National Imaging Associates, Inc. (NIA)[1]
Musculoskeletal Care Management (MSK) Program
Frequently Asked Questions (FAQ's)
For Tufts Health Plan Physicians/Surgeons

Question	Answer
GENERAL	
Why did Tufts Health Plan implementing a Musculoskeletal Care (MSK) program focused on outpatient Interventional Pain Management (IPM) and inpatient and outpatient hip, knee, shoulder, and spine surgeries?	The MSK program is designed to improve quality and manage the utilization of IPM procedures and musculoskeletal surgeries. • Musculoskeletal surgeries are a leading cost of health care spending trends. • Variations in member care exist across all areas of surgery (care prior to surgery, type of surgery, surgical techniques and tools, and post-op care) • Diagnostic imaging advancements have increased diagnoses and surgical intervention aligning with these diagnoses rather than member symptoms. • Medical device companies marketing directly to consumers. • Surgeries are occurring too soon leading to the need for additional or revision surgeries. **Outpatient IPM:** A separate prior authorization number is required for each procedure ordered. A series of injections will not be approved. • Spinal Epidural Injections • Paravertebral Facet Joint Injections or Blocks • Paravertebral Facet Joint Denervation (Radiofrequency (RF) Neurolysis) **Outpatient and Inpatient Hip Surgeries: *** • Revision/Conversion Hip Arthroplasty • Total Hip Arthroplasty/Resurfacing • Femoroacetabular Impingement (FAI) Hip Surgery (includes CAM/pincer & labral repair) • Hip Surgery – Other (includes synovectomy, loose body removal, debridement, diagnostic hip arthroscopy, and extra-articular arthroscopy)

Outpatient and Inpatient Knee Surgeries: *
- Revision Knee Arthroplasty
- Total Knee Arthroplasty (TKA)
- Partial-Unicompartmental Knee Arthroplasty (UKA)
- Knee Manipulation under Anesthesia (MUA)
- Knee Ligament Reconstruction/Repair
- Knee Meniscectomy/Meniscal Repair/Meniscal Transplant
- Knee Surgery – Other (includes synovectomy, loose body removal, diagnostic knee arthroscopy, debridement with or without chondroplasty, lateral release/patellar realignment, articular cartilage restoration)

Outpatient and Inpatient Shoulder Surgeries: *
- Revision Shoulder Arthroplasty
- Total/Reverse Arthroplasty or Resurfacing
- Partial Shoulder Arthroplasty/Hemiarthroplasty
- Shoulder Rotator Cuff Repair
- Shoulder Labral Repair
- Frozen Shoulder Repair/Adhesive Capsulitis
- Shoulder Surgery – Other (includes debridement, manipulation, decompression, tenotomy, tenodesis, synovectomy, claviculectomy, diagnostic shoulder arthroscopy)

Outpatient and Inpatient Spine Surgeries:
- Lumbar Microdiscectomy
- Lumbar Decompression (Laminotomy, Laminectomy, Facetectomy & Foraminotomy)
- Lumbar Spine Fusion (Arthrodesis) With or Without Decompression – Single & Multiple Levels
- Cervical Anterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression with Fusion –Single & Multiple Levels
- Cervical Posterior Decompression (without fusion)
- Cervical Artificial Disc Replacement – Single & Two Levels
- Cervical Anterior Decompression (without fusion)
- Sacroiliac Joint Fusion

* Provider must submit an authorization request for each joint, even if bilateral joint surgery is to be performed on the same date.

NIA does not manage prior authorization for emergency MSK surgery cases that are admitted through the emergency room or for MSK surgery procedures outside of those listed above.

evolent

Why did Tufts Health Plan select NIA to manage its MSK program?	NIA was selected to partner with us because of its clinically driven program designed to effectively manage quality and member safety, while ensuring appropriate utilization of resources for Tufts Health Plan membership.
Which Tufts Health Plan members will be covered under this relationship and what networks will be used?	The MSK program applies to Tufts Health Plan Commercial members and is managed through Tufts Health Plan contractual relationships.

IMPLEMENTATION	
When was the MSK programs implemented?	▪ Spine Surgery: August 1, 2015 ▪ Joint Surgery: January 1, 2018

PRIOR AUTHORIZATION	
When is prior authorization required?	Prior authorization is required through NIA for the IPM procedures and MSK surgeries above. Tufts Health Plan prior authorization requirements for the facility or hospital admission must be obtained separately and only initiated after the surgery has met NIA's medical necessity criteria.
Are pain management procedures included in this program?	Yes. All non-emergent outpatient Interventional Pain Management (IPM) procedures are required to be prior authorized through NIA.
Who will be reviewing the surgery requests and medical information provided?	As a part of the NIA clinical review process, actively practicing, orthopedic surgeon specialists (hip, knee, and shoulder) or neurosurgeons (spine) will conduct the medical necessity reviews and determinations of musculoskeletal surgery cases.
Does the NIA prior authorization process change the requirements for facility-related prior authorizations?	NIA's medical necessity review and determination process is only for the authorization of the surgeon's professional services and type of surgery being performed.
How do providers submit prior authorization requests?	Providers submit prior authorization requests via the NIA website (https://www.RadMD.com) or by calling NIA at 1-866-642-9703.
What information is required to submit an authorization request?	To expedite the process, please have the following information ready before logging on to the NIA website or calling the call center: (*denotes required information) • Name and office phone number of ordering physician* • Member name and ID number* • Requested surgery type* • CPT Codes • Name of facility where the surgery will be performed* • Anticipated date of surgery*

evolent

	• Details justifying the surgical procedure*:
	   ○ Clinical Diagnosis*
	   ○ Date of onset of back pain or symptoms /Length of time member has had episode of pain*
	   ○ Physician exam findings (including findings applicable to the requested services)
	   ○ Diagnostic imaging results
	   ○ Non-operative treatment modalities completed, date, duration of pain relief, and results (e.g., physical therapy, epidural injections, chiropractic or osteopathic manipulation, hot pads, massage, ice packs and medication)
	
	Please be prepared to provide the following information, if requested:
	• Clinical notes outlining type and onset of symptoms.
	• Length of time with pain/symptoms
	• Non-operative care modalities to treat pain and amount of pain relief.
	• Physical exam findings
	• Diagnostic Imaging results
	• Specialist reports/evaluation

Do providers need a separate request for all spine surgeries performed on the same date of service?	No. NIA will provide a list of surgery categories to choose from and the Tufts Health Plan provider <u>must</u> select the most complex and invasive surgery being performed as the primary surgery. **Example: Lumbar Fusion** If the Tufts Health Plan surgeon is planning a single level Lumbar Spine Fusion with decompression, the surgeon will select the single level fusion procedure. The surgeon <u>does not need</u> to request a separate authorization for the decompression procedure being performed as part of the Lumbar Fusion Surgery. This is included in the Lumbar Fusion request. **Example: Laminectomy** If the Tufts Health Plan surgeon is planning a Laminectomy with a Microdiscectomy, the surgeon will select the Lumbar decompression procedure. The surgeon <u>does not need </u>to request a separate authorization for the Microdiscectomy procedure. If the Tufts Health Plan surgeon is only performing a Microdiscectomy (CPT 63030 or 63035), the surgeon should select the Microdiscectomy only procedure.
Will the provider need to enter each CPT procedure code being performed for a hip, knee, shoulder, or spine surgery?	No. NIA will provide a list of surgery categories to choose from and the provider must select the primary surgery (most invasive) being performed. There will be a summary of which CPT codes fall under each procedure category.

evolent

Is instrumentation (medical device), bone grafts, and bone marrow aspiration included as part of the spine or joint fusion authorizations?	Yes. The instrumentation (medical device), bone grafts, and bone marrow aspiration procedures commonly performed in conjunction with musculoskeletal surgeries are included in the authorization; however, the amount of instrumentation must align with the procedure authorized.
What kind of response time should be expected?	Please have the following information available when initiating an authorization request: • Clinical Diagnosis • Date of onset of back pain or symptoms /Length of time member has had episode of pain. • Physician exam findings (including findings applicable to the requested services) • Pain/Member Symptoms • Diagnostic imaging results • Non-operative treatment modalities completed, date, duration of pain relief, and results (e.g., physical therapy, epidural injections, chiropractic or osteopathic manipulation, hot pads, massage, ice packs and medication) Generally, within 2 to 3 business days after receipt of request with full clinical documentation, a determination will be made. In certain cases, the review process can take longer if additional clinical information is required to make a determination.
What does an NIA authorization number look like?	The NIA authorization number consists of alpha-numeric characters. In some cases, the provider may instead receive an NIA tracking number (not the same as an authorization number) if the authorization request is not approved at the time of initial contact. Providers can use either of these numbers to track the status of their request online or through an Interactive Voice Response (IVR) telephone system.
If requesting authorization through RadMD and the request pends, what happens next?	You will receive a tracking number and NIA will contact you to complete the process.
Can RadMD be used for retrospective or expedited authorization requests?	No, those requests will need to be called into NIA's call center for processing at 1-866-642-9703.
How long is the prior authorization number valid?	The authorization number is valid for 60 days from the date of service.
Is prior authorization necessary if Tufts Health Plan is NOT the member's primary insurance?	Yes.

evolent

If the provider obtains a prior authorization number does that guarantee payment?	An authorization number is not a guarantee of payment. Authorizations are based on medical necessity and are contingent upon eligibility and benefits. Benefits may be subject to limitations and/or qualifications and will be determined when the claim is received for processing. NIA's medical necessity review and determination is for the authorization of the surgeon's professional services and type of surgery being performed.
Does NIA allow retro-authorizations?	It is important that physicians and office staff are familiar with prior authorization requirements. Claims for procedures above that have <u>not</u> been properly authorized will <u>not</u> be reimbursed. Providers <u>should not</u> schedule or perform these procedures without prior authorization.
Can an providers verify an authorization number online?	Yes. Providers can check the status of authorization requests quickly and easily by going to the NIA website at https://www.RadMD.com.
Is the NIA authorization number displayed on the Tufts Health Plan website?	No.
What if I disagree with NIA's determination?	In the event of a prior authorization or claims payment denial, providers may appeal the decision through Tufts Health Plan. Providers should follow the instructions on their non-authorization letter or Explanation of Payment (EOP) notification.
SCHEDULING PROCEDURES	
Do providers have to obtain an authorization before they call to schedule an appointment?	NIA asks where the surgery is being performed and the anticipated date of service. Providers should obtain prior authorization before scheduling the member and the facility or hospital admission.
WHICH SURGEONS ARE AFFECTED?	
Which surgeons are impacted by the MSK Program?	Neurosurgeons and Orthopedic Surgeons are the key physicians impacted by this program. Procedures performed in the following settings are included in this program: • Hospital (Inpatient & Outpatient Settings) • Ambulatory Surgical Centers • In Office
CLAIMS RELATED	
Where do rendering providers/surgeons send their claims for outpatient, non-emergent MSK services?	Tufts Health Plan rendering providers/surgeons continue to send claims directly to Tufts Health Plan. Rendering providers/surgeons are encouraged to use EDI claims submission.

evolent

How can claims status be checked?	Rendering providers/surgeons should check claims status via Tufts Health Plan website or by calling our Provider Services Department at 1-800-462-0224.
Who should a provider contact if they want to appeal a prior authorization or claims payment denial?	Providers are asked to follow the appeal instructions on their non-authorization letter or Explanation of Benefits (EOB) notification.

MISCELLANEOUS	
How is medical necessity defined?	NIA defines medical necessity as services that: • Meets generally accepted standards of medical practice; be appropriate for the symptoms, consistent with diagnosis, and otherwise in accordance with sufficient evidence and professionally recognized standards; • Be appropriate to the illness or injury for which it is performed as to type of service and expected outcome; • Be appropriate to the intensity of service and level of setting; • Provide unique, essential, and appropriate information when used for diagnostic purposes; • Be the lowest cost alternative that effectively addresses and treats the medical problem; and rendered for the treatment or diagnosis of an injury or illness; and • Not furnished primarily for the convenience of the member, the attending physician, or other surgeon.
Where can a provider find NIA's Guidelines for Clinical Use of MSK Procedures?	Clinical guidelines can be found on the NIA website at https://www.RadMD.com. They are presented in a PDF file format that can easily be printed for future reference. NIA's clinical guidelines have been developed from practice experiences, literature reviews, specialty criteria sets and empirical data.
Will the Tufts Health Plan member ID card change with the implementation of this MSK Program?	No. The Tufts Health Plan member ID card does not contain any NIA information on it and the member ID card will not change with the implementation of this MSK Program.

RECONSIDERATION AND APPEALS PROCESS	
Is the reconsideration process available for the MSK program if a denial is received?	Once a denial determination has been made, if the office has new or additional information to provide, a reconsideration can be initiated by uploading via RadMD or faxing (using the case specific fax cover sheet) additional clinical information to support the request. A reconsideration must be initiated within 30 calendar days from the date of denial and prior to submitting a formal appeal. NIA has specialized clinical teams focused on interventional spine pain management and spine and joint surgery. Peer-to-peer

evolent

	discussions are offered for any request that does not meet medical necessity guidelines. The Spinal Conditions Management or Joint Surgery provider may call 1-866-642-9703 to initiate the peer-to-peer process. These discussions provide an opportunity to discuss the case and collaborate on the appropriate services for the member based on the clinical information provided.
RADMD ACCESS	
If I currently have RadMD access, will I need to apply for additional access?	If the user already has access to RadMD, RadMD will allow you to submit an authorization request for any procedure managed by NIA.
What option should I select to initiate authorization requests?	Selecting "**Physician's office that orders procedures**" will allow you to initiate authorization requests for MSK procedures.
How do I apply for RadMD access?	Prospective users should go to https://www.RadMD.com. • Click "**New User**". • Choose "**Physician's office that orders procedures**" from the drop-down box. • Complete application with required information. • Click "**Submit**" When a RadMD application is successfully submitted, users receive an email with a link to create a password. Please contact the RadMD Support Team at 1-800-327-0641 if you do not receive a response within 72 hours.
What is rendering provider access?	Rendering provider access allows users to view all approved authorizations for their office or facility. If an office is interested in signing up for rendering access, you will need to designate an account administrator. • Prospective users should go to https://www.RadMD.com • Select "**Facility/Office where procedures are performed**" from the drop-down box. • Complete application with required information • Click "**Submit**" Examples of a rendering providers that only need to view approved authorizations: • Hospital facilities • Billing departments • Offsite locations
Which link on RadMD will I select to initiate an authorization request for an MSK surgery?	Clicking the "**Request Spine Surgery or Orthopedic Surgery**" link will allow the user to submit a request for an MSK surgery.

evolent

How can providers check the status of an authorization request?	Providers can check on the status of an authorization by using the "**View Request Status**" link on the RadMD main menu.
How can I confirm what clinical information has been uploaded or faxed to NIA?	Clinical Information that has been received via upload or fax can be viewed by selecting the member on the View Request Status link from the main menu. On the bottom of the "**Request Verification Detail**" page, select the appropriate link for the upload or fax.
Where can providers find their case-specific communication from NIA?	Links to case-specific communication to include requests for additional information and determination letters can be found via the "**View Request Status**" link.
If I did not submit the authorization request, how can I view the status of a case or upload clinical documentation?	The "**Track an Authorization**" feature allows users who did not submit the original request to view the status of an authorization, as well as upload clinical information. This option is also available as a part of your main menu options using the "**Search by Tracking Number**" feature. A tracking number is required with this feature.
Paperless Notification: How can I receive notifications electronically instead of on paper?	NIA defaults communications including final authorization determinations to paperless/electronic. Correspondence for each case is sent to the email address of the individual who submitted the authorization request. Users will be sent an email when determinations are made. • No PHI will be contained in the email. • The email will contain a link that requires the user to log into RadMD to view PHI. Providers who prefer paper communication will be given the option to opt out and receive communications via fax.
CONTACT INFORMATION	
Who can providers contact for RadMD support?	For RadMD assistance, please contact RadMDSupport@evolent.com or call 1-800-327-0641. RadMD is available 24/7, except when maintenance is performed every third Friday from 12 AM to 3 AM ET.
Who can a provider contact at NIA for more information?	Providers can contact: Seth Cohen PT, DPT Senior Manager, Provider Relations 410-953-2418 Seth.Cohen@evolent.com

evolent