery.
How can providers check the status of an authorization request?	Providers can check on the status of an authorization by using the "View Request Status" link on the RadMD main menu.
How can I confirm what clinical information has been uploaded or faxed to NIA?	Clinical Information that has been received via upload or fax can be viewed by selecting the member on the View Request Status link from the main menu. On the bottom of the "Request Verification Detail" page, select the appropriate link for the upload or fax.
Where can providers find their case-specific communication from NIA?	Links to case-specific communication to include requests for additional information and determination letters can be found via the "View Request Status" link.
If I did not submit the authorization request, how can I view the status of a case or upload clinical documentation?	The "Track an Authorization" feature allows users who did not submit the original request to view the status of an authorization, as well as upload clinical information. This option is also available as a part of your main menu options using the "Search by Tracking Number" feature. A tracking number is required with this feature.
Paperless Notification: How can I receive notifications electronically instead	NIA defaults communications including final authorization determinations to paperless/electronic. Correspondence for each case is sent to the email address of the individual who submitted the authorization request.
of on paper?	<ul> <li>Users will be sent an email when determinations are made.</li> <li>No PHI will be contained in the email.</li> <li>The email will contain a link that requires the user to log into RadMD to view PHI.</li> <li>Providers who prefer paper communication will be given the option to opt out and receive communications via fax.</li> </ul>
CONTACT INFORMATION Who can providers	
contact for RadMD support?	For RadMD assistance, please contact RadMDSupport@evolent.com or call 1-800-327-0641.
	RadMD is available 24/7, except when maintenance is performed every third Thursday of the month from 9 pm – midnight PST.



Who can a provider	Providers can contact:
contact at NIA for	Seth Cohen
more information?	Senior Manager, Provider Relations
	410-953-2418
	Seth.Cohen@evolent.com.

