



## Evolent | Independent Health Physical Medicine Program

Provider Training – Go Live October 15, 2025

## How We Will Spend Our Time Together

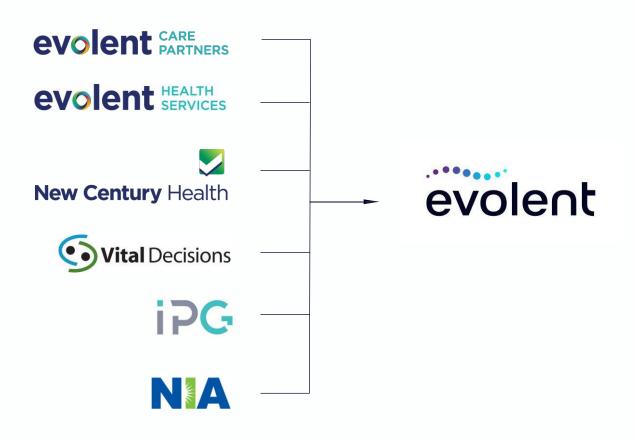
01 | Scope and Process

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## NIA and New Century Health Are Now Evolent

Connecting Our Brands is About Connecting Care



## Evolent | Scope and Process

## High Level Partnership Responsibilities Across Entities

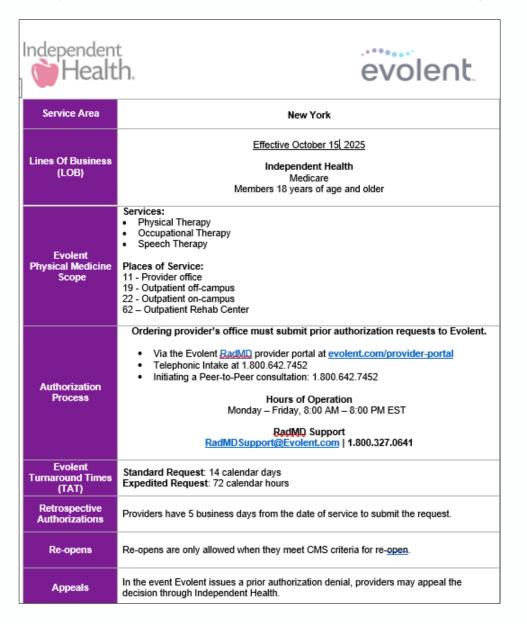
#### **Evolent:**

- Online portal for authorization requests
- Clinical guidelines and policies
- Review requests for medical necessity
  - Auto-approval of requests that meet criteria.
  - Medical necessity reviews are conducted initially by a nurse and a Clinical Reviewer, if needed
- Ordering provider and member notifications

#### **Independent Health:**

- Appeals
- Claims management
- Case management
- Provider contracts and credentialing

## Physical Medicine Program Scope Overview



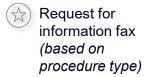
#### **Additional Notes:**

- Providers have up to 5 business days from the date of service to submit a prior authorization request. Evolent will backdate the authorization to cover the original date of service.
- CPT codes associated with evaluations do not require an authorization. Treatment and all other codes such as HCPCS and revenue codes require an authorization.
- Per discipline, each date of service counts as a visit

	<ul> <li>Evolent Physical Medicine clinical guidelines, checklists and tip sheets can be located at RADMD   Physical Medicine.</li> </ul>
Exclusions	All places of service not specifically listed in defined scope     Appeals and grievances     Claims management/provider contracting     Lines of business outside defined scope     Emergent/non-elective services

### **Prior Authorization Process**





Specific request for information fax (missing clinical documentation)

Peer-to-peer outreach with need for additional discussion before final determination Denial letter sent to member and provider



**Initiate Auth Request** 

**Self-service online** 

portal guides provider

through authorization

intake and capture of

clinical information

Evidence-based clinical algorithm allows immediate approval for medically necessary care for select procedures

Initial clinical review by therapists with opportunity to request specific information needed for approval

Clinical reviewers
perform an in-depth

evaluation of clinical records against medical necessity criteria

Peer-to-peer process allows for a thorough clinical discussion of the case with a specialtymatched reviewer

Denial appeals to be initiated through the health plan.

Proprietary Algorithms Initial Clinical Review Physician Review Peer-to-peer Post-Determination

Evidence-based clinical Initial clinical review by Clinical reviewers Peer-to-peer process Post-determination

<sup>\*</sup> Retro Requests may be submitted up to 5 business days from the date of service

### Clinical Guidelines

- Evolent Clinical Guidelines, Milliman Care Guidelines (MCG), and Medicare LCD/NCD
- Evolent's guidelines are developed by practicing clinicians through literature reviews using evidence-based research.
- All guidelines have been reviewed and approved by the Health Plan and Evolent's medical leadership
- Guidelines are available on RadMD.com

#### Resources and Tools

Shared Access

Clinical Guidelines -



Request access to Tax ID

## Physical Medicine Documentation Requirements

#### Rehabilitative

#### **Initial Authorization Request:**

If a case pends for clinical information:

Initial evaluation with the plan of care for clinical review

#### **Subsequent Authorization Request:**

If requesting additional visits on an existing authorization:

- Most recent evaluation/re-evaluation (if not previously submitted)
- Most recent progress note and updated plan of care
- Two to three of the most recent daily notes

#### **Habilitative**

#### Habilitative Request beyond a Year of Care:

Clinical documents should include:

- Re-evaluation (annually):
  - Including start of care and progress compared to baseline measures
  - Summary of prior episode(s) of care and/or therapeutic break(s)
  - · Information regarding additional services if being provided
  - Updated standardized testing as applicable
- Recent progress note with updated plan of care (performed within the past 90 days)
- Two to three of the most recently daily notes

## Subsequent Requests

 When you have an active authorization When is a subsequent request · A need for continued skilled care appropriate? • A change in the treatment plan or plan of care • The addition of a new diagnosis Through the link on RadMD.com How are subsequent requests initiated? • Upload or fax updated clinical documentation When most of the visits have been used When can it be initiated? Visits build on the previous authorizations • Visits from a current authorization will not be lost and newly approved visits will be added to the original authorization Will I lose visits? • If the authorization expires, you will lose the visits

## Treating an Additional Body Part

#### Initial Steps

- Perform a new evaluation on that body part/condition
- Develop goals for treatment

#### **Treating body parts concurrently:**

- Submit a subsequent request including:
  - Evaluation of the new body part or condition
  - Updated plan of care
  - Results of any standardized outcome measures
- Authorization will include:
  - New ICD10 code(s)
  - · Additional visits as needed
  - Possibly a change to the validity period

#### **Discontinuing care on original body part:**

- Submit a new request including:
  - Discharge for the original condition or body part
  - Evaluation of the new body part or condition
  - Updated plan of care
  - Results of any standardized outcome measures
- · New authorization will include:
  - Visits approved
  - New validity period
  - Original authorization will be discontinued

## Options Following a Denial



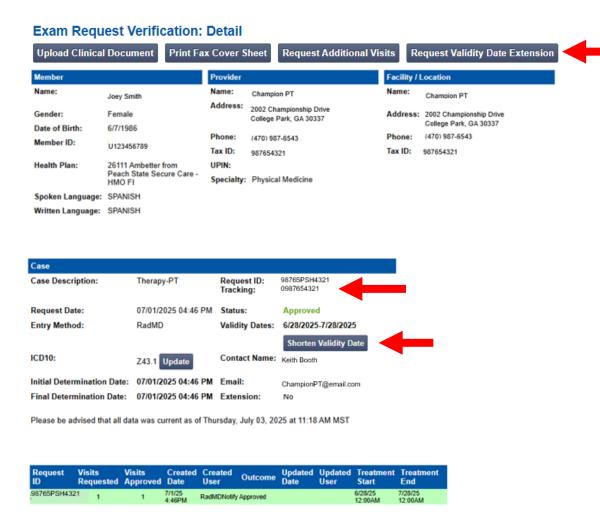
#### Peer-to-Peer Discussion:

- Consultation purposes only
- Scheduled by calling Evolent's call center or through the request on RadMD
- Peer-to-peer discussions must be performed before a final determination has been made on the request
- Reconsideration, Re-reviews, and Re-opens
  - Medicare re-opens are only allowed when they meet CMS's criteria for a re-open

#### Appeals:

Directions to submit an appeal are included in the denial notification

## **Approved Authorization**



- Notifications will include:
- Authorization Number or Request ID
- Tracking Number
- Visits Approved
- Validity Period: varies based on the number of visits approved and the plan of care
- Modifying Authorization:
  - Extend up to 30 days
  - Shorten the validity period

### Partial and Full Denials

Request ID	Visits Requested	Visits Approved	Created Date	Created User	Outcome	Updated Date	Updated User	Treatment Start	Treatment End
-	14	3	1/9/25 11:43AM	RadMDNotify	Partially Approved	1/12/25 1:59PM	-	1/9/25 12:00AM	2/7/25 12:00AM
	12		2/6/25 2:57PM	RadMDNotify	Disapproved	2/6/25 3:52PM		2/8/25 12:00AM	2/8/25 12:00AM

#### **Denial Rationale**

- · You asked for physical therapy because of chronic back pain.
- To approve this service the following criteria must be met: Evolent Clinical Guideline 605 for Measurable Progressive Improvement.
- These criteria are not met because the notes do not show why a skilled therapist is needed and that care is helping. We reviewed your therapy notes. The
  notes sent to us show limited change in objective measures since your last report. It is not clear how therapy is helping you. Notes do not show the care
  you requested is needed.

## Evolent | Common Reasons for Physical Medicine Denials

## Common Reasons for Physical Medicine Denials

Need for Skilled Care	Interventions do not require the skills of a licensed therapist
Lack of Information	<ul> <li>No clinical documentation received</li> <li>Lacks recent objective measures or functional outcome measures</li> </ul>
Lack of Progress	<ul> <li>Minimal gains with therapy</li> <li>Limited change in objective measures and improvement toward goals</li> </ul>
Excessive Request	<ul> <li>High frequency or number of visits requested without justification</li> <li>Ongoing care and documented goals are not supported</li> </ul>

## Common Reasons for Physical Medicine Denials (Continued)

#### **Excessive Frequency** Interventions do not require the skills of a licensed therapist Overlapping Treatment should not duplicate services provided in multiple settings or **Authorizations** clinics • Treatment goals must be realistic, measurable, functional, and promote Goals and Plan of attainment of developmental milestones commensurate to member age Care (Habilitative) and circumstance Care may be needed throughout the members lifetime, but when the **Episodic Care Model** member is has achieved and/or functional improvement is not evident or (Habilitative) expected to occur

## Evolent | RadMD Demonstration

## Questions and Next Steps

#### **Link for additional training sessions:**

https://go.evolent.com/program-changes-october-15-2025

#### **Access to the Evolent provider portals:**

evolent.com/provider-portal

#### **Evolent Provider Solutions Manager:**

Mara Grimm@evolent.com|804.548.0584

# Upcoming Training Sessions

#### Physical Medicine:

- September 16, 2025 | 12:00 p.m. 1:00 p.m. ET
- September 25, 2025 | 9:00 a.m. 10:00 a.m. ET
- September 30, 2025 | 12:00 p.m. 1:00 p.m. ET
- October 8, 2025 | 12:00 p.m. 1:00 p.m. ET

We welcome your feedback to help us improve.