

### Ambetter from MHS Physical Medicine Program

**Provider Training** 





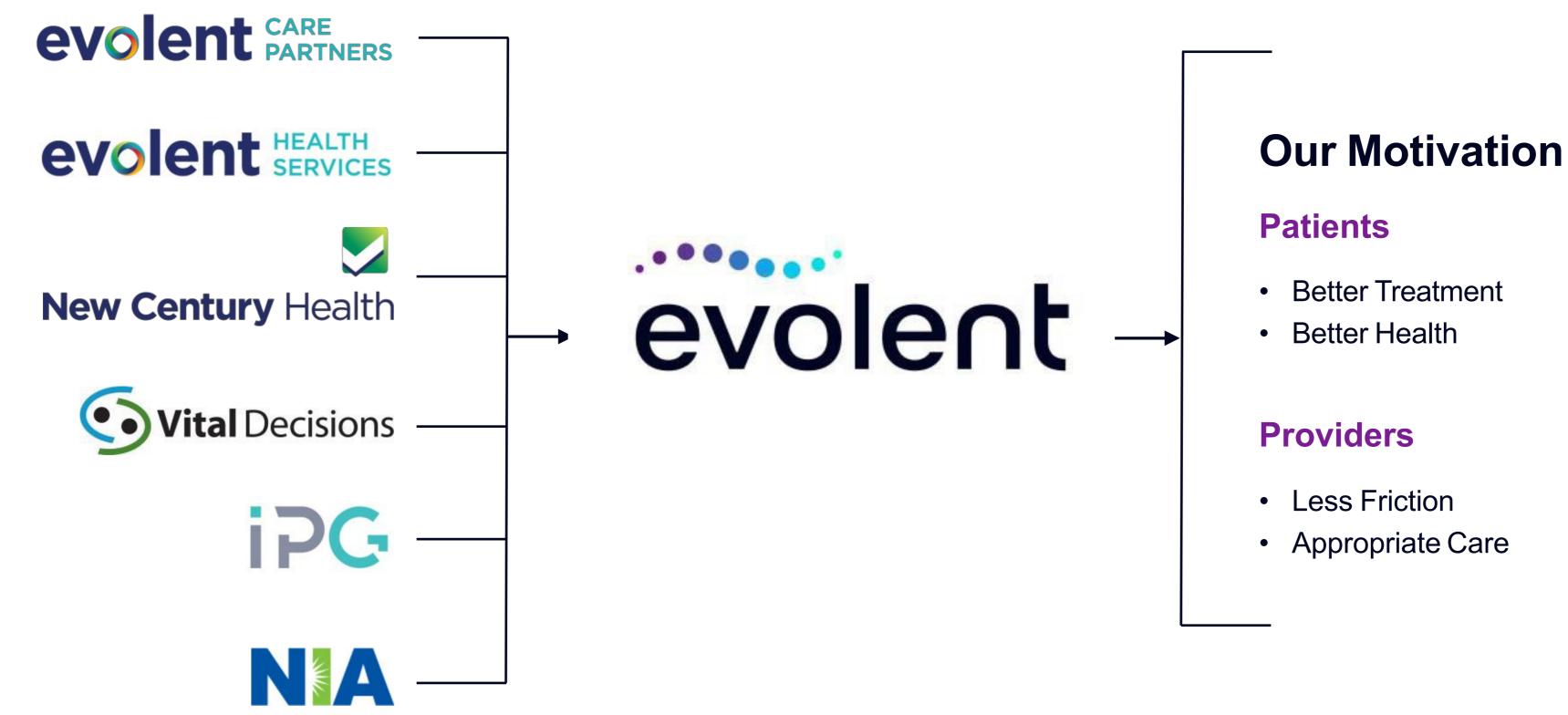
### Evolent Program Agenda

#### Our Physical Medicine Program

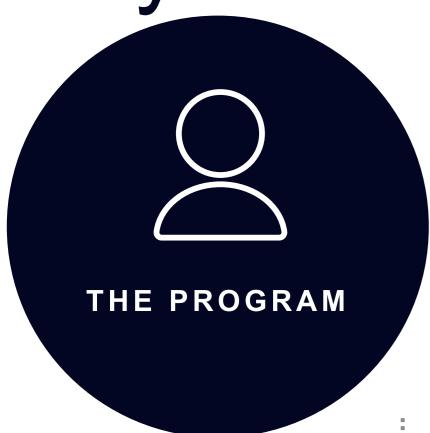
- Authorization Process
  - Other Program Components
- Provider Tools and Contact Information
- RadMD Demo
- Questions and Answers

### Evolent

Connecting Our Brands is About Connecting Care



Physical Medicine Prior Authorization Program



- Ambetter from MHS will begin a prior authorization program through Evolent for the management of Physical Medicine Services.
- The program includes both rehabilitative and habilitative.



- Program start date: January 1, 2021
- Effective July 1, 2025:
- Prior authorization for physical therapy will no longer be required for the first twelve (12) visits within an episode of care.
- Initial evaluations for Physical,
   Occupational, and Speech Therapy
   using designated CPT evaluation
   codes do not require authorization,
   regardless of whether they occur
   within or beyond the initial 12 visits.
- Evaluations performed using nondesignated CPT codes outside the initial 12 visits do require authorization.
- Treatment codes for services rendered beyond the initial 12 visits also require prior authorization.



DISCIPLINES & SETTINGS INCLUDED

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Office
- Outpatient Hospital
- Home Health



- Exchange
- ICHRA Effective January 1, 2025



 Evolent will manage services through Ambetter from MHS's contractual relationships.

### Physical Medicine Program

Physical Medicine Procedures Performed Outpatient

- Physical Therapy
- Occupational Therapy
- Speech Therapy

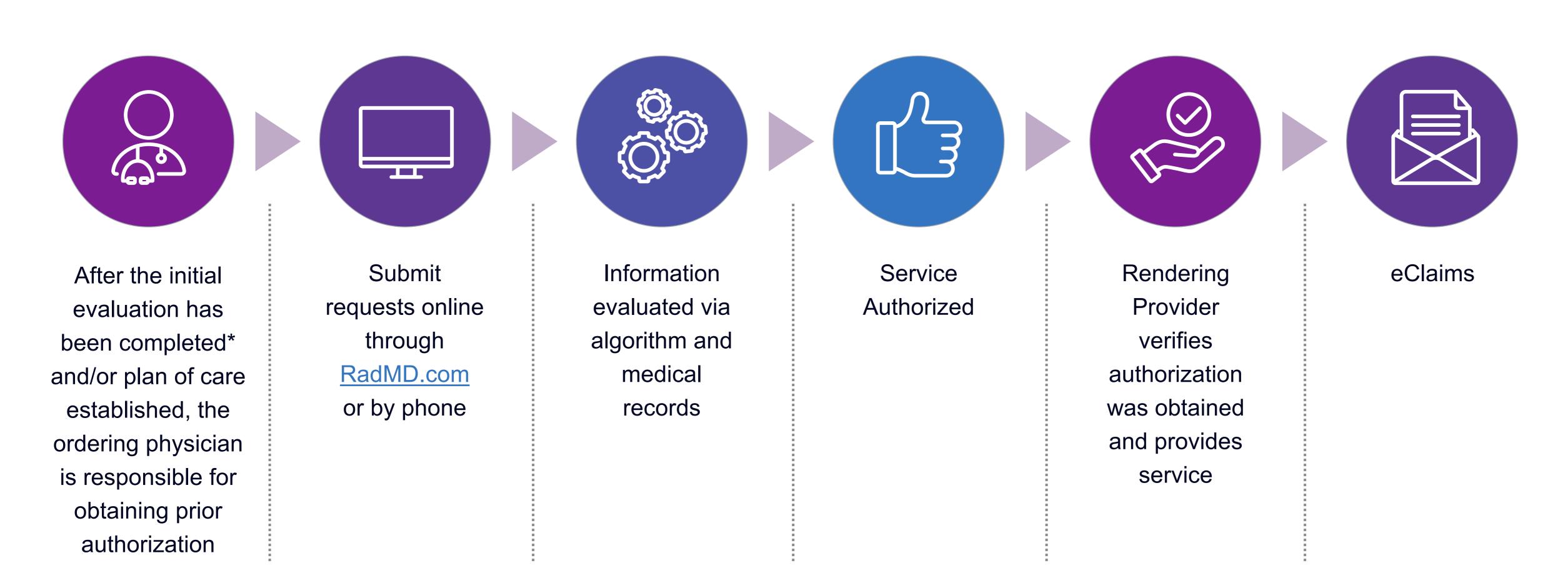
### Physical Medicine Program Exclusions

#### **Exclusions**

- Hospital Emergency Department
- Hospital Status Inpatient or Observation
- Acute Rehab Hospital (Inpatient)



### Prior Authorization Process Overview



<sup>\*</sup>The CPT codes for Physical, Occupational and Speech Therapy initial evaluations do not require an authorization for participating providers.

### Evolent's Clinical Foundation & Review

Clinical guidelines are the foundation Clinical Algorithms collect pertinent information Fax/Upload Clinical Information (upon request) Clinical Review by Evolent's **Specialty Clinicians** 

Peer-to-Peer Discussion

- Clinical guidelines were developed by practicing specialty physicians, through literature reviews and evidenced-based research. Guidelines are reviewed and mutually approved by Ambetter from MHS and Evolent Medical Officers and clinical experts.
- Milliman Care Guidelines (MCG) and Evolent's Clinical Guidelines are available on RadMD.com
- Algorithms are a branching structure that changes depending upon the answer to each question.
- The member's clinical information/medical record will be required for validation of clinical criteria before an approval can be made.
- Evolent has a specialized clinical team of therapists and chiropractors, focused on Physical Medicine.
- Peer-to-peer discussions are offered for any request that does not meet medical necessity guidelines.
- Our goal ensure that members are receiving appropriate care.

## Goal of Physical Medicine Intake Questions (Algorithm)



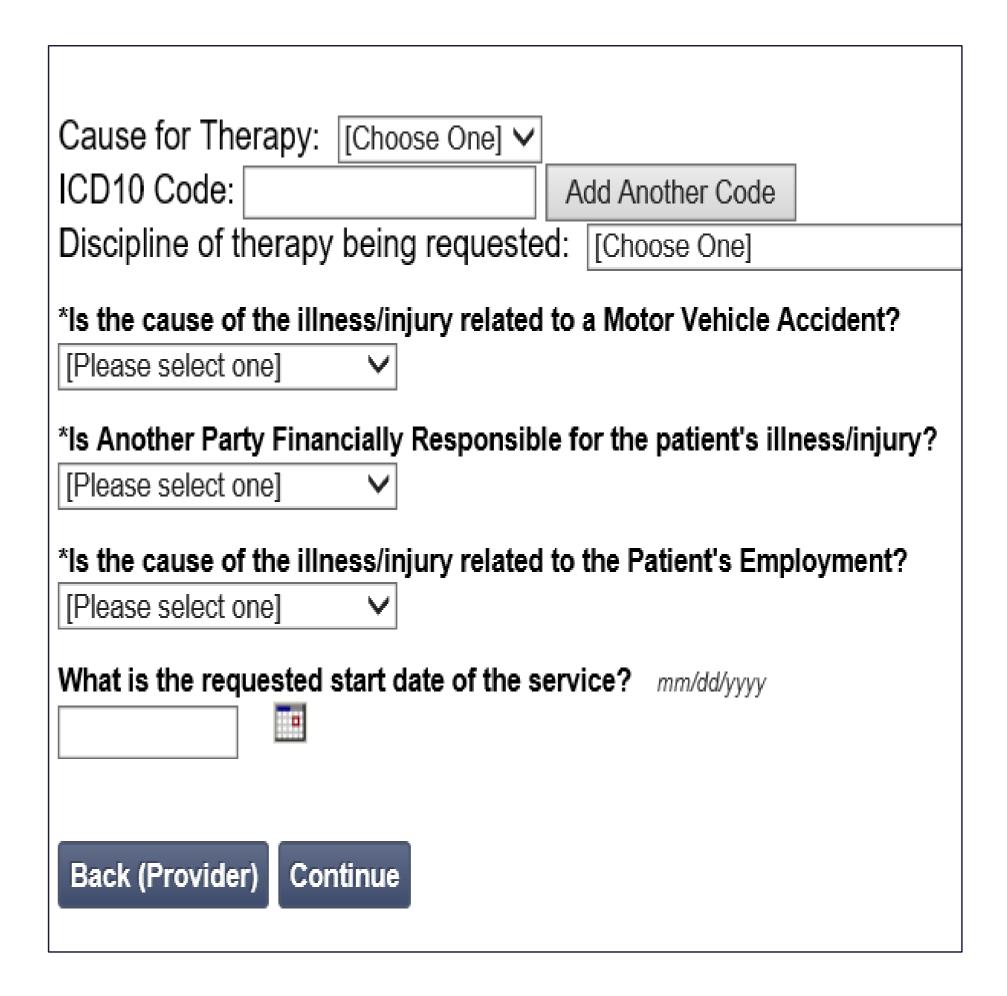
#### Benefit of the algorithm:

- No delay in treatment for member
- No delay in submitting claims



#### Once you submit your initial request for authorization:

- You will receive visits to get started. It may not be enough visits to cover your episode of care. Additional visits may be requested through the subsequent request process.
- Requests may be approved at the time of submission. A
  portion of them may pend for documentation
  submission of the time of entry.
- You will have the option to accept or decline approved visits.



# Authorization for Physical Medicine

**Special Information** 

- Member, clinician and facility information required.
- Requested start date of service, initial evaluation date, and date of injury.
- Therapy initial evaluation, diagnosis, functional status (prior and current), functional deficits, objective tests and measures, standardized outcome tools\* (at your clinician's discretion), plan of care (including frequency, duration, interventions planned and goals\*\*), assessment (prognosis and limitations).
   Add requested number of visits and validity dates.

<sup>\*</sup> Formal testing must be age-appropriate, norm-referenced, standardized, and specific to the therapy provided. Test scores should establish presence of a motor or functional delay.

<sup>\*\*</sup>Goals should be specific, measurable, and time-oriented, as well as targeting identified functional deficits.

### Physical Medicine Clinical Checklist Reminders

#### Physical Medicine Documentation



#### **Initial Authorization Request:**

If a case pends for clinical information:

Initial evaluation with the plan of care for clinical review



#### **Subsequent Authorization Request:**

If requesting additional visits on an existing authorization:

- Most recent evaluation/re-evaluation (if not previously submitted)
- Most recent progress note and updated plan of care
- Two to three of the most recent daily notes

### Physical Medicine Clinical Checklist Reminders

Physical Medicine Documentation (Continued)



Habilitative Request beyond a Year of Care (Annual Re-evaluation is Required):

Clinical documents should include:

- Re-evaluation:
  - Including start of care and progress compared to baseline measures
  - Summary of prior episode(s) of care and/or therapeutic break(s)
  - Information regarding additional services if being provided
  - Updated standardized testing as applicable
- The most recent progress note with updated plan of care
- Two to three of the most recently daily notes

Refer to the "Tip Sheet/Checklist" on RadMD.com for more specific information

### Evolent to Physician: Request for Clinical Information



A fax is sent to the provider detailing what clinical information that is needed, along with a fax coversheet.



We stress the need to provide the clinical information as quickly as possible so we can make a determination.



Determination timeframe begins after receipt of clinical information.



Failure to receive requested clinical information may result in non certification.

#### CC\_TRACKING\_NUMBER

FAXC

#### PLEASE FAX THIS FORM TO:

Date: TODAY

ORDE	RING PROV	TDER: 3.EQ	PROVIDER	1			
FAXN	TMBER:	FAX RECIP	PHONE	TR4C8	ING NUMBER:	CC TRACKING NUMBER	
BE:	Authorizati	on Request	MEMBER	R ID:	MEMBER ID		
PATIE	ENT NAME:	MEMBER	NAME				
HEALTH PLAX:		CAR NAM	CAR, NAME				

#### Request for Further Clinical Information

- Treating condition diagnosis:
- Brief relevant medical history and summary of previous therapy:
- 3. Surgery Date and Procedure (if any):

Date of initial evaluation:	Date of Re-evaluation:
RESULTS OF OBJECTIVE TESTS AND MEA	SURES:

### Submitting Additional Clinical Information



Records may be submitted:

- Upload to <u>RadMD.com</u>
- Fax using Evolent coversheet



Location of Fax Coversheets:

- Can be printed from RadMD.com
- Call 1-877-687-1182



Use the case specific fax coversheet when faxing clinical information to Evolent



### Clinical Specialty Team: Focused on Physical Medicine



Clinical algorithm evaluates request based on information entered by provider to determine if realtime authorization is appropriate for initial request.

**Evolent Peer Clinical** Review. If information captured is insufficient, clinical records must be submitted for review.

Specialized Physical Medicine Clinical Review Team consisting of therapists and chiropractors.

### Physical Medicine Clinical Review Process

**Evolent Initial Clinical Specialty Team Review**  Additional clinical information submitted and reviewed – Procedure Approved **Physicians' Office Contacts Evolent for**  Additional clinical not complete or inconclusive – Escalate to Physician Review **Prior Authorization** ✓ Designated & Specialized Clinical Physical Medicine ✓ RadMD Team interacts with Provider Community ✓ Telephone **Request Evaluated Evolent Specialty Physician Reviewers Based on Information Entered**  Additional clinical approvable information required

#### **LEGEND**

✓ Key Evolent differentiator

Generally, the turnaround time for completion of these requests is within two or three business days upon receipt of sufficient clinical information

- Evolent Physician approves case without peer-to-peer
- ✓ Peer-to-peer outbound attempt made if case is not
- Evolent Physician approves case with peer-to-peer
- Ordering Physician withdraws case during peer-to-peer
- Physician denies case based on medical criteria

### Initiating a Subsequent Request



#### When is a subsequent request appropriate?

- When you have an active authorization
- A need for continued skilled care
- A change in the treatment plan or plan of care
- The addition of a new diagnosis



#### How are subsequent requests initiated?

- Through the link on <u>RadMD.com</u>
- Upload or fax updated clinical documentation



#### When can it be initiated?

- Can be initiated at any time after receiving notification about previous authorization
- Visits build on the original authorization



#### Will I lose visits?

 Visits from a current authorization will not be lost and newly approved visits will be added to the original authorization

### Treating an Additional Body Part

If a provider is in the middle of treatment and gets a new therapy prescription for a different body part/condition, the provider will perform a new evaluation on that body part/condition and develop goals for treatment. See below for process:

#### Treating body parts concurrently:

- The request would be submitted as an addendum to the existing authorization, using the same process that is used for subsequent requests.
- Evolent will add additional ICD 10 code(s) and visits to the existing authorization.

#### Discontinuing care on original body part:

- The provider should submit a new request for the new diagnosis and include the discharge summary for the previous area.
- A new authorization will be processed to begin care on the new body part/condition and the previous will end.

### Authorization Validity Period

- The approval notification will include a fax coversheet that can be used for any subsequent requests.
- Authorizations will include the number of approved visits with a validity period.
- It is important that the service is performed within the validity period.
- If you have an active authorization, a 30-day extension of the validity period can be obtained by contacting Evolent via <a href="RadMD.com">RadMD.com</a> or Call Center.

### Denial Notification

- Notifications include an explanation of what services have been denied and the clinical rationale for the denial.
- A peer-to-peer discussion can be initiated once the adverse determination has been made.
- A reconsideration is available with new or additional information.
- Timeframe for reconsideration is 10 calendar days.
- In the event of a denial, providers are asked to follow the appeal instructions provided in their denial letter.

### Claims and Appeals

#### **Claims Process:**

- Providers should continue to submit their claims to Ambetter from MHS.
- Providers are strongly encouraged to use EDI claims submission.

#### **Appeals Process:**

- In the event of a prior authorization or claims payment denial, providers may appeal the decision through Ambetter from MHS.
- Providers should follow the instructions on their non-authorization letter or Explanation of Payment (EOP) notification.

### Physical Medicine Points

#### Effective July 1, 2025:

- Prior authorization for physical therapy will no longer be required for the first twelve (12) visits within an episode of care.
- Initial evaluations for Physical, Occupational, and Speech Therapy using designated CPT evaluation codes do not require authorization, regardless of whether they occur within or beyond the initial 12 visits.
- Evaluations performed using non-designated CPT codes outside the initial 12 visits do require authorization.
- Treatment codes for services rendered beyond the initial 12 visits also require prior authorization.



If multiple provider types are requesting services, they will each need their own authorization (i.e., PT, OT and ST).



The CPT codes for Physical, Occupational and Speech Therapy initial evaluations do not require an authorization for participating providers.



After the initial visit, providers will have up two calendar days to request approval for the first visit. If requests are received timely, Evolent is able to backdate the start of the authorization to cover the evaluation date of service to include any other services rendered at that time.

### Physical Medicine Points (Continued)



Subsequent authorizations are an extension of the initial authorization and will require clinical documentation be uploaded to <a href="RadMD.com">RadMD.com</a> or faxed to Evolent at 1-800-784-6864.



An authorization will consist of number of visits and a validity period. Each date of service is calculated as a visit.



30-day extensions to the end date of current authorizations can be added by utilizing the "Request Validity Date Extension" option on RadMD.

### Provider Tools

- Request Authorization
- View Authorization Status
- View and manage Authorization Requests with other users
- Upload Additional Clinical Information
- View Requests for additional Information and Determination Letters
- View Clinical Guidelines
- View Frequently Asked Questions (FAQs)
- View Other Educational Documents

 Interactive Voice Response (IVR) System for authorization tracking



Available 24/7



1-877-687-1182

Available Monday - Friday 7:00 AM - 7:00 PM CST

### **Evolent Website**

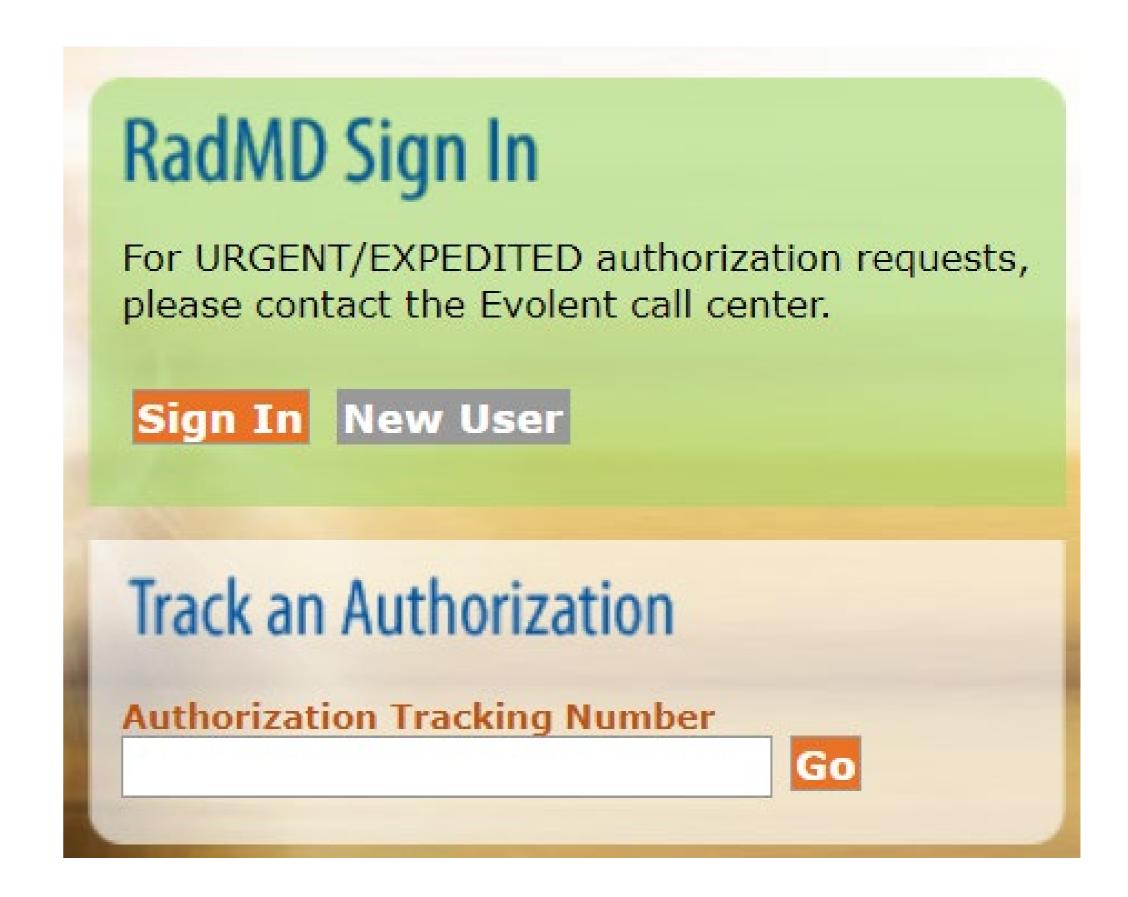
#### RadMD.com

#### RadMD Functionality varies by user:

- Ordering Provider's Office
  - View and submit requests for authorization.
- Rendering Provider
  - View approved, pended and in review authorizations for their facility.

#### Online Tools Available on RadMD

- Evolent's Clinical Guidelines
- Frequently Asked Questions
- Quick Reference Guides
- RadMD Quick Start Guide
- Claims/Utilization Matrices



# RadMD New User Application Process – Ordering Provider

### 1

#### **STEPS**

- 1. Click the "New User" button on the right side of the home page.

  NOTE: On subsequent visits to RadMD, click the "Sign In" button to proceed.
- 2. Under the Appropriate Description dropdown select "Physical Medicine Practitioner (PT, OT, ST, Chiro, etc)".
- 3. Complete the application and click "Submit".
- 4. Open email from Evolent webmaster with new user password instructions.

#### **IMPORTANT**

- Users are required to have their own separate username and password due to HIPAA regulations.
- Offices that are both ordering and rendering procedures should request ordering provider access. This will allow you to request authorization on RadMD and see the status of requests.

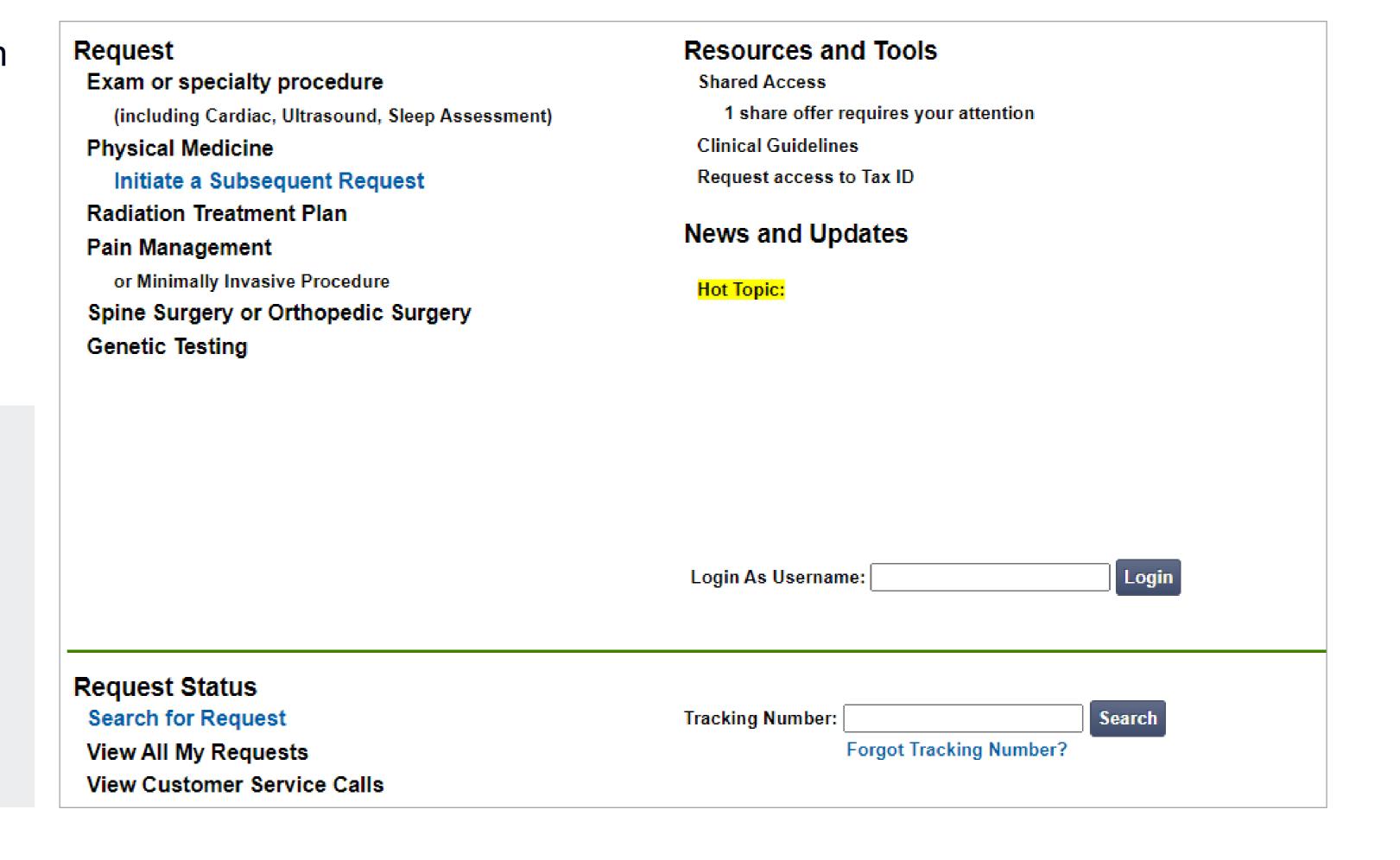
- Pi	ease Select an Appropriate Description
Phy:	sician's office that orders procedures
Faci	lity/office where procedures are performed
Heal	th Insurance company
Can	er Treatment Facility or Hospital that performs radiation oncology procedures
Phys	sicians office that prescribes radiation oncology procedures
Phys	sical Medicine Practitioner (PT, OT, ST, Chiro, etc.)

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describes your company?					
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Fax:	Phone:	Email:			
Confirm Email:					
Job Title:					
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### Shared Access

Evolent offers a Shared Access feature on our RadMD.com website. Shared Access allows ordering providers to view authorization requests initiated by other RadMD users within their practice.

If practice staff is unavailable for a period of time, access can be shared with other users in the practice. They will be able to view and manage the authorization requests initiated on RadMD.com, allowing them to communicate with members and facilitate treatment.



### When to Contact Evolent

Initiating or checking the status of an authorization request

- Website: RadMD.com
- 1-877-687-1182

Initiating a Peer-to-Peer Consultation

• 1-877-687-1182

**Provider Service Line** 

- RadMDSupport@Evolent.com
- Call 1-800-327-0641

Provider Education requests or questions specific to Evolent

Sharee Adams

Provider Engagement Manager

1-314-387-5761 • sadams@evolent.com

### RadMD Demonstration



### THANK YOU!

EVOLENT DOES NOT ALLOW ANY THIRD PARTIES TO USE EVOLENT OR EVOLENT CLIENT DATA FOR ANY PURPOSE OTHER THAN PROVIDING SERVICES ON BEHALF OF EVOLENT OR EVOLENT CLIENTS.