

Healthy Blue Musculoskeletal (MSK) Management Program

Provider Training Presented by: Priscilla Singleton, Sr. Provider Relations Manager



National Imaging Associates, Inc. (NIA)* Program Agenda

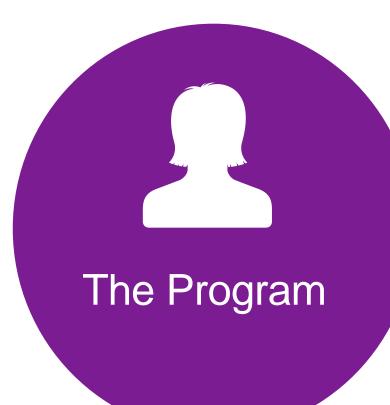
Our MSK Program

- Authorization Process
 - Other Program Components
- Provider Tools and Contact Information
- RadMD Demo
- Questions and Answers

^{*} Effective 1/20/2023, National Imaging Associates, Inc. is now a subsidiary of Evolent Health. Evolent Health and its affiliates and subsidiaries collectively referred to as "Evolent."

Healthy Blue is offered by BlueChoice HealthPlan, an independent licensee of the Blue Cross Blue Shield Association.

MSK Prior Authorization Program



 Healthy Blue will begin a prior authorization program through NIA for the management of MSK Services.



- Program start date:January 1, 2024
- Begin obtaining authorizations from NIA on January 1, 2024, for services rendered on or after January 1, 2024



- Outpatient, interventional spine pain management (IPM) services
- Inpatient and outpatient lumbar and cervical spine surgeries
- Surgery Center
- In Office
- Hospital



Medicaid



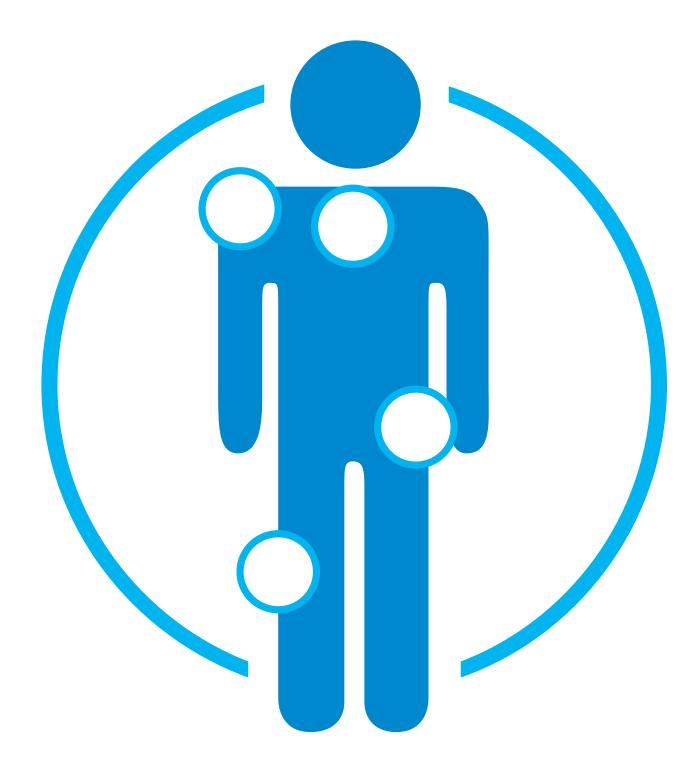
 NIA will manage services through Healthy Blue contractual relationships.

Interventional Pain Management (IPM)



IPM Procedures Performed Outpatient or In-Office

- Spinal Epidural Injections
- Paravertebral Facet Joint Injections or Blocks
- Paravertebral Facet Joint Denervation (Radiofrequency (RF) Neurolysis)





IPM Procedures Performed in these Settings are Excluded:

- Hospital Inpatient
- Observation Room
- Emergency Room/Urgent Care Facility

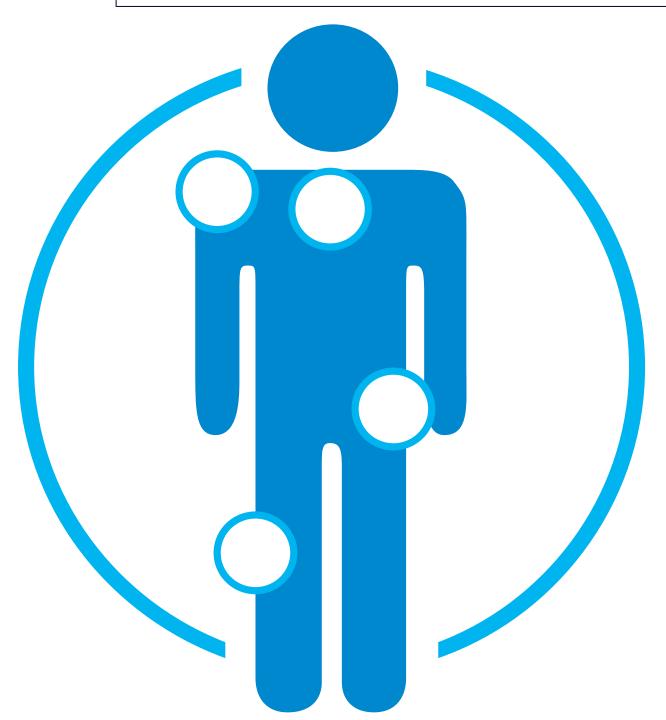
Healthy Blue network providers are the preferred providers for delivering MSK services to Healthy Blue members.

Lumbar and Cervical Spine Surgery

Lumbar and Cervical Spine Surgeries Performed Inpatient and Outpatient

- Lumbar Microdiscectomy
- Lumbar Decompression (Laminotomy, Laminectomy, Facetectomy & Foraminotomy)
- Lumbar Spine Fusion (Arthrodesis) With or Without Decompression – Single & Multiple Levels
- Cervical Anterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression (without fusion)
- Cervical Artificial Disc Replacement Single & Two Levels
- Cervical Anterior Decompression (without fusion)
- Lumbar Artificial Disc Single & Two Levels

Procedures Performed on or after January 1, 2024, Require Prior Authorization. NIA's Call Center and RadMD will open January 1, 2024.





Surgery Performed in this Setting is Excluded:

 Emergency Surgery – admitted via the Emergency Room

Reconstructive spinal deformity surgery does not require prior authorization. However, NIA will monitor provider use of CPT codes 22800-22819.

CPT Codes Requiring Prior Authorization (IPM)















Healthy Blue Management Utilization Review Matrix 2024 Outpatient Interventional Pain Management (IPM)

The matrix below contains the CPT-4 codes for which National Imaging Associates (NIA)* authorizes on behalf of Healthy Blue.

NIA issues authorizations based on the primary CPT code and its allowable billed groupings. A procedure can be billed under any one of the given CPT codes for that allowable billed grouping as long as a valid authorization number has been issued within the validity period.

*Please note: IPM services rendered in an Emergency Room, Observation Room, Intraoperatively, or as a Hospital Inpatient are not managed by NIA.

Procedure Name	Primary CPT Code	Allowable Billed Groupings
Cervical/Thoracic Interlaminar Epidural	62321	62320, 62321
Cervical/Thoracic Transforaminal Epidural	64479	64479, +64480
Lumbar/Sacral Interlaminar Epidural	62323	62322, 62323
Lumbar/Sacral Transforaminal Epidural	64483	64483, +64484
Cervical/Thoracic Facet Joint Block	64490	64490, + 64491, +64492, 0213T, +0214T, +0215T
Lumbar/Sacral Facet Joint Block	64493	64493, +64494, +64495, 0216T, +0217T, +0218T
Cervical/Thoracic Facet Joint Radiofrequency Neurolysis	64633	64633, +64634
Lumbar/Sacral Facet Joint Radiofrequency Neurolysis	64635	64635, +64636

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1—Healthy Blue - IPM Utilization Review Matrix 2024 - Eff 1.1.2024

CPT Codes Requiring Prior Authorization (Spine Surgery)







Healthy Blue Utilization Review Matrix 2023 MSK- Spine Surgery

LUMBAR SPINE SURGERY PROCEDURES				
Primary Surgery Request	Primary CPT Code	Primary Surgery Allowable Billed Groupings	Allowable Billed Groupings	Ancillary Procedures/Codes
Authorization is provided at the <u>procedure</u> level. There are multiple CPT codes that can be associated with each procedure. These are assumed to be part of the primary request and, when completed in combination, do not require a separate authorization. *Plea inclusion.			These codes do not require prior authorization. If the main procedure is approved, these codes are understood to be included and do not require precertification from the Healthy Blue. *Please note: This is not an all-inclusive list of every possible ancillary code	
Lumbar Microdiscectomy	63030	62380, 63030, +63035		
Lumbar	63047	63005, 63012, 63017,		
Decompression		63042, +63044, 63047, +63048, 63056, +63057	Microdiscectomy: 62380, 63030, +63035	

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1-Healthy Blue Spine Surgery Utilization Review Matrix 2023

Lumbar Fusion – Single Level	22612	22533, 22558, 22612, 22630, 22633, +63052, +63053	Microdiscectomy: 62380, 63030, +63035 Decompression: 63005, 63012, 63017, 63042, +63044, 63047, +63048, 63056, +63057	Instrumentation: +22840, +22841, +22842, +22845, +22853 Bone Grafts: +20930, +20931, +20936, +20937, +20938 Bone Marrow Aspiration: 20939
Lumbar Fusion - Multiple Levels	22614	+22534, +22585, +22614, +22632, +22634, +63052, +63053	Microdiscectomy: 62380, 63030, +63035 Decompression: 63005, 63012, 63017, 63042, +63044, 63047, +63048, 63056, +63057 Single Level Fusion: 22533, 22558, 22612, 22630, 22633	Instrumentation: +22840, +22841, +22842, +22845, +22853 Bone Grafts: +20930, +20931, +20936, +20937, +20938 Bone Marrow Aspiration: 20939

2- Healthy Blue Spine Surgery Utilization Review Matrix 2023

CPT Codes Requiring Prior Authorization (Spine Surgery)

CERVICAL SPINE SURGERY PROCEDURES				
Primary Surgery Request	Primary CPT Code	Primary Surgery Allowable Billed Groupings	Additional Covered Procedures/Codes	Ancillary Procedures/Codes
Authorization is provided for the <u>primary surgery</u> requested. There are multiple CPT codes that can be associated with each procedure. These are assumed to be part of the primary request and, when completed in combination, do not require a separate authorization.			These codes do not require prior authorization. If the main procedure is approved, these codes are understood to be included and do not require precertification from the Healthy Blue. *Please note: This is not an all-inclusive list of every possible ancillary code	
Cervical Anterior Decompression (without fusion)	63075	63075, +63076		Vertebral Corpectomy: 63081, +63082, 63300, 63304, +63308 Instrumentation: +22859
Anterior Cervical Decompression with Fusion - Single Level	22551	22548, 22551, 22554	Decompression: 63075, +63076 Removal of Artificial Disc: 22864	Vertebral Corpectomy: 63081, +63082, 63300, 63304, +63308 Instrumentation: +22845, 22853, 22854 Bone Grafts: +20930, +20931, +20936, +20937, +20938

3— Healthy Blue Spine Surgery Utilization Review Matrix 2023

Anterior Cervical Decompression with Fusion - Multiple Levels	22552	+22552, +22585	Decompression: 63075, +63076 Single-Level ACDF: 22548, 22551, 22554 Removal of Artificial Disc: 22864	Vertebral Corpectomy: 63081, +63082, 63300, 63304, +63308 Instrumentation: +22845, +22846, 22853, 22854 Bone Grafts: 20930, +20931, +20936, +20937, +20938 Bone Marrow Aspiration: 20939
Lumbar Fusion - Multiple Levels	22614	+22534, +22585, +22614, +22632, +22634, +63052, +63053	Microdiscectomy: 62380, 63030, +63035 Decompression: 63005, 63012, 63017, 63042, +63044, 63047, +63048, 63056, +63057 Single Level Fusion: 22533, 22558, 22612, 22630, 22633	Instrumentation: +22840, +22841, +22842, +22845, +22853 Bone Grafts: +20930, +20931, +20936, +20937, +20938 Bone Marrow Aspiration: 20939
Cervical Posterior Decompression (without fusion)	63045	63001, 63015, 63020, +63035, 63040, +63043, 63045, +63048, 63050, 63051		
Cervical Posterior Decompression with Fusion - Single Level	22600	22590, 22595, 22600	Decompression: 63001, 63015, 63020, +63035, 63040, +63043, 63045, +63048, 63050, 63051	Instrumentation: +22840, +22841 Bone Grafts: +20930, +20931, +20936, +20937

4— Healthy Blue Spine Surgery Utilization Review Matrix 2023

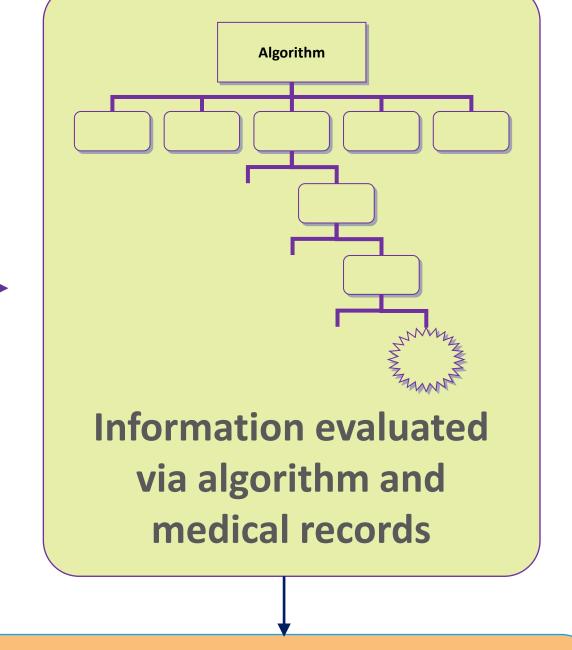
Prior Authorization Process Overview



Ordering Physician is responsible for obtaining prior authorization.
MSK provider may be both ordering and rendering



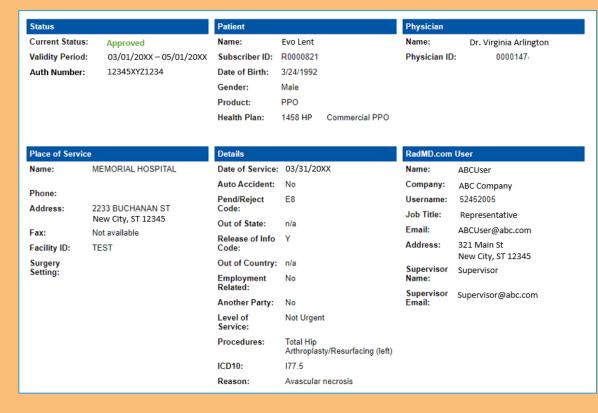




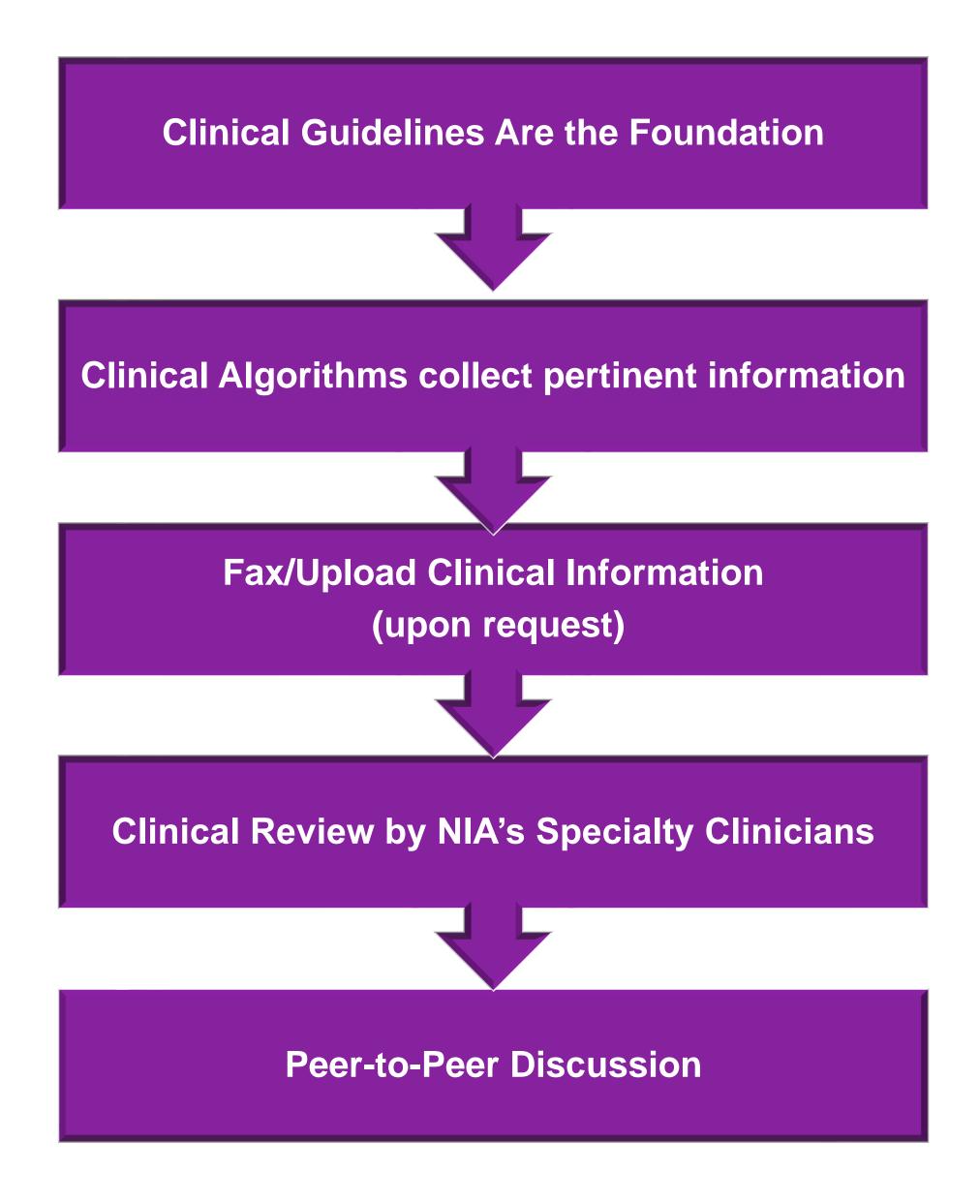




Rendering Provider verifies authorization was obtained and provides service



NIA's Clinical Foundation & Review



- Clinical guidelines were developed by practicing specialty physicians, through literature reviews and evidenced-based research. Guidelines are reviewed and mutually approved by Healthy Blue and NIA Medical Officers and clinical experts. Clinical Guidelines are available on RadMD.com
- Algorithms are a branching structure that changes depending upon the answer to each question.
- The member's clinical information/medical record will be required for validation of clinical criteria before an approval can be made.
- NIA has a specialized clinical team focused on MSK.
- Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines.
- Our goal ensure that members are receiving appropriate care.

Authorization for IPM

Special Information

- Every IPM procedure performed requires a prior authorization; NIA will not authorize a series of epidural injections.
- Bi-lateral IPM injections performed on the same date of service do not require a separate authorization. An authorization will cover bi-lateral as well as multiple levels on the same date of service. (Please refer to clinical guidelines for potential restrictions)
- Add on codes do not require separate authorization and are to be used in conjunction with the approved primary code for the service rendered.

IPM Clinical Checklist Reminders

IPM Documentation:



Conservative Treatment

• Frequently, specifics of active conservative treatment/non-operative treatment are not present in office notes. Details such as duration and frequency should be provided in order to ensure 6 weeks has been attempted within the past 6 months. Official physical therapy records do not need to be obtained but the provider should supply a summary of these details. Physical therapy is not the only means of active conservative treatment acceptable; physician directed home exercise programs as well as chiropractic care are among other examples of appropriate treatments.



Visual Analog Scale (VAS) Score and/or Functional Disability

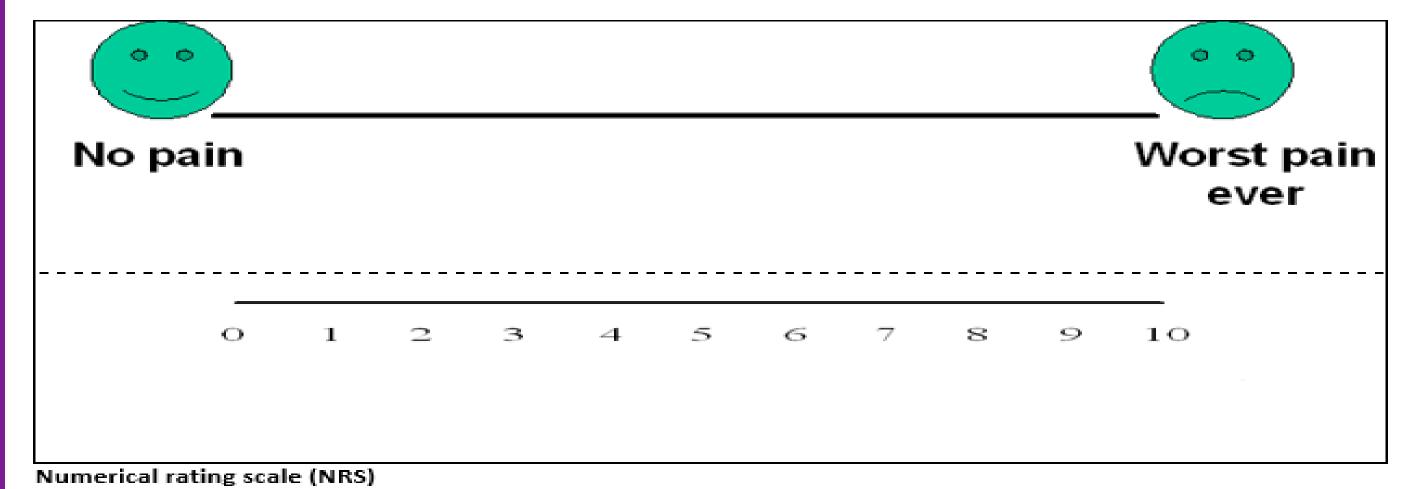
 A VAS score is an acceptable method to relay intensity of pain. However, a description of functional disability is also accepted as a means for measuring pain (ie - noting that the member is no longer able to perform work duties, daily care, etc).

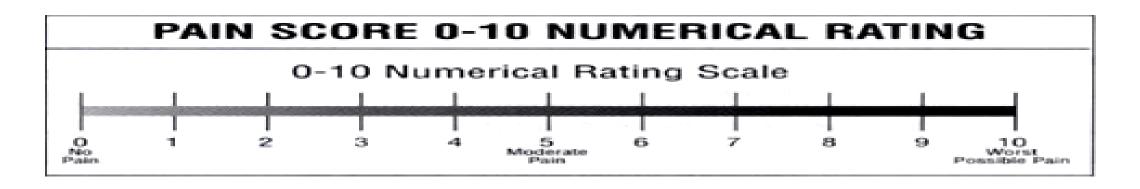


Follow Up To Prior Pain Management Procedures

• For repeat treatments, follow up is required in regard to what procedure was completed, how much and for how long relief was obtained, active participation in ongoing conservative treatment, and to what level the pain has returned. A follow up office visit is not required; documentation of telephone encounters with the member are acceptable to satisfy this requirement.

Visual Analogue Scale (VAS) and Faces Rating Scale (FRS)





Faces rating scale (FRS)



Authorization for Surgery

- Most surgeries require only one authorization request. NIA provides a list of surgery categories to choose from and the surgeon's office must select the most complex and invasive surgery being performed as the **primary** surgery.
 - Example: A lumbar fusion authorization includes decompression, instrumentation, etc.
- Inpatient admissions continue to be subject to concurrent review by Healthy Blue.

Special Information

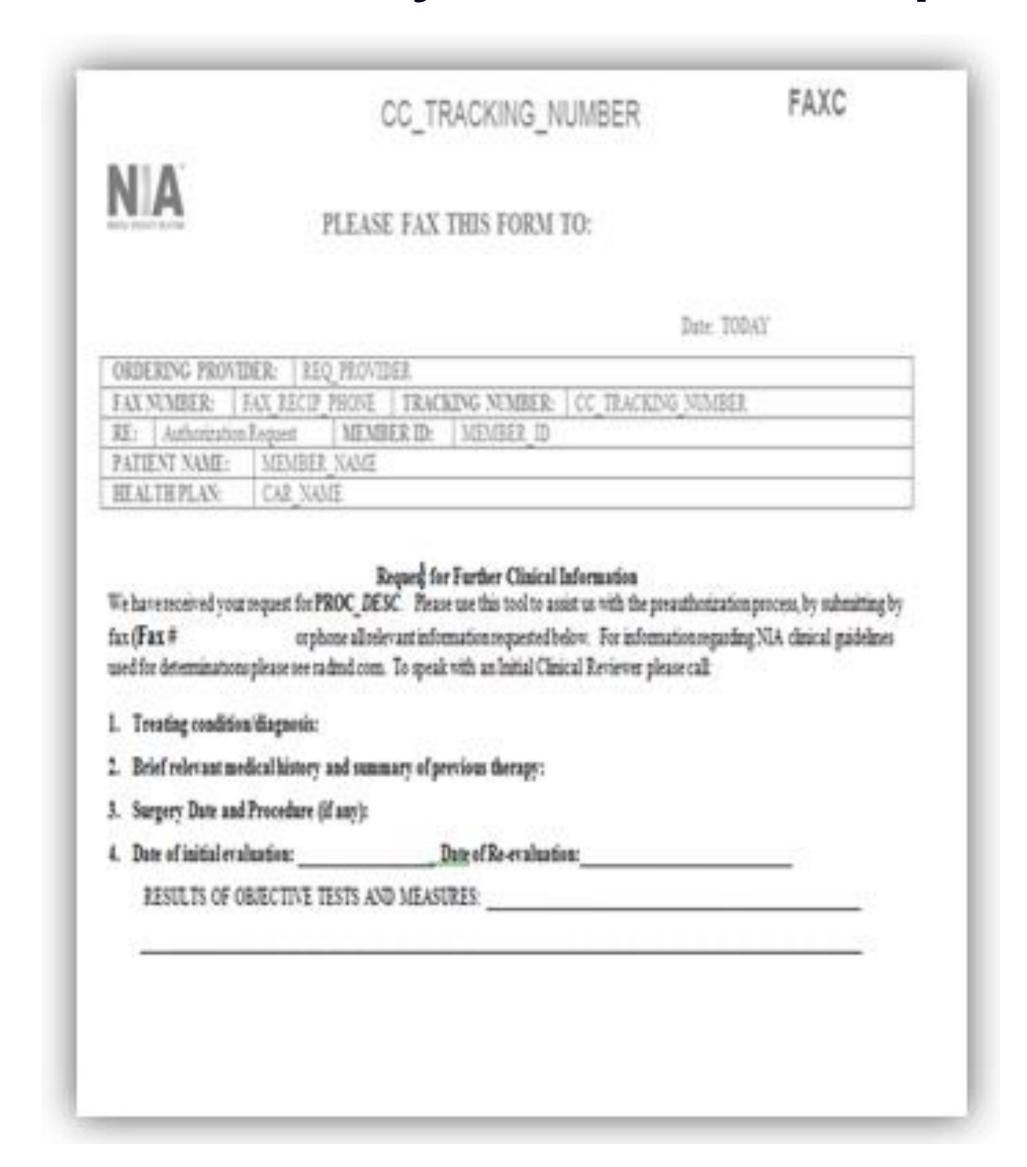
- Date of Service is required.
- Healthy Blue Facilities must continue to follow Healthy Blue prior authorization processes for facility or hospital admissions and elective surgery.

Surgery Clinical Checklist Reminders

Surgery Documentation:

- Details regarding the member's symptoms and their onset/duration
- Physical exam findings
- Conservative treatment modalities with dates and duration (e.g., physical therapy, home exercise plan, injections, medications, activity modification)
- Diagnostic imaging results
- Ordering physician's surgical plan (including a discussion about the potential risks and benefits of the procedure) (BMI, smoking history, mental status for some surgeries)

NIA to Physician: Request for Clinical Information





A fax is sent to the provider detailing what clinical information that is needed, along with a fax coversheet.



We stress the need to provide the clinical information as quickly as possible so we can make a determination.



Determination timeframe begins after receipt of clinical information.



Failure to receive requested clinical information may result in non certification.

Submitting Additional Clinical Information

- Records may be submitted:
 - Upload to <u>https://www.RadMD.com</u>
 - Fax using NIA coversheet
- Location of Fax Coversheets:
 - Can be printed from https://www.RadMD.com
 - Call: 1-855-569-6749
- Use the case specific fax coversheet when faxing clinical information to NIA



Clinical Specialty Team: Focused on IPM and MSK



IPM Review

Initial clinical review performed by specially trained IPM nurses

Clinical review team will contact provider for additional clinical information

Anesthesiologists and pain management specialists conduct clinical reviews and peer-to-peer discussions on IPM requests



MSK Surgery Review

Initial clinical review performed by specialty trained surgery nurses

Surgery concierge team will contact provider for additional clinical information Orthopedic surgeons or neurosurgeons conduct clinical reviews and peer-to-peer discussions on surgery requests

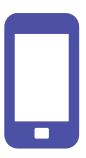
MSK Clinical Review Process

Physicians' Office Contacts NIA for Prior Authorization









NIA Initial Clinical Specialty Team Review

- Additional clinical information submitted and reviewed Procedure Approved
- Additional clinical not complete or inconclusive Escalate to Physician Review



Designated & Specialized Clinical MSK Team interacts with Provider Community.

2

Request Evaluated Based on Information Entered

Additional clinical information required

NIA Specialty Physician Reviewers

• NIA Physician approves case without peer-to-peer



Peer-to-peer outbound attempt made if case is not approvable

- NIA Physician approves case with peer-to-peer
- Ordering Physician withdraws case during peer-topeer
- Physician denies case based on medical criteria



Generally, the turnaround time for completion of these requests is within two business days upon receipt of sufficient clinical information

Urgent/Expedited Authorization Process

- If an urgent clinical situation exists (outside of a hospital emergency room) during business hours, please call NIA immediately.
- The NIA website https://www.RadMD.com cannot be used for medically urgent or expedited prior authorization requests during business hours. Those requests must be processed by calling the NIA call center:
 - **1**-855-569-6749
- Turnaround time is within 1 calendar hours not to exceed 72 calendar hours.

Notification of Determination

Authorization Notification

• Authorizations are valid for:

IPM & Outpatient Surgery

30 calendar days from date of service

Surgical

- Inpatient 3 calendar days from date of service
- The date of service that is selected at the time of the prior authorization request, will be used to determine the validity period. If the date of service changes, please contact NIA to update.

Denial Notification

- Notifications include an explanation of services denied and the clinical rationale.
- A peer-to-peer discussion can be initiated once the adverse determination has been made.
- Re-review may be available with new or additional information.
- Re-review must occur within 30 calendar days from the date of denial and prior to submitting a formal appeal.
- In the event of a denial, providers are asked to follow the instructions provided in their denial letter.

IPM Points



Injections in all regions of spine are managed



Date of Service is required for all requests



Each IPM procedure must be prior authorized



No series of epidural injections



Specialty Nurses and Physicians review IPM requests

MSK Surgery Points – Lumbar/Cervical Spine Surgery



Inpatient and outpatient non-emergent surgeries



Spine Surgery is focused on lumbar and/or cervical spine surgeries



For spinal surgeries, only one authorization request per surgery. For example, a Lumbar fusion authorization includes decompression, instrumentation, etc.



Reconstructive spinal deformity surgery does not require prior authorization. However, NIA will monitor provider use of CPT codes 22800-22819.

MSK Surgery Points – All Surgeries



Specialized Orthopedic Surgeons or Neurosurgeons will review surgery requests. Inpatient admissions will continue to be subject to concurrent review by Healthy Blue.



The ordering physician must obtain prior authorization with NIA prior to performing the surgery/procedure.

Healthy Blue Facilities must continue to follow Healthy Blue prior authorization processes for facility or hospital admissions and elective surgery.



Authorizations for IPM & Outpatient Surgery are valid for 30 calendar days from date of service. Surgical Inpatient – 3 calendar days from date of service.

Provider Tools



RadMD Website RadMD.com

Available



24/7 (except during maintenance, performed every third Thursday of the month from 9 pm – midnight PST)



Toll-Free Number 1-855-569-6749



Available
Monday - Friday
8:00 AM - 8:00 PM EST

- Request Authorization
- View Authorization Status
- View and manage Authorization
 Requests with other users
- Upload Additional Clinical Information
- View Requests for additional
 Information and Determination Letters
- View Clinical Guidelines
- View Frequently Asked Questions (FAQs)
- View Other Educational Documents

Interactive Voice Response (IVR)
 System for authorization tracking

NIA Website

https://www.RadMD.com

RadMD Functionality varies by user:

- Ordering Provider's Office View and submit requests for authorization.
- Rendering Provider View approved, pended and in review authorizations for their facility.
- IPM providers are typically both the ordering and the rendering provider.

Online Tools Available on RadMD

- NIA's Clinical Guidelines
- Frequently Asked Questions
- Quick Reference Guides
- IPM Checklist
- RadMD Quick Start Guide
- Claims/Utilization Matrices



RadMD New User Application Process - Ordering

Users are required to have their own separate usernames and passwords due to HIPAA regulations.

STEPS:

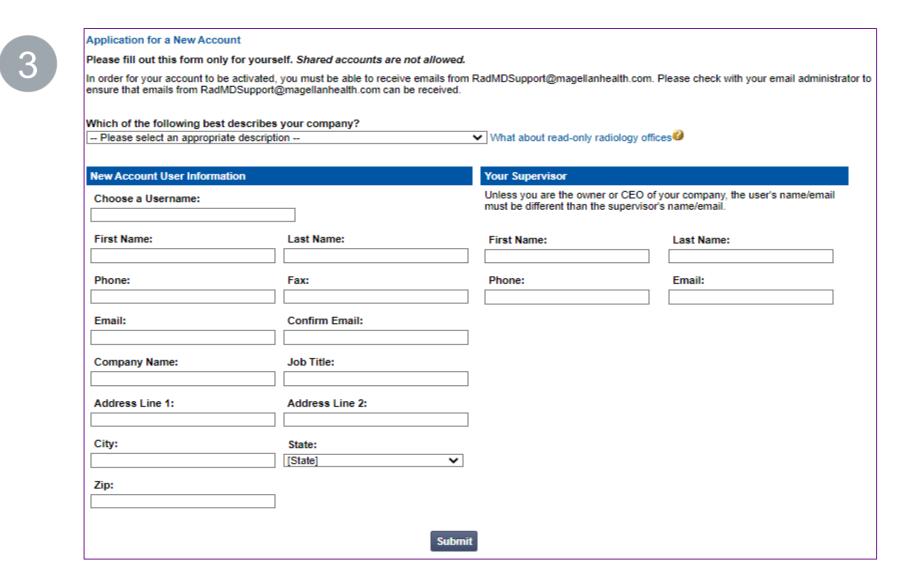
- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Physician's office that orders procedures"
- 3. Complete the application and click "Submit".
- 4. Open email from NIA webmaster with new user password instructions

NOTE: On subsequent visits to RadMD, click the "Sign In" button to proceed.

Offices that are both ordering and rendering procedures should request ordering provider access. This will allow you to request authorization on RadMD and see the status of requests.



-- Please Select an Appropriate Description -Physician's office that orders procedures
Facility/office where procedures are performed
Health Insurance company
Cancer Treatment Facility or Hospital that performs radiation oncology procedures
Physicians office that prescribes radiation oncology procedures
Physical Medicine Practitioner (PT, OT, ST, Chiro, etc.)



RadMD New User Application Process - Rendering

IMPORTANT

- Users are required to have their own separate username and password due to HIPAA regulations.
- Designate an "Administrator" for the facility who manages access for users.

STEPS:

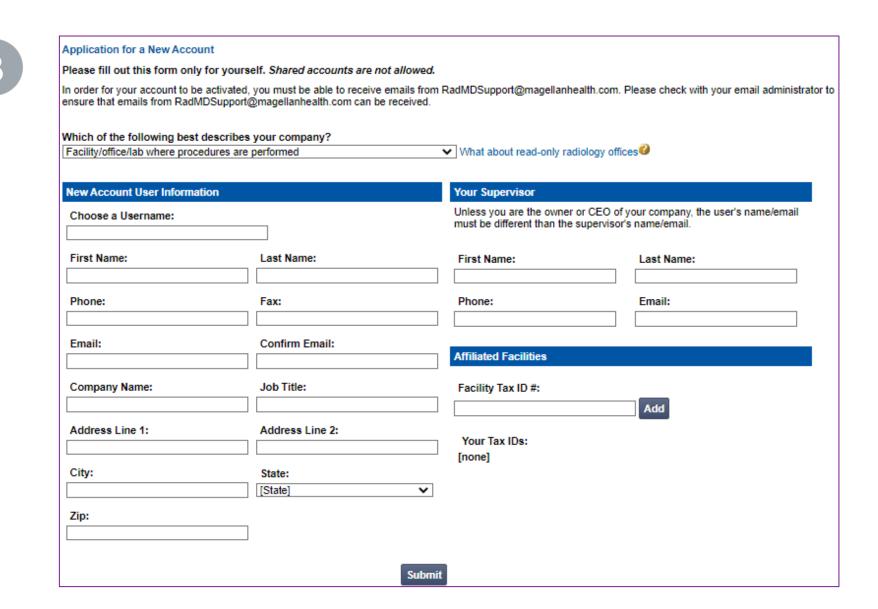
- 1. Click the "New User" button on the right side of the home page.
- 2. Select "Facility/office where procedures are performed"
- 3. Complete the application and click "Submit".
- 4. Open email from NIA webmaster with new user password instructions.

NOTE: On subsequent visits to RadMD, click the "Sign In" button to proceed.

If multiple staff members entering authorizations need to view approved, pended, and in-review authorization requests, they will each need to complete and submit a new user application. The account administrator is responsible for granting rendering access for each employee.

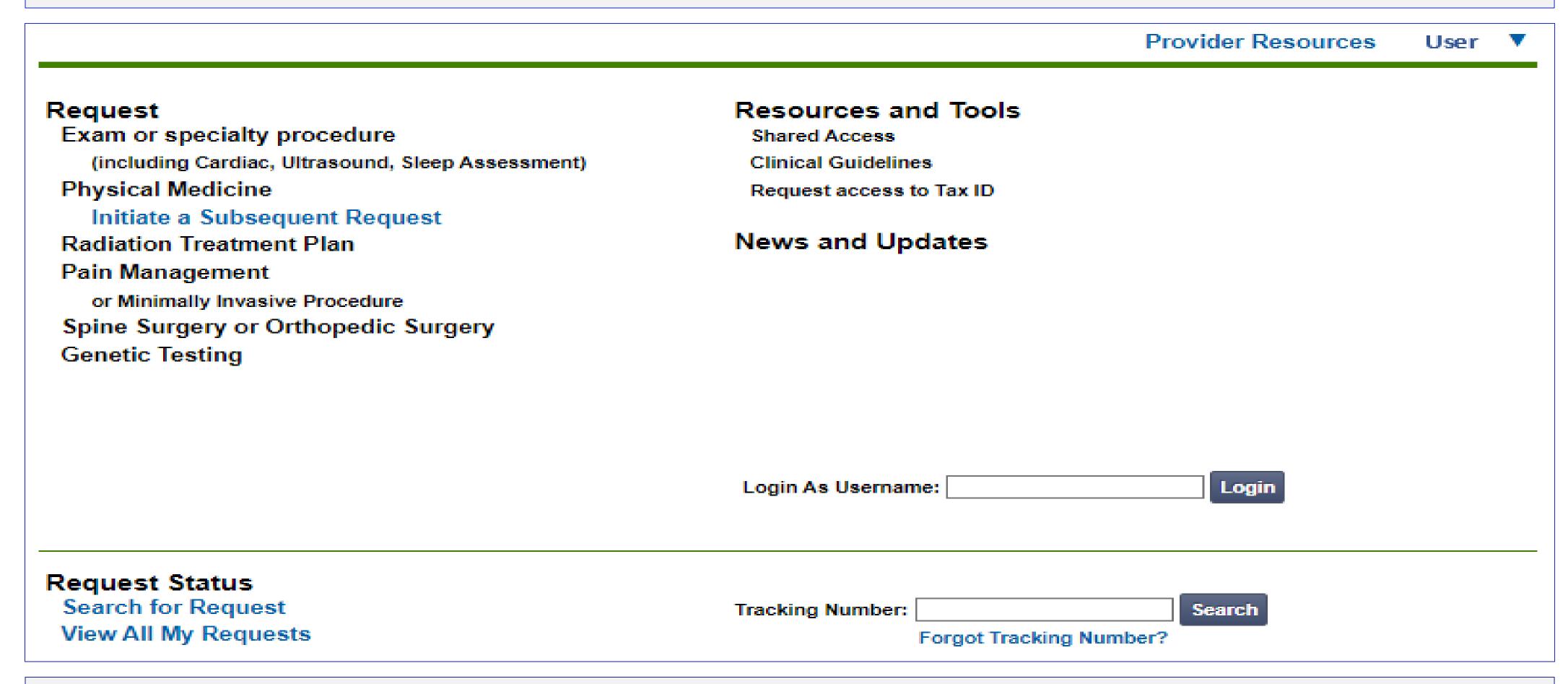


-- Please Select an Appropriate Description -Physician's office that orders procedures
Facility/office where procedures are performed
Health Insurance company
Cancer Treatment Facility or Hospital that performs radiation oncology procedures
Physicians office that prescribes radiation oncology procedures
Physical Medicine Practitioner (PT, OT, ST, Chiro, etc.)



Shared Access

NIA offers a **Shared Access** feature on our <u>RadMD.com</u> website. Shared Access allows ordering providers to view authorization requests initiated by other RadMD users within their practice.



If practice staff is unavailable for a period of time, access can be shared with other users in the practice. They will be able to view and manage the authorization requests initiated on RadMD.com, allowing them to communicate with members and facilitate treatment.

When to Contact NIA

Initiating or checking the status of an authorization request	 Website, https://www.RadMD.com Toll-free numbers: 1-855-569-6749 Interactive Voice Response (IVR) System
Initiating a Peer-to-Peer Consultation	• Call: 1-855-569-6749
Provider Service Line	RadMDSupport@evolent.comCall: 1-800-327-0641
Provider Education requests or questions specific to NIA	 Priscilla Singleton Sr. Provider Relations Manager 314-387-5023 psingleton@evolent.com

RadMD Demonstration

Confidentiality Statement

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Thank You!

